

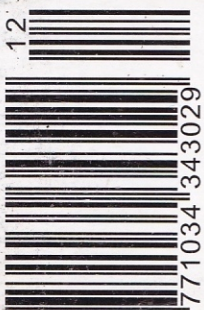
Australian *Sun and Health*

Clothing Optional!

Aust \$6.50 (incl GST)

ISSN 1034-3431

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Issue 14 - Summer 2009

UNRESTRICTED



Shirley at Pineforest Retreat fencing her vegie garden to keep the wallabies out



Ed Says...

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Australian Sun and Health ®
ABN 42 120 378 903

Published by:
Australian Sun & Health
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Deadlines:
March Issue - 13th January
June Issue - 13th April
September Issue - 13th July
December Issue - 13th October

Printed by:
Stanley Printing, Riverwood, NSW

Prepress by:
Graphic Preprint, Kirrawee, NSW

Front Cover and centre pages
by Gari,
www.artuncovered.com.au

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I should be used to it by now, but still I am continuously amazed at just how conservative mainstream society is towards nudity, and particularly how irrational they are when it comes to nudity and kids.

I recently followed a blog in the Sydney Morning Herald on whether a three year old was too old to swim or play naked at the beach. I was horrified by some of the comments, because apparently the consensus is yes. Some people did feel they were being quite liberal in letting their very young children play nude on a beach, but they quickly added how it would only be for twenty minutes at a time and they always had underwear very close by "in case teenagers or men came to the beach". Most however said they would never let their children be nude in public because of the supposed ever present risk of pedophiles.

On a related blog I read about how to deal with the "problem" of young kids refusing to wear clothes, "don't worry, they'll grow out of it" was the response.... apparently kids will "naturally" learn "modesty" and begin to "cover up" around age five; at least that's the claim of the psychologist author, who is clearly no rocket scientist... because I think we all know that's a load of crap.

The only reason kids wear clothes is because adults tell them to. Then it's not modesty they've learnt, it's shame and there is nothing natural about it.

All kids are naturally unashamed, I have no doubts about this. In case you haven't already guessed it, my daughter Callista loves to be nude. If she could always be nude, she would be. Just last weekend when her friend arrived for an impromptu sleep over, Callista was already nude. Within five minutes, her friend was naked too and they both stayed that way for two entire days, even though her friend comes from a family that most readers would call 'textiles'. She's not naked at home, but as soon as she sees it's okay, off come the clothes!

Callista demonstrates this with just about every kid she meets. We often turn up at our 'textile' friends houses to find hordes of clothed children in the pool but when I ask Callista if she wants to change into togs she most often says "no, I don't need them", even if she doesn't know the other kids. Occasionally she might get teased for a minute or two but without fail she'll get the other kids happily naked, with the parents who know her laughing about how Callista always has this affect.

She's only eight and her view of nudity is still so untainted by the nonsense in the world around her, so I encourage this as much as possible. When she wants to, I'll let her swim naked at any beach. I do however get disapproving looks from other adults and even

the occasional "careful of pedophiles" talk (and the "you're a bad parent" look that accompanies it), but the idea that a pedophile at the beach is actually a threat to my child whilst she's supervised by me as she swims and plays is absurd.

The really sad thing is that I don't think her nudity has ever even offended anyone, it's just ignorant well meaning. Obviously, no one likes the idea that pedophiles may be around, but as long as Callista is safe and comfortable, why should she be made to compromise? There are and always have been pedophiles in society, but what is the world coming to when average people see them on every corner, behind every tree and lurking in every shadow? How can people be happy living like this? And be willing to so readily take away a kid's freedom, because of some perceived threat of deviant behaviour from a very small minority who has no access to my child beyond what they have for a clothed kid anyway. There will still be pedophiles whether naked kids play at the beach or not.

.. We have a similar problem publishing photos of kids in this magazine. We should be able to portray naturist kids as we do adults, but the reality is that we can't. Part of this is an editorial decision, simply some extra sensitivity as to how kids are portrayed, part of this is respect for a kids more limited capacity to make an informed choice and limited ability to consider how they might feel about the photos in a few years time. But a much larger part of it is to appease the public at large. The uproar those Bill Hensen photographs caused illustrated just how frenzied the popular media has got the public. As nudists we're not immune either, remember a few years ago when well meaning nudists decided to only let clothed kids compete in the Maslin Olympics? I couldn't help feeling it was Karma that stopped the Olympics from running that year.

We recently got a letter from someone who I'm sure is a lovely well meaning old gent. He thanked us for not supplying the pedophiles with photos of naked kids. It was well meaning, but misguided. I don't like the thought that pedophiles might read our magazine, but nudist magazines don't create pedophiles, nor do kids who choose to swim naked at the beach.

Kids have rights too. I don't know about you, but I'm not going to teach my daughter to live her life in fear of some monster in the cupboard.

I'm sure as she grows up, her views will change. It's likely at some stage that peer pressure will put her through a phase where she doesn't want to be nude. That's fine, she'll probably have a drink or a smoke too until she finds her own way. But what's the rush? The innocence of children is priceless, why can't we just let them enjoy it while it lasts?

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Tug-o-war at Samurai beach carnival. Photo by Frank Maundrell.



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The Bottom Line



Letter of the Issue

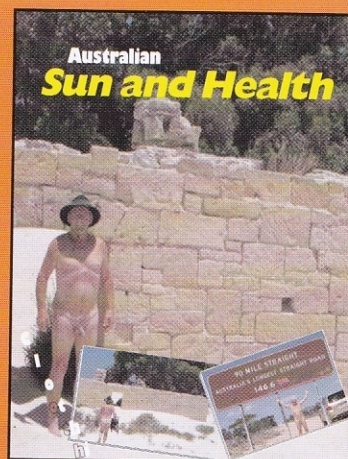
Last summer, my wife Debbie and I went on a holiday from Sydney to Western Australia. We drove the car to Adelaide where we put it on the Indian Pacific. From Perth we went to Monkey Mia to fulfil one of my little lifelong dreams to feed a dolphin. Quite a sensation.

All the way back through the Nullarbor we took some side steps to the ocean and also took our clothes off to take a photo under the famous "90 mile straight" sign.

I am enclosing an impression of a front cover of your magazine. Debbie thinks it's about time a naked man showed up on front.

*Paul and
Debbie, NSW*

We love that you've gone to so much trouble and while we also love your cover, it's an unfortunate truth, that's been proven in countless marketing studies, that a guy on the cover doesn't sell magazines. But thanks... we think it's great!



What about Shelly?

I enjoyed your report in issue 11 of the Sydney to Brisbane beaches and venues. I also noted Fresco's letter about North Smoky beach in issue 12. As I have never been there, I won't dispute Fresco's suggestion that North Smoky is the best beach in NSW north of Sydney. However, I would like to suggest that my local beach, Shelly Beach at Pacific Palms near Forster is pretty near perfect. Shelly is also semi-legal in that it is located in a National Park and has been used by nudists for at least the 28 years that I have been going there. Interestingly the beach is shared equally by nudists and textiles with very few problems. Although there are no lifesavers on patrol, nearby Elizabeth Beach is patrolled all summer and is only a few minutes away by rubber ducky. There are almost always people on Shelly, even in winter so if you want to be alone it is probably not the beach for you. There are a great bunch of locals that enjoy the beach most of the year, either lying on the squeaky white sand or enjoying the clean water where there is usually only a small swell.

Shelly is reportedly the only north facing ocean beach in NSW and as such it doesn't suffer from the cool southerly winds of other nearby beaches, and it doesn't seem to get nearly as much seaweed or as many blue bottles as are occasionally found on the neighbouring beaches. Shelly is a short 300m walk along the signposted Shelly Beach Trail from the nearest car park on the eastern end of

Elizabeth Beach and the beach itself is about 300m long and has a great rock pool for kids of all ages to lie and soak in at the western end. There is a toilet behind the beach but no showers.

Come down and say G'day sometime.

Rob, NSW

Unfair and Untrue

In response to Tony Bowe's (ANF spokesperson) letter in issue 13, (itself a response to John Solomon's letter in the preceding issue), I can't help but feel Tony has rather intentionally missed the point.

John's original letter neither struck me as "unfair" or "untrue" and I think Tony knows he'll find this position is widely held, if only in slightly more moderated tones.

The ANF has never adequately spoken for nudists, the club focus of the organisation speaks to this with individuals relegated to the ancillary "supporters club" with no real voice with which to facilitate change. But this wasn't the crux of John's original letter.

John wrote to complain about the "information" the ANF, (as the perceived voice of naturism in Australia) had posted on their website after a much overdue update. The response of referring John to the "code of conduct" is nothing but smoke and mirrors.

I too saw the material that was posted on the website; it was

"information" that by any reasonable assessment was inappropriate, not conducive to promoting nudism and to use Tony's own line "simply unfair and untrue". The author of the material should not have been allowed to speak unvetted with the voice of the ANF and given that the material has now been removed, I'd suggest the ANF, at least with hindsight, agrees.

In Johns original letter he declined to publish the offensive material and really, who can blame him? I can't reproduce it here now because I don't have access too it, fortunately the website has changed and for fear of error I won't attempt to paraphrase it here.

The ANF did a great disservice when the content was posted and then more so by pretending it was never done. The real shame is it was done just as the ANF appeared to be getting it's act together and finally getting serious about making a positive change. I hope that continues, though perhaps with a modicum more thought, honesty and accountability.

As for the ANF's latest website, I think it's just about spot on and I suggest everyone check it out. Good job in this regard.

Phil, WA

An adequate response?

Referring to Tony Bowes letter in issue 13. The idea that the ANF's code of behaviour is an adequate response to John Solomons complaints is ridiculous. When John complains about club level discrimination you reference an "individual" code of behaviour. Surely more relevant would be an anti-discrimination policy, or a code of behaviour that the clubs must adhere to in order to maintain ANF membership? Perhaps the problem IS that the ANF "respects each clubs right to determine their own position", even when that position is so obviously discriminatory and damaging to the promotion of naturism as a whole.

Katrina, NSW

Travel buff

I really enjoy the magazine, I find it a great read and hope you keep up the good work! It is good it is now available at more newsagents.

Just thought you would like to know that I stumbled across a new website called Travel Buff which

seems like it could be a good website where nudists can get together online and socialise. I thought you would be able to share this around through your various rings of friends and help spread the good word. Again keep up the good work.

Trev

Who cares!

Spring in Canberra? It's a long way to the Sun if you wanna nuddie ball . . . Hello everybody! Was watching with interest all that "blues" about nudism in both mags. Great stuff, isn't it? In the end, who cares? There are two places on Earth where we are all same: nude beach and morgue. It doesn't say on your forehead who or how good you are, you know what I mean! Relax and have a good time.

After Christmas, if a dream comes true, when I move to Byron Bay, I will update you all about events and situations on Belongil/Tyagarah beach. Kym will join me one day. Just an idea... in the next issue we could get a bumper bar sticker of each mag, more people would know about the Mags. What do you think?

See you in Bermi-Murrah Hall this New Year Eve and after in Byron Bay.

Kym and Rudy, ACT

Wise words

Following on from your great 'ed says' of Issue 13, I recall former prime minister John Howard said when losing an election to Bob Hawke, and this applies to nudists everywhere:

"Let the things that unite us, be greater than the things that divide us."

Ray, VIC

Castaway

In your report on Miners Beach, Port Macquarie (Issue 13, page 17), you made mention of a film called "Castaway", made back in the seventies, which you have been unable to track down. I think I can help you.

A film by this name was made back in those days based on a book of the same name, written by a British woman, Lucy Irvine. She spent a whole year living with her partner on a small tropical island in the Torres Strait. The experience was anything but idyllic - almost tragic in fact - but is still an interesting study of two westerners, totally out of their depth and struggling in many ways. Against the elements, their personal inner conflicts and even against each other.

I remember a couple of scenes in which the topography suddenly became "NSW Coastal", not "typically tropical", and thinking this a bit odd at the time. These were probably the ones referred to by your guide at Miners Beach.

The movie was released on video, so may be available from a second hand video store, but according to research I've done hasn't been released on DVD. Amanda Donohue played Lucy Irvine and comes across as a natural-born nudist. Her partner, Gerald, is played by Oliver Reed and struggles with the situation almost from day one.

If you cant find the video, the book is still a good read. It's in most public libraries. Then you can try her two other books; Faraway and Runaway. One's her autobiography and the other is another true story, once again set in the tropics. Both are easy reads and move at a good rate.

Thanks for another great issue of Sun and Health.

Keefy215, NSW

We won't go back

Well, we've been and come home again from Coffs Harbour. The weather was fantastic.

We arrived late, around 2:00 pm, so once settled in, I decided to find the track to Little Diggers by myself, with my other half taking a rest after our five hour drive.

The tide was near full, and the access over the little headland was

*"Let the things that unite us,
be greater than the things
that divide us"*

impossible. I found the track easily at the northern end of Diggers Beach, and followed the boardwalk. There are a number of small tracks leading off the boardwalk towards the ocean. I followed all of them, which either ended at the cliff, or simply followed the cliff edge around. I returned to the boardwalk, and had I had the detailed directions with me that your contributor had supplied in issue 13, I would have found the right track much quicker.

The correct track is as described, "Well defined track at a sharper left bend in the boardwalk, as it gets steeper". When I was there, there was a small tree stump placed beside the boardwalk to make it easier to step on and off the boardwalk. About 20 metres along, you reach the cliff top at the back of the beach. The track winds down a little to the left, and then takes about a 2 metre almost vertical drop with tree roots and branches as grab handles, to the back of the grassed area you referred to.

It was at this point before the steep bit, that I overlooked the beach. At the northern end I could see a few blokes, but to my right, there was one 'gentleman' lying comfortably in the sun, 'pleasuring' himself, probably 30-40 metres away. Wow, welcome to Little Diggers Beach I thought. I was particularly relieved my wife was not with me. What is it with guys like this?

Anyway, I climbed down to the beach, and had a quick look around. The beach was fine, still some sun in places, but mostly in shade. There was however, about a dozen men on the beach. No families or women. And here I was, yet another single man on the beach. I left straight away.

I hoped that this experience was an aberration. On the Wednesday morning, we left the unit around 8am. The tide was low, so we tried the headland route. It was not too bad, and only took a few minutes. Once on Little Diggers, we walked about 20 metres and found a patch of sand where we settled. Within a few

minutes, we were spotted by some men. They walked over, and started strutting up and down the beach in front of us like displaying peacocks. My wife at this stage had not fully undressed, and that was the way she stayed. It felt terrible. We stayed maybe half an hour, but it got worse, so we left and didn't go back again.

Little Diggers Beach – it was terrible, and we won't be back.

It reminded me of a recent visit to Tyagarah north of Byron. We and another couple (who we had convinced to try this beach) paid our \$7 fee, and walked on to the beach. The place looked empty. We walked about 50 metres along the beach, stripped off, and jumped in the surf. Within a few minutes about 10 or 15 blokes had turned up. The girls felt a little uncomfortable, so we went back to our towels. One guy then parked himself between us and the surf, dug a little hole, lay over the hole, and looked towards us. Bloody lovely!

We packed up and left, after about 15 minutes.

As far as I can tell, unless this 'perving' behaviour is removed from our beaches, they will simply become worse. I know I could have said something, but at Little Diggers, the blokes there were almost in a pack, and I wasn't game to say anything, and at Byron, I was too embarrassed because of our friends who I had invited to join us. I guess over the last few years, it has got so much worse on free beaches.

If they were all made legal, we could at least ring the police.

Anyway, sorry to be so negative after visiting what should have been such a nice place. But Little Diggers Beach itself was a very nice beach.

Peter

Consider your vote

Wangetti Beach, between Cairns and Port Douglas in Far North Queensland, is where I learned to go free, becoming a Naturist.

I found Wangetti Beach in the mid-1980's. In those days it was more popular than nearby Buchanan Point. Many

couples and small family groups called it home, a place where they could live naturally, free of clothing and other restrictions.

"Authority", in the form of Port Douglas Council, could not handle "such behaviour" and stopped semi-permanent camping during the 1990's.

I first camped there in 1997 and returned a number of times in subsequent years. It was an idyllic spot; the campers making sure it was always clean and tidy. Many nudists used the beach for day visits.

Once again, "authority", in the form of Port Douglas Council, could not handle "such behaviour" and, with the forceful backing of big money tourism operators, stopped camping completely.

I recently returned to Wangetti Beach to inspect current conditions. Sadly, the area was deserted, overgrown with scrubby weeds and littered with rubbish. Not a nudist in sight!

There are many parallels between the Wangetti experience and Sydney's Reef Beach. Both are now deserted and forlorn former Naturist Utopias.

The message is clear. "Authority" only bears authority because voters in Local, State and Federal elections grant it.

For the sake of all our Free Beach and bush camping sites – indeed, Naturism generally – I appeal to every nudist/naturist voter (call yourself what you will) to carefully consider your vote at every election. Even if there is no issue right now, the candidate for whom you vote may well have opinions very different to your own when nudist issues do arise.

Little Congwong in Sydney is another current example!

Frank Maundrell

Single males unwelcome

I'm not keen on nudist clubs for similar reasons you mention - 'single males unwelcome'. I visited a club sometime ago, and was told there was 'a male to female ratio imbalance', and so I 'would have to wait for a vacancy before I could be accepted'. I was also asked, 'what could I do to improve the club's membership numbers?'

Non-acceptance of single males because of unfair suspicious attitudes of them is just plain

“Non-acceptance of single males because of unfair suspicious attitudes... is plain discrimination”

discrimination! Is it (for example) that the assumption is made that the majority of men's thinking predominate with deviant, lust filled thoughts. I once read a newspaper article about naturists clubs and their fear of being used as 'a pickup joint by single men' - it seems so unfair to make this assumption! It would be easy to see (though there may be other causes and reasons - like anxiety and warm temperatures) if a nude male's thinking is unchaste. I feel a typical male would be utterly embarrassed and mortified to have his body behave in an inappropriate way with other men, women or children present. A typical male would feel thrilled, delighted and fascinated to see nude females, because they may have grown up knowing only what their own male body looks like (as I had), also because it is not usual to see people doing every day chores while nude. So if an individual stares (another 'no-no' by clubs), this may be the reason?

What if there were greater female to male ratio? and more women than men wanting to join a "naturist" club catering to homosexual men? (see 2008 Dec. "gonatural"). You mentioned, "Nudism is not about sex", and were 'wondering about double standards', in your "Ed Says".

Perhaps if clubs had a less judgemental, more welcoming attitude of people of all sorts (and if they are "male", treat them with respect and dignity) then they might stop or slow the decline in membership? and warn (then expel) those who continue to commit misdemeanours. All males cannot help being male -- that is the way they were born!

I wrote a letter once applying for membership to a club, stating that "I had no interest in having 'a female partner'", this was the only way to gain immediate acceptance. I also stated that I was keen to have the friendship of others of both genders who had an interest in being nude. Perhaps, after reading my letter, they formed unfounded, unjustified conclusions. I wrote several times, on different occasions, thinking my letter may have been mislaid in the post? They have a policy of not responding to, or giving an explanation to 'prospective members' for declining their application. I do not like associating with others who seem to hold an outwardly discriminatory attitude of others.

What is the goal of these clubs? Is it to promote nudity as an acceptable lifestyle in the public's eyes. With regards NZ's "gonatural" magazine (maybe independent and not affiliated with any NZ club), it states "for health and well-being and for freedom lovers and those who embrace the naturist lifestyle"... is that what clubs are doing?

As you mentioned, "as a nudist all I've got to do is take my clothes off".

R P Edwards, NZ

[Ed: Personally, I agree and think that gender ratios are often used as a convenient excuse to mask blatant discrimination and deny access to single men]

Le Château

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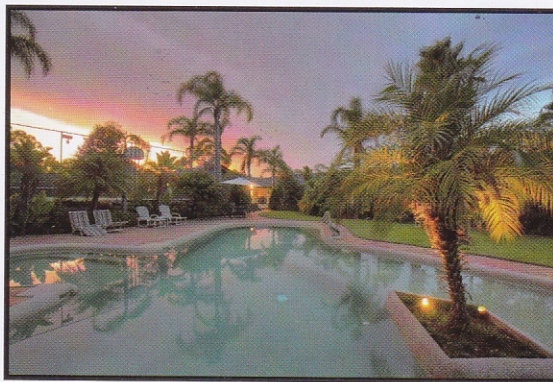
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The Nude News

Nudie run gets cops in trouble

Five police officers recently had their badges suspended following a 'nudie run' in Queensland. Following a bucks party, the police officers got out of an official police van and ran around it naked when stopped at traffic lights. The incident occurred on a Sunday afternoon in broad daylight.

While an investigation is ongoing, the Queensland Police Union President said that sacking the officers would be "over the top" and that most Australians should be able to relate to the goings on at hens and bucks celebrations.

Where's the car?

Four Queensland guys were recently caught in a car wash without a car and without clothes. According to the Courier Mail local police put a stop to it before the wash hit full cycle. The men will have to appear in court for public nuisance and wilful exposure.

Don't Forget!

It's summer! Make sure you get along to these great nude events:

- ANF Convention, 30th Dec to 3rd Jan, Kiata Country Club, Sydney, NSW
- Maslin Beach picnic day, 17th Jan, Maslin Beach, SA
- Samurai Beach Picnic day, 6th Feb, Samurai Beach, NSW
- Swanbourne nude olympics, 21st February, Swanbourne Beach, Perth, WA
- Alexandria Beach carnival, 14th March, Alexandria Bay, Noosa, QLD
- Armands Beach Fun in the Sun day, 14th March, Armands Beach, NSW

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kaikea@dodo.com.au

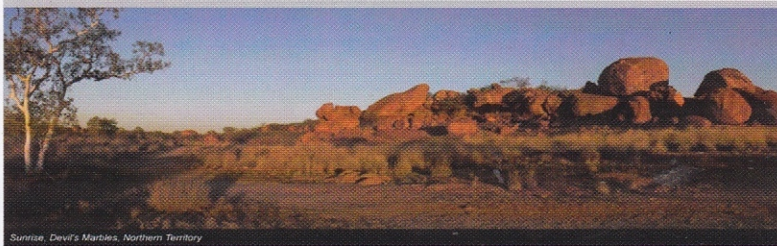
Around the world...

Germany: From May next year, hikers will be able to trek through the Harz mountain range nude. Heinz Ludwig has been at the forefront of the project and has already erected signs advising textiles that they may encounter nude hikers.

New Zealand: Another teacher is under investigation for appearing in nude photos. Rachel Whitwell, a New Zealand primary school teacher who recently appeared on Australian Penthouse's website is being investigated by the NZ teachers council. Although she doesn't currently teach she is still registered as a teacher and plans to return to it one day. Her case will test new rules preventing a teacher from bringing the profession into disrepute. Ms Whitwell is said to be shocked by the attention and was just posing nude to annoy her boyfriend.

New Zealand: Pamela Anderson is often reported to say she prefers being naked and was recently spotted in New Zealand

wearing nothing but a very pink g-string on the catwalk at the Air New Zealand Fashion week.



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(between Coffs Harbour & Grafton)

for lots more info ... www.philjones.com.au

River Island Nature Retreat - coming events

December 31st - New Years Eve Party

Theme: "ABBA"

8.30pm - Jive House Band, "ABBA parade"

Party surcharge: Adults \$38, Children \$15

January 23rd - 26th, 2010 - Nude-A-Khana

"Sportacular"

Saturday 8.30pm - entertainment

Sunday 10am - Nude-A-Khana "Sportacular", 3pm - "Wild and Wet"

Monday 8.30pm - entertainment

Weekend Surcharge: Adults \$20, Children \$6

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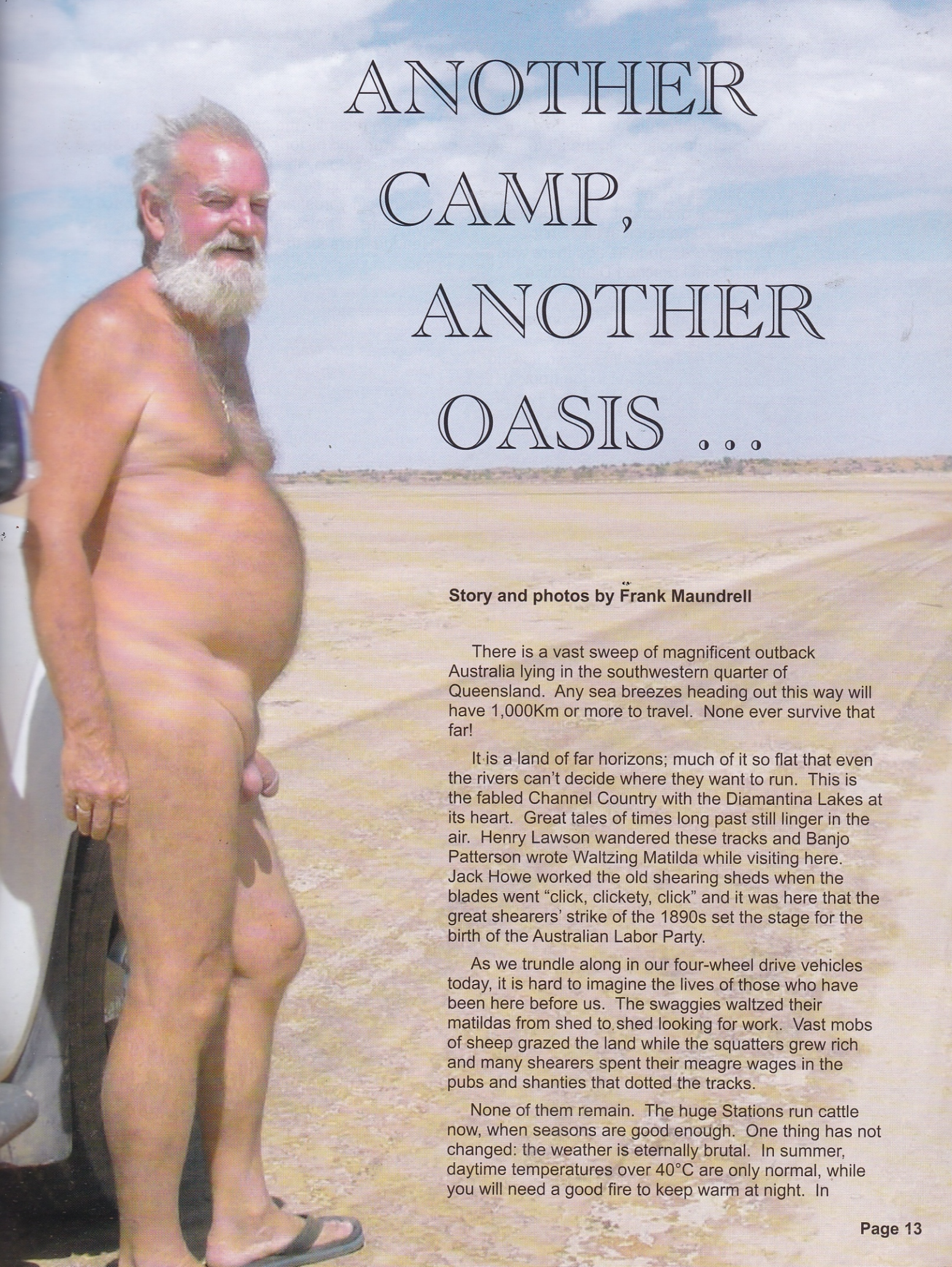
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ANOTHER CAMP, ANOTHER OASIS ...

Story and photos by Frank Maundrell

There is a vast sweep of magnificent outback Australia lying in the southwestern quarter of Queensland. Any sea breezes heading out this way will have 1,000Km or more to travel. None ever survive that far!

It is a land of far horizons; much of it so flat that even the rivers can't decide where they want to run. This is the fabled Channel Country with the Diamantina Lakes at its heart. Great tales of times long past still linger in the air. Henry Lawson wandered these tracks and Banjo Patterson wrote *Waltzing Matilda* while visiting here. Jack Howe worked the old shearing sheds when the blades went "click, clickety, click" and it was here that the great shearers' strike of the 1890s set the stage for the birth of the Australian Labor Party.

As we trundle along in our four-wheel drive vehicles today, it is hard to imagine the lives of those who have been here before us. The swaggies waltzed their matildas from shed to shed looking for work. Vast mobs of sheep grazed the land while the squatters grew rich and many shearers spent their meagre wages in the pubs and shanties that dotted the tracks.

None of them remain. The huge Stations run cattle now, when seasons are good enough. One thing has not changed: the weather is eternally brutal. In summer, daytime temperatures over 40°C are only normal, while you will need a good fire to keep warm at night. In

winter, the mornings would produce big frosts, if only there were enough moisture in the air to make some dew!

When I visited the Diamantina Lakes, the country was in the grip of drought. From Boulia to Windorah I saw almost no stock at all. Only spinifex grew among the sandhills and there was no surface water. Until I reached Diamantina Lakes, that is!

Diamantina Gates National Park encompasses four large lakes, known collectively as the Diamantina Lakes. The Diamantina River, flowing through the middle, has its origins in the tropical wet season rains a long way to the north. Two of them, Hunter's Waterhole and The Gum Hole, have approved camping areas. The Gum Hole is the smaller and more sheltered. It is lined by many magnificent-gum trees, hence its name, making it by far the more attractive and popular. Each individual site is well secluded and I have been able to camp nude there on each of my visits. There will often be other campers in the area. However, the distance between camps usually means that nudity in camp is not a problem. On my last visit, the neighbours came over one evening for "happy hour", making plenty of noise as they approached. They were simply being polite, as they had noticed me getting around camp nude. "No worries", they said!

With its reliable water supply, those original nudists, the aborigines, the Maiwali people here, roamed this area for thousands of years. Everything is steeped in their culture and traditions.

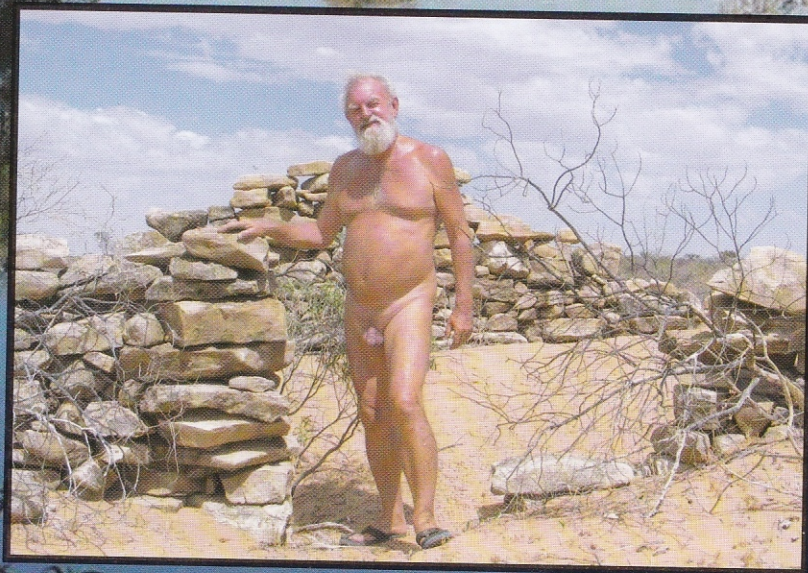
More recently, the area was a large sheep and cattle run and historic relics from this era abound. Signs erected by the Rangers assist with understanding something of the past. Relics include old yards, an old stock camp, bronco bars and dams. The old homestead complex is now Headquarters for the Rangers — whenever someone is in residence.

A circular drive of some seventy kilometres takes you around a couple of waterholes and allows an insight into a cross-section of the Park. Known as the Warracoota Circuit, a one-way traffic rule ensures that you can enjoy the drive and the scenery in the most comfortable manner: nude, of course!

Along the Circuit, not far from the Warracoota Waterhole, is one of the great mysteries of the desert. The ruined remains of a small settlement lie in mute testimony to someone's shattered dreams. Consisting of several stone buildings, nobody knows who built them or when. Those who have delved into the history can only conclude that a squatter found out the hard way that desert living can be very tough indeed.

The Diamantina Lakes are a magnificent area, well worth a visit. I was able to camp and visit most places of interest naked. Even when I called at the Ranger Station there was nobody home to object to my nudity!

Happy Travelling!





Life's a beach

Summer is upon us so we can finally ditch the winter woollies and get out and about. With near record (high) temperatures in most states, what better place to go than one of our local or not so local nude beaches.

If, like me, you don't often get to the beach then now's the time to give it a go. Starting in January in SA and concluding in March, it's Beach Carnival time! And with a bit of careful planning you can get to most of them.

Start by making your way to Adelaide, the beautiful capital of South Australia for the Maslin Beach picnic day. Over 20 years ago, SUN (Southern United Naturists) held the first Maslin beach nude olympics. A day packed with events, it was attended each year by hundreds of people until sadly a lack of financial support meant it was unable to continue. Well, the good news is that a new beach day will now be held on Maslin Beach with the support of the South Australian Nudist Forum. The picnic day will be held on the 17th January 2010 towards the end of the school holidays. So it's a great opportunity to take the whole family for a trip to SA. There's plenty to do while you're there... the Barossa Valley for some of the country's best wine (make sure you visit Rockfords), Hahndorf, a lovely little German town in the beautiful Adelaide Hills offering all sorts of

arts and crafts, and of course the many pubs and churches in Adelaide itself. There are a number of nudist venues not too far (2-4hrs) from Adelaide, so make sure you look up Piltwarren, Sunland, Pelican Point and Lake St Clair as well as local Adelaide clubs, Yulti Wirra, Tindo and SUN.

From Maslin Beach, head up to NSW and the Samurai Beach picnic day at Port Stephens, NSW on 6th February 2010. Samurai Beach is an easy 2.5hr drive north from Sydney up the Pacific Highway, then follow the signs to Nelson Bay.

The Samurai beach Olympics were held at the beach for a number of years before they ceased. Determined to resurrect the day, Coast and Valley Naturists (CAVN), Sydney Sun and Social club and Bare Tracks, got the picnic day up and running. Last year CAVN decided to go it alone and have continued its success. One of the main events over the last couple of years has been River Island's 4WD Nude Muster and from what I hear you can look forward to it again this year. There will also be a sausage sizzle and drinks for sale. There is lots to do or not do, so get along for a great day at the southern end of Samurai Beach. Don't forget there is legal nude camping at the northern end just behind the beach, but you must be self-sufficient as there are no facilities and a portable toilet is required.

Below: Maslin Beach olympics.. Photos by Chris Soulidis.





Above: Swanbourne Beach nude olympics. Photos by Peter Taylor.

Of course, Port Stephen is a beautiful tourist destination so you'll have plenty of things to do if you decide to drag yourself away from the beach for a while. If you are looking for luxury nude accommodation, make sure you give Jim and Twiggy a call at LeChateau. It's a new B&B/resort from the former owners/managers of Bardots and it's well worth a stay (see ASH issue 13).

Following on from the Samurai picnic day you have two weeks to get over to Perth for the Swanbourne nude Olympics. That's plenty of time to get on a plane, train or take the car across the beautiful Nullabor.

Held on the 21st February 2010 and kicking off around 10am, the Swanbourne Olympics has lots of events for the family including body painting, best bum, tug-o-war, sand sculpting, egg throwing and more. Again, this event took a short break for a couple of years due to the new requirement for public liability insurance, but thankfully Free Beaches Australia came onboard and now provide this insurance.

Western Australia is a lovely state for naturists with what I found was a more relaxed attitude; there are nude beaches up and down the coast. So if you're just visiting, make sure you give yourself plenty of time to explore Australia's largest state. If

you want to visit a nudist club while you're there, you can contact Phoenix nudist club or Apollo, both clubs without grounds but usually a full calendar of events or give Sunseekers a call, they have some accommodation and camping and I can guarantee you will have a good time.

Okay... here's where it gets tricky! You have to make a choice between the Alexandria Beach carnival at Noosa in QLD or the Armands Beach Fun in the Sun day, at Bermagui in NSW. The beach days are held on the 14th March 2010 and unless you can time-travel you won't get to both.

If you decide to go to QLD, head North from Brisbane up to Noosa, following the Sunshine Coast signs until you start to see signs to Noosa.

The Alexandria Beach carnival is the longest continuous running beach carnival in Australia. Run by the Adam and Eve Social group, the carnival has been going for 25 years and regularly gets crowds of more than 300. With all the usual games and the popular 'best bum' competitions there is something for everyone. Alex Bay is an unpatrolled beach however, the Adam & Eve group organise life savers each year and only ask for a gold coin donation to help with costs.

If you've never been to Alex Bay, you're in for a pleasant surprise. From the main car park at Noosa

Below: Samurai Beach picnic day.





Above: Alexandria beach carnival. Photos by Adam & Eve Social Group.

it's a lovely walk around the headland with gorgeous views across the ocean. See ASH issue 3 for a full report on the beach.

If you're staying in Noosa for a few days, there are plenty of things to see and do. For family outings Australia Zoo, the Big Kart track and Aussie World are not too far away. For the adults, Noosa is a beautiful spot with plenty of scenic walks, restaurants and nearby Eumundi markets. If you are after nudist accommodation, Musavale Lodge is a luxury B&B close to Eumundi and a bit further down the coast there is Pacific Sun Friends and Balkaz Retreat.

If instead of sunny QLD you go to equally sunny Armands Beach in Bermagui, NSW, you'll be attending one of Australia's newest beach days. Bermagui is located a few hours south of Sydney and is easy to get to following the Princes Highway down the coast (See ASH issue 8 for full details).

Timed to coincide with the Bermagui Seaside fair, the Fun in the Sun day is organised by the Armands Beach Leisure Group and is a great day also jam packed with events. With lots of sponsors including River Island and local businesses there are plenty of prizes to be won and events for both kids and adults. Although this day doesn't get the big numbers of

some of the other carnivals, it's a terrific beach and there is always a good turnout. Armands Beach Leisure Group are a great bunch of people and will ensure you feel welcome with a really nice, friendly atmosphere. While you're there, check out the Seaside fair on the Saturday, and have a look around. Well known as a whale watching area between late September and late November, there are plenty of tours and I've also heard reports of whales being spotted from Armands Beach which is a great excuse to come back.

It's likely you won't get to every beach day but with a good spread across our great country, you should be able to get to at least one.

The organisers of these days go to great lengths to make it a day that everyone will enjoy with games, prizes, raffles and more. Often run at a loss, these events have something for everyone and really need our support if they are to continue.

Remember that everyone is welcome at beach days, so whether you're a family, couple or single, it's a fantastic, non-pressure opportunity to get involved, have some fun and meet other naturists.

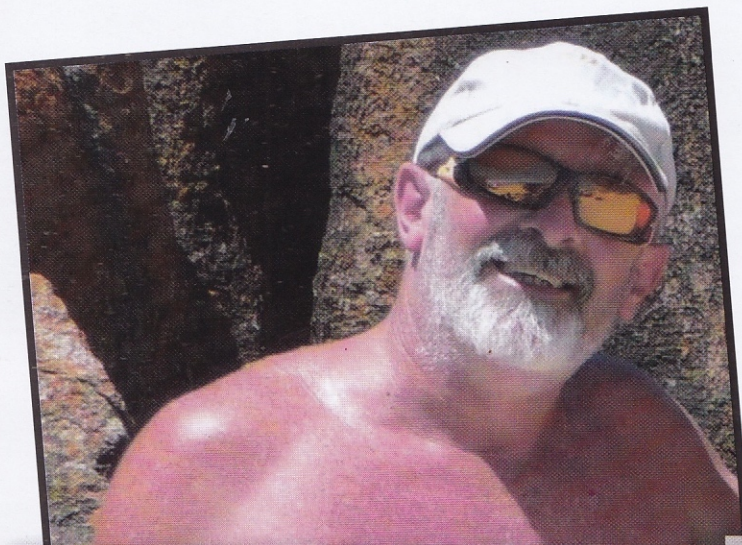
As for myself, I'm going to try and get to Samurai and Armands beach, maybe I'll see you there.

Below: Armands Beach Fun in the Sun day. Photos by Jim Earnshaw.



Egg throwing at Armands Beach Fun in the Sun day





An Aussie Nudist

Interview and photos by Bruce Butcher

Welcome to An Aussie Nudist, a series of articles where I meet everyday Aussies who are proud to be nudists.

I had a chat to Anthony (Tony) Egan earlier this year at the Samurai Beach Festival; he has just started a new internet nudist site called NSWNCN (NSW Nudist Couples Network) and is hoping to advance nudist promotion via these means.

For Details on joining NSWNCN contact Tony by email at beach_bum@live.co.uk

When and where was your first nude experience?

I did the long walk down & up to Werrong Beach in the Royal National Park in about 1994. I was a lot fitter then and have not been back for some time for obvious reasons.

What made you want to become a nudist?

I sort of stumbled into it. I did not realise that my partner had been bought up as a nudist and when she introduced it to me I never looked back.

What do you like about being nude?

What else, freedom and relaxation!

Do you go to nudist beaches? Which ones?

Yes. I am a regular at Cobblers on the harbour. As well as I try to get here to Samurai a few times a year.

Do you belong to a nudist club?

NSWNCN.

Do you go to other nudist clubs?

Yes. My partner and I have visited River Island, Rosco and also we have been to the CAVN swim nights.

What are your interests?

Beach, camping, photography, 4wd and relaxing with a cool drink. In the cooler months, following the St George Illawarra Dragons.

Is nudism relevant in today's society?

More so, these times seem to be more liberal with public nudity, but there are still people who hide in the shadows.

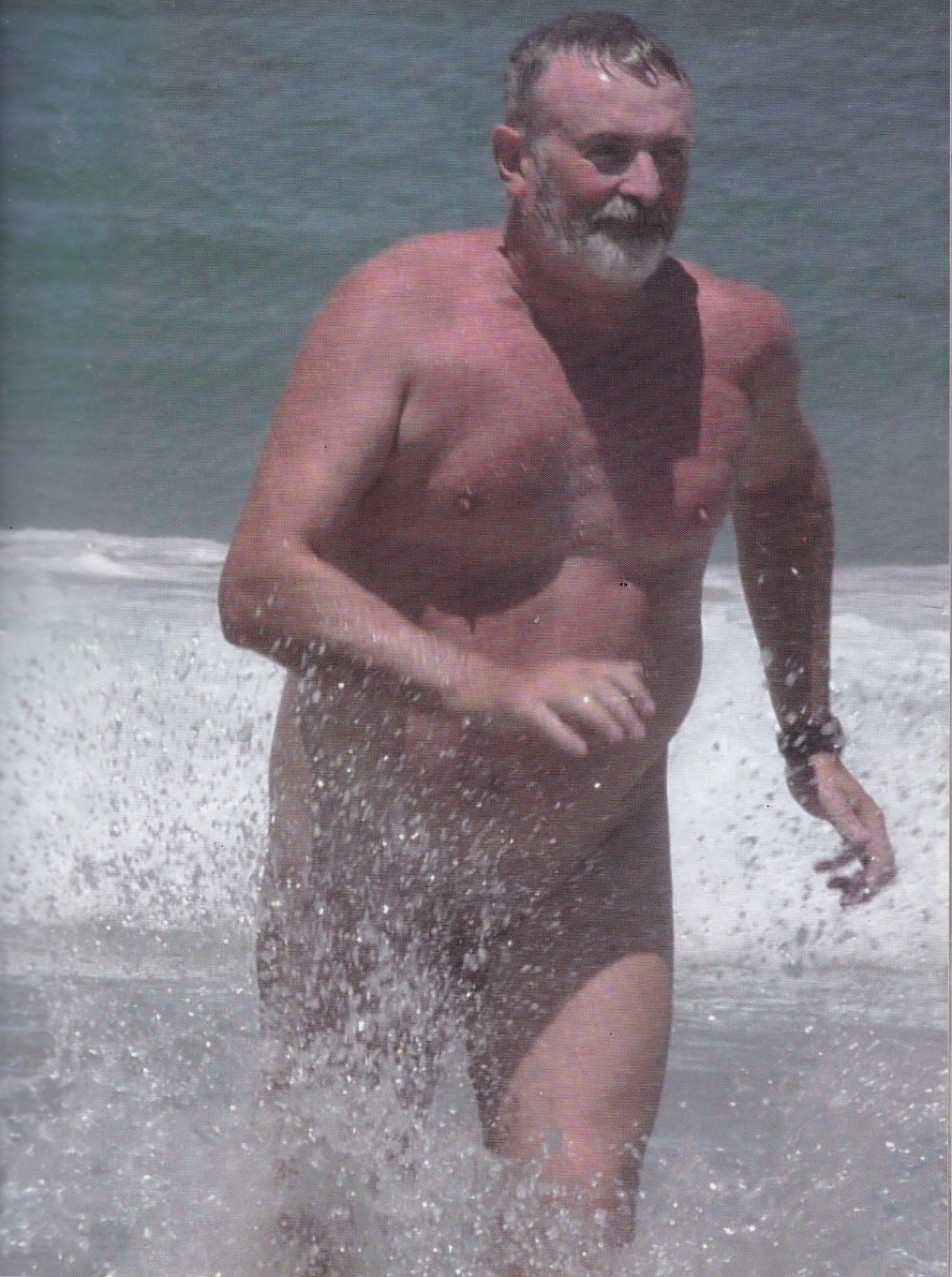
How would you promote the nudist lifestyle?

I have recently commenced my new online website called NSW Nudist Couples Network. As the name suggests it is for nudist couples only to connect and possibly make some friends. It is similar to a "face book" for nudists. It is by invitation only and I have some guidelines which need to be followed to belong. So far I have about 50 members Australia wide.

Do your family and friends know that you are a nudist?

Yes. I actively promote it to everyone.





As is usual during the cooler months of the year, Yvonne and myself spend a couple of months away from Pelican Point. Last year we travelled to some coastal areas of Victoria, using the time to write our naked cave woman article for Australian Sun and Health.

This year we headed inland, taking in towns along the Murray, up river from Renmark and Mildura. We also travelled to some major wine towns in Southern NSW as well as visiting Rob Bryer at Murrabit. Who and where you might ask? Well, here we go...

William Robert (Rob) Bryer was born in Melbourne on 24/2/1927 and is a long time nudist. Rob is the third child of Percy and Gladys (nee Keats) Bryer. Percy coming from Devon, UK; Gladys from southern NSW.

Before settling at Murrabit, Rob stated that his father got around a bit, amongst other things having managed a tea plantation in India! He also travelled to New Zealand and while enroute back to the UK the ship he was travelling on made a stop over in Melbourne. Whilst in Melbourne, Percy learnt that the government was opening up land in Northern Victoria for agriculture and as they say in the classics, the rest is history.

Rob's father took up 11 acres of bare land at Murrabit, named the property "Warkleigh" (after a rectory in Devon), planted oranges and built the home where Rob still lives. Another parcel of land was later purchased bringing the holding up to 278 acres, and of course the Bryer family grew in number too!

The second World War also came and went. Rob then purchased land at coastal Metung (consult your maps), this land being secluded and ideal for Rob to get his first taste of living a naked lifestyle - weather permitting.

Unfortunately not long after, Rob's father died. Rob and his sister, a nurse at Geelong, decided to move back to Warkleigh. As time went on, the oranges did not do so well and Rob and his sister Betty decided to move back to Warkleigh. Rob explained that he and Betty milked 22 cows by hand, as well as attending to other farm chores. Life was busy but Rob did have time for more naked living; the weather being warmer than at Metung. The Murray river is only a stones throw away! (Betty however was not a keen nudist.)

With Rob's interest in nudism strengthening, he next visited Northside, an offshoot of Brunswick Men's club (see Nudism in Australia by Magnus Clark) a member owned 100 acres of land which was used for / by those, interested in nudism. Rob recalled that the owner was Frank Didler. Rob, a single, was granted membership after three visits. It was here that Rob first met Sandy McDonald and their friendship continued until Sandy's death.

At this time, nudist members were on the rise and eventually a well attended meeting was held around 1967 - 1968 and the ANF was formed. Rob recalls that nudists from both within and outside Victoria attended, and in due course the 1st nudist convention followed.

Eventually the property at Wondong was sold by Frank's nephews and hence Northside had to move.

Keith Dohnt eventually started up River Valley Nudist Resort at Euchuca with Rob being a member from its inception. On opening day a number of people from Victorian clubs attended including Keith Dohnt, Des Butler, Clarrie Baddock, Sandy McDonald (all deceased) plus Rob, Peter and Anne Booth, George and Marlene Millet and family from NSW and Jim and Jennifer Dimo who played the piano accordion for the evening entertainment.

Rob began to realise that he could start a resort on his own, with his property being very secluded (possibly more so than River Valley) with the Murray River only a few chain away.

Meanwhile the Bryers purchased the adjacent 165 acre property, "Willow Dell" from the Bennet family in the 70's, allowing ample room for the renamed "Border River" to receive nudist visitors. The Booths were Rob's first guests - and Border River was born.

Rob said that during this time things were hectic, with farm work to be done, cows to milk etc. Lawns were also sown, trees planted, the water system was upgraded (sounds like P.P.N.R's early days) the year being 1973. Rob explained that at first Border River catered for textiles, but quickly went 'nude', with nudism still on the up. Showers and toilets were also built, and with the help of Molly and Bill Vanson, an above ground pool was installed. Sandy McDonald also donated a large trampoline; things were going great guns.

Unfortunately as the years passed, Rob's brother Richard died, leaving Betty and Rob to attend the farm. Still life went on as it does but unfortunately Betty died about six years ago. It was then that the Border River property, (ex Willow Dell) in accordance with family wishes was passed on, Rob now living exclusively on the "Warkleigh" property and in the original homestead. Nudist activities have therefore tapered off at Warkleigh, although (self sufficient) nudists are still welcome by prior arrangement.

Rob is also of the view that nudism participation is not what it once was, with Rob having witnessed the demise of Sun Valley, Bangalee, Noah's Park, Wyanda Park, Bengatta and of course River Valley.

The above is only a brief resume of the lengthy talks we had with Rob when gathering information for this story. Rob has excellent recollections of past nudist events and likes nothing more than a chat over a cuppa. If interested in visiting Rob, best telephone him of an evening, possibly calling twice in a row as Rob is not the fastest on his feet these days. His phone number is (03) 5457 2311, so please do the right thing and don't arrive unannounced, that is if you can find "Warkleigh" as it is very secluded.

As mentioned, you will need to be self sufficient, but the welcome and experience will be worth it. This area is beautiful and Rob knows it like the back of his hand.

Please enjoy, as we did, when we visited Rob for this story (three times). The Murrabit Market is also well worth a visit and takes place on the first Saturday each month.



Up the

Story and photos by Larry Walker

Jen and I are members at Yulti Wirra in South Australia and for the past nine months we have been employed in a remote aboriginal community in WA as manager and assistant manager of a community store.

A couple of months back we were delighted to hear that one of our club mates Rob and his niece Sam were to visit us at Papulankutja and that Rob wished to visit Mt Beadell. This bump on the Western Australian landscape was named after Len Beadell, the commonwealth surveyor responsible for mapping and making roads throughout the desert country of SA and WA during the 1950's and 60's. Len was a legend in his own lifetime in the eyes of his friends and followers,

and was known to many people throughout Australia. Rob lived close to Len when he was a young fellow and for my sins I have both met Len and also read all of his books many times so the trip was for me also a culmination of sorts.

Jen and I have travelled a good many miles (remember these roads were laid out before the days of metric measurement) on the roads constructed by the Gunbarrel Road Construction Party as Len liked to call his mob of workers, and because of the remoteness



Gunbarrel

and arid nature of the country it is a good move to travel with at least one other vehicle. As we are employed out here no-one seems to bother us as we wander around the bush on our own but we always have a means of contact with the outside world by the use of our trusty HF radio. We are at most times able to contact Alice Springs or Adelaide bases of the 4WD radio network if the need or desire arises. The case for the tourist (read Rob and Sam) is that their travel permit for movement within the Ngaanyatjarra Lands does not allow them to travel as a single vehicle except to come to our little community; the normal requirement being from 2-5 vehicles in convoy.

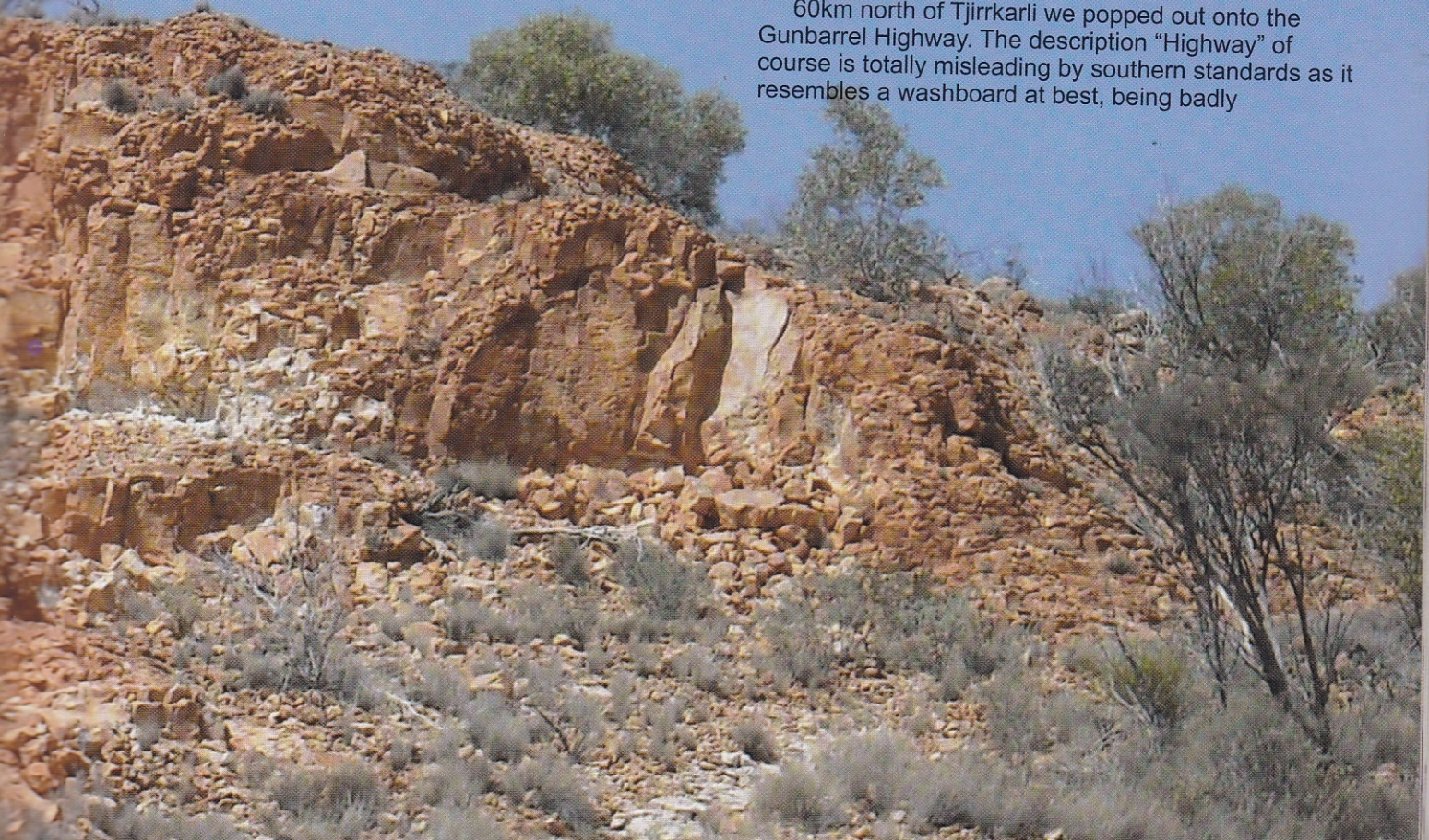
Our vehicle is an 80 series diesel Toyota Land Cruiser and Rob drives a Land Rover Discovery in turbo diesel format so we had a pair of solid reliable vehicles under us and we are all well equipped for bush camping; each vehicle with a detachable awning and swags for Rob and Sam and stretchers and sleeping bags for Jen and I. Our three dogs, Molly, Misha and Maddy of course have their very own bedroom in the Cruiser, where the rear seat used to be located.

Rob, Jen, Sam and I left Papulankutja on the Saturday of the Queen's Birthday weekend in WA after

closing the store at midday. We traveled west through Jameson and Warburton to a little community called Tjirrkarli, whereupon I delivered a parcel of rump steaks to Brian who as a media expert lives there and travels all over the Ngaanyatjarra Lands fixing all sorts of TV and radio equipment to keep us residents in touch with the outside world. Brian had been working in our community during the previous week but it seems he forgot to shop.

Being fairly late in the day we stayed only a short while, actually about one cup of coffee in time, and headed north from Tjirrkarli on an un-named and little used track spearing into the bush. It being, as I mentioned, late in the day we only traveled 19kms before setting up a dry camp in the scrub and lighting the ever-necessary mulga fire for light, heat and cooking. The first 30 or so kilometres of track from that little settlement shows some signs of use by the local indigenous people but after that the track deteriorated into a series of washouts and overgrown ruts. We were at times down to 1st gear high range just to move slowly enough to not damage anything. The track in places consists of not much other than washaways from past rains.

60km north of Tjirrkarli we popped out onto the Gunbarrel Highway. The description "Highway" of course is totally misleading by southern standards as it resembles a washboard at best, being badly





corrugated. I found out from Kevin at Warburton Roadhouse later in the trip that he believed he knew the last grader driver to pass a grader over that track and that was in 1978!

Thirteen kilometres west of the intersection we came across Camp Beadell, passing by in our quest to visit Mount Beadell. Approximately 5 or 6 kilometres west again we happened across a lump of WA only seen by me in photographs prior to this day. Mt Beadell is certainly as depicted. There is quite a presentation in the car park and if one is driving a 4WD it is possible to traverse a track around the southern side of the lump and thereby alleviate the necessity of actually climbing over the rocky slope to the summit.

Given that the day was warming up from a cool beginning, some of us got into "uniform" for a couple of hours. Not much chance of casual passers-by out here.

The four of us, after traversing the southern track, climbed the remainder of the distance to the summit where-upon Rob and I proceeded to photograph in all directions as one is able from a hilltop. Len Beadell in his book about this area stated that he thought he would be forgiven for routing the road close to this point of interest and we certainly appreciated the destination.

After vacating the area we proceeded back the few kms east to Camp Beadell where there is supposed to be drinkable water. We had

plenty of drinking water but we thought a tub would be nice. On arrival at the aforesaid camp we discovered that the bore pump was inoperative so Rob and I, being resourceful and reasonably well equipped, proceeded to repair and re-assemble the pump. The only thing that stopped us actually pumping water was the fact that the pump buckets had obviously deteriorated to the point where they would not hold water any more. The water level is about 40 metres down so all was lost. Such is life, as Ned Kelly is reputed to have said.

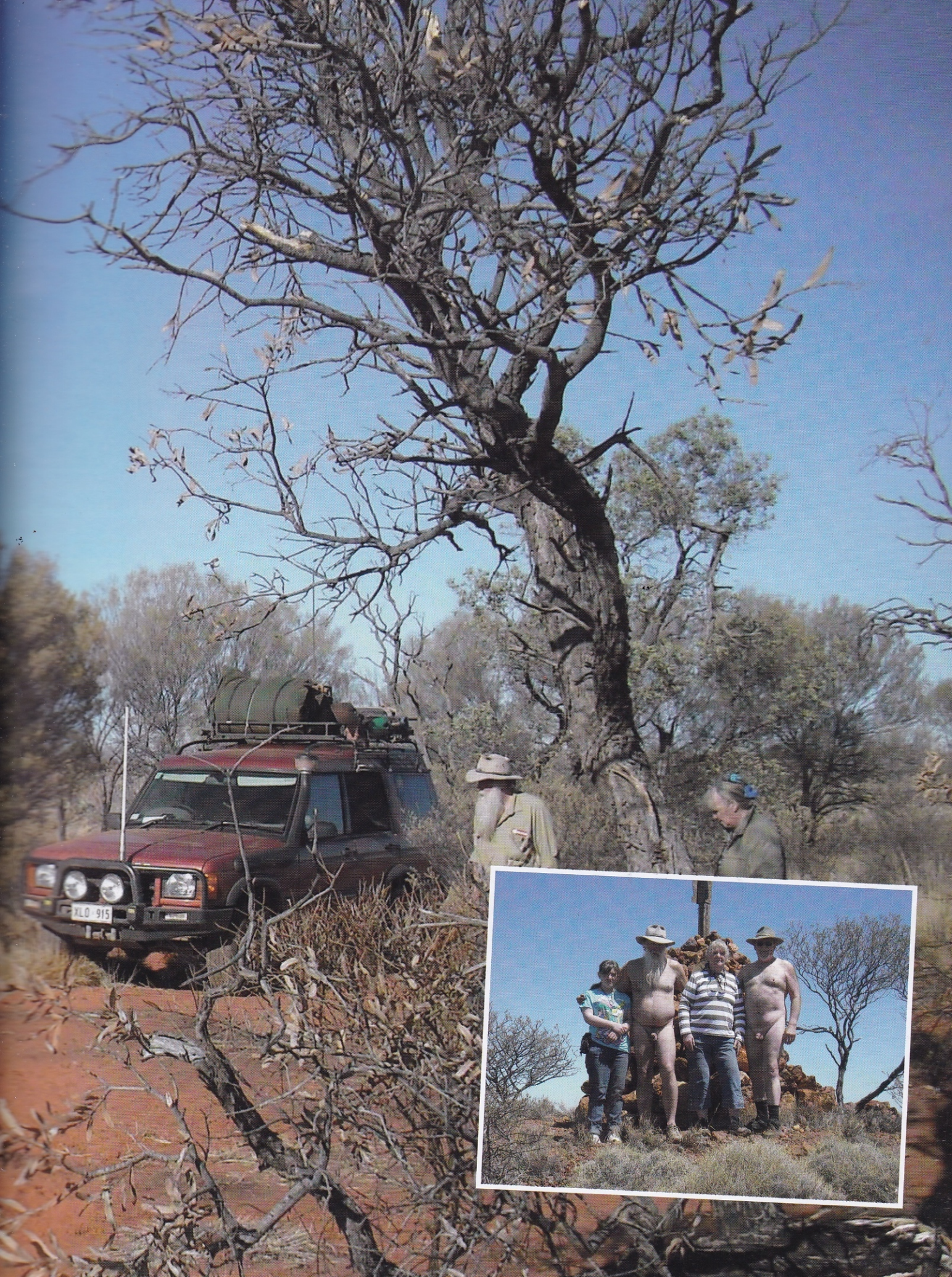
Camp Beadell had lost its attraction with the absence of available water so we headed back down the track to Tjirrkarli for another dry camp in much more pleasant surroundings. We camped overnight about ten kilometres north of the settlement and on Monday morning wandered into town. It was 9.00am on my clock but we were on NT time. That meant that when we pulled Brian and his bride, out of bed it was 7.30am WA time, and on his day off too, but they exercised good old country hospitality and put the kettle on anyway. After a cup of tea, a yarn and promises to catch up soon we headed off towards Warburton and points east.

Jen and I had committed ourselves to opening our store that afternoon even though it was a public holiday, as our locals don't seem to be able to shop for more than one day at a time. Arriving at Warburton Roadhouse we made ourselves known to Kevin the manager whom we had never actually met in our time out here, took some obligatory photographs and were about to leave when we were hailed by people on the verandah. Lo and behold there were some of our local people from Papulankutja who treated us as long lost friends. The local people out here are like that.

After leaving Warburton we simply travelled straight up the Great Central Road about 120kms, took a private track south to Jameson and thence to home, where an anxious mob were hanging around the store waiting for us, as they had already been informed that we would be back at 3pm, and we were too.



Above: Rob with the repaired pump on Lynette's Bore at Camp Beadell.



HAVE YOU FORGOTTEN?

Flash

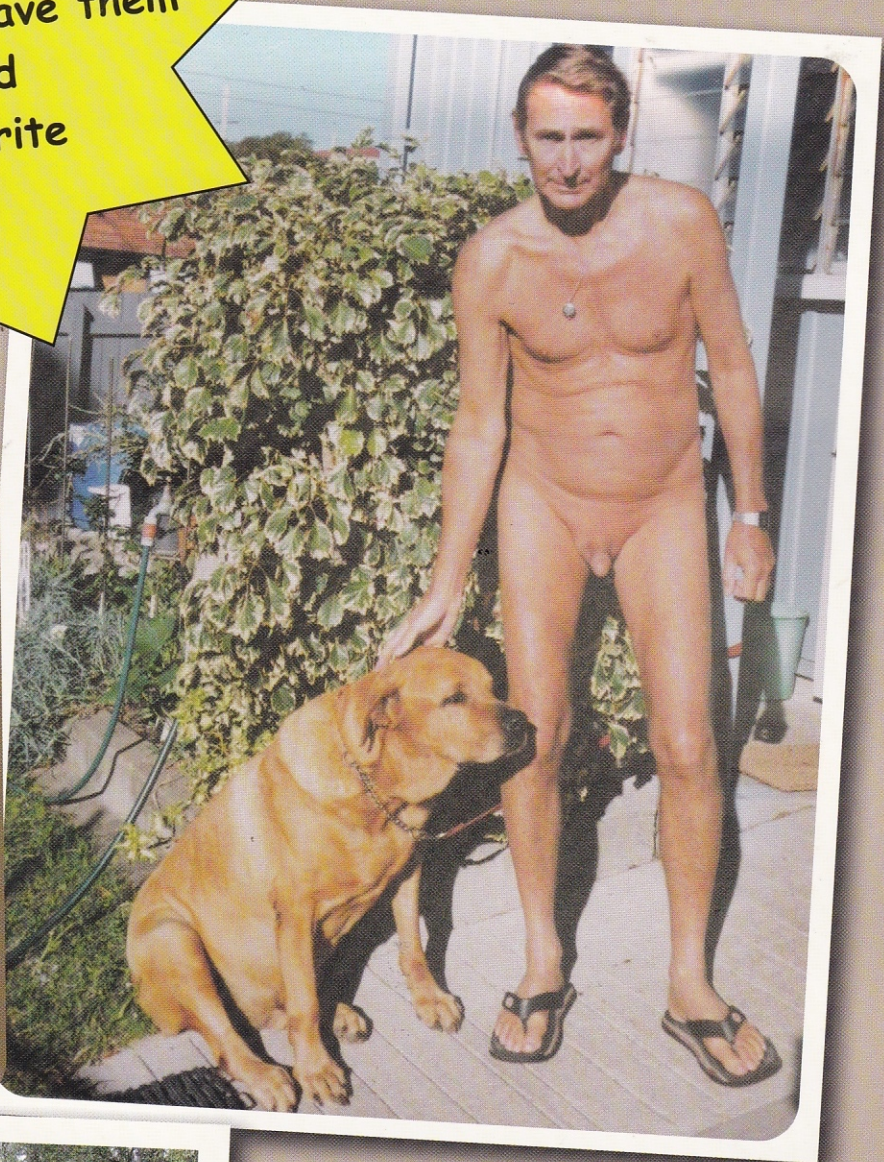
Back!

We know you have some great old photos. Send them in and have them immortalised in your favourite magazine!

Do you have an old photo that shows you enjoying the naturist lifestyle? Big Hair? Great hat! Your best friends. Something from the 80's perhaps? An old photo that makes you giggle? Your favourite nude photo. Something that makes you smile.

We want them all!

The photos don't have to be perfect. Old scratched faded photos are fine. Just tell us who it is and what year (roundabouts) it was taken and we'll print it!



Above: Here's Mel with his dog Banje. Banje would alert Mel if he was about to get 'sprung'. What a great old photo!

Left: A recent photo of Mel with his 1966 Holden he's had from new. He can even tell you the day he bought it!











Nudie Golf anyone?

Naked golf enthusiasts can once again experience the exhilaration of playing 100% raw in the inaugural Nude Golf International to be played at the scenic Wairau Valley Golf Course in Marlborough, New Zealand.

Golfers will tee off in the buff at 9:00am on Sunday 21st February 2010. Bar facilities and lunch will be available on the day.

Wairau Valley is only 30 minutes drive down the Nelson Lakes Road from Blenheim; the golf course itself being a few minutes walk from *Wai-natur* *Naturist Park*, host of this major event on the naturist calendar.

Co-owners of *Wai-natur*, Kay Hannam and Brian Williams, have hosted a similar event on six consecutive occasions at the Lake Tekapo Golf Club, in conjunction with the annual "Mackenzie Muster Naturist Festival".

Self-described "global naturists", Kay and Brian featured on TVNZ's Close-up program earlier this year highlighting the fact that Blenheim has the most sunshine hours in the New Zealand. *Wai-natur*, set among well established trees, has all the facilities of an ordinary holiday park. The key difference is you need only a small suitcase and the heated swimming pool is for skinny-dippers only.

"Foodies" will also be catered for on the day before the Nude Golf International, with the annual "Nudie Foodies Sounds Adventure" in the Marlborough Sounds, culminating in a sumptuous evening meal in the garden at *Wai-natur*.

Prior registration is absolutely necessary for both events. Contact information is available on the website www.naturist.co.nz.

Come on Aussies! Time for a trip to NZ!





Living simply.

By James Dixon

Every nudist has their own way of enjoying this lifestyle. Going to the beach to either swim or catch some sun; bushwalk in the depths of a National Park or some out of the way distant hills; trekking across the sun baked outback; pottering around in the back garden or veggie patch; going to a nudist club to be involved with club life; stealing a nude swim by the river; stripping off the moment you get in from work and enjoy your naked life at

home; skydiving; ballooning; rock climbing; the nude, like nudist resorts. Although where we can go nude is somewhat limited, what we do in the nude at home is not. We can almost do anything we like in the nude from reading a book to cleaning the house, digging in the garden to washing your car, cooking a meal to working on the computer. This is the best thing about nudism; it is so simple to enjoy. Literally, it's a matter of taking off our clothes and live our life. Pure and simple.

some are even luckier enough to go to work in

And that is what I am doing, at the least, trying to do. Live a pure and simple life and doing so in the nude is the first stage of that. In the last couple of issues of Australian Sun and Health I have described how I like to live my life. Out on some small acreage not far from a town doing as much as I can myself. From growing my own fruit and veggies to building something instead of getting someone to build it for me. It's not great carpentry, but with a little bit of patience I can achieve a fairly good result. It was quite fortunate that the previous owner left heaps of odds and sods around for me to use. So instead of buying something new, I used what I had. And that suited me fine as I didn't need a glossy new wood shed or a pre fabricated shade house. I rather like the "no so perfect" look as it does add character to the place. (That's my way of saying "near enough is good enough") And yes, I did these things in the nude when I knew I could. My acreage is not as private as I would like, but as I have mentioned before, I am working towards getting it that way. But hey, I literally live my life in the nude from sun up to sun down in the nudist months when I am at home.

What I have here is my own paradise. I have space around me, a lovely view that always changes, it's quiet and I have fabulous wildlife visiting or at the least seen everywhere. Kangaroos, wombats, echidnas, lizards, snakes, bats and a multitude of bird life that is forever increasing since planting hundreds of native trees and bushes. They all are around to see on a daily basis. (And guess what, they are all naked too). And then other property owners have horses, sheep, cattle, goats and even alpacas, with my own lot consisting of chickens. I am so close to nature it's not funny. But I have to say I draw the line when a rouge Kangaroo insists on taking shelter in the backyard and eating the tenderlings while destroying the fence just get through. Not all just "jump" the fence, they push and push until something gives. Then there is the wombat that decided it was time to move home and set up camp under my house. It's not just the wombats and Kangaroos either. Snakes and lizards had taken a liking to fresh eggs but at least the snake earned its keep by keeping down the mice population. The lizard just kept eating eggs and got so fat it lodged itself between the nesting box and chook shed. Stupid. He got relocated. This year I have huge problems with grasshoppers and although they are as small as, do they know how to eat.

So you see, it's not always perfect. Winter is terribly cold and in this region wind is a major concern and it was something I did not even think about when I bought. Every time I did come out to see the place it just so happened to be a perfect day, all I saw was potential, something to work on. But the very day I moved out in winter it was cold, wet and windy. Even the removalists asked what was the attraction. The wind can be strong and can last for days and once it gets up you can't do anything outside because its just uncomfortable. Summer wind is better than winter obviously, but still in summer everything is dry and dust is everywhere; live out in the country and you'll suddenly know what dusting the house means.

The message in this article is to really think before you buy. If you are seriously thinking about living on acreage in the bush, grazing fields or the latest estate offering you acres, go out and visit on all sorts of days before you commit yourself. If you have an aversion to snakes or mice, get to be comfortable around them because they are everywhere. Coming out of winter I counted something like eight snakes dead on the roads. I've seen three on my own property alone this year. I see so many mice entrails left by my cats is not funny. If you don't like wind, find a sheltered block. If you want water for stock or just a beautiful garden, find a

block with a river running through it or backing it. Check the soil quality if you really want to be serious about growing your own fruit and veggies.

If I had my time over again I would find 100 acres of bush and clear what I need. Like right in the middle of it. I would find a place that has regular high rain fall; Having a bush block I would have a good chance of stopping any wind; The block would also have slopes somewhere to catch water in a dam too; Ultimately I would like to have a river somewhere tough; The thing I would most certainly do is build a house that is more solar efficient. This house was set for the view and nothing else.

But having said that, I love my little paradise that I am creating here. I can sit on the verandah in the morning enjoying my cup of tea and not hear anything but the birds singing their lovely songs; watch the kangaroos bounce from one paddock to the next; hear the chooks crowing about the fact they just laid an egg; and naturally, the wind rustling the trees in a not so gentle way. On top of that I will do all of this in the nude, enjoying the sun on my bare skin while constantly swiping the flies that are a thick cloud bussing about me doing nothing but annoying me while watching the grasshoppers strip a healthy plant. Ahh, the value of living simply is priceless, but there are some things that always tax you.





Vera Playa

NATURISM IN
THE CHANGE OF
SEASONS

Story and photos by Brigitte & Heinz Sibler



We had booked an apartment in Spain's sunny Andalucía province to escape winter for 5 weeks. We chose the naturist urbanisation of Vera Playa, which is situated between Almeria and Murcia.

Upon arrival at Natsun, we were given the key to a very nice and big top floor apartment with a big balcony overlooking the pool and the beach. We soon explored the surroundings and we were pleasantly surprised to find many good walking opportunities just at our doorstep.

Natsun in Vera Playa is that sort of place, many people get "addicted" and before we even realised, our "roving spirits" had become "stationary rovers"! Every time we were "scheduled" to leave this paradise, we took advantage of our freedom and extended our stay. So our initial five weeks became finally more than 50! We immediately fell in love with this place, so that we soon waived our initial plan to continue to Costa Natura.

What makes Vera Playa so special? It's the openness and tolerance of the Spanish society. After dictator Franco died in 1975, the Spanish society, especially the younger generation, started to break many of the taboos from the old times. Some of those were reversed and became constitutional rights soon thereafter. For example, nudism is not punishable any more since 1978, but is now a Constitutional Right. We hadn't seen anybody naked outside the nudist area and the beach, but this very liberal approach means in practice, that everybody has the right to be nude in any public place (like beaches, rivers, lakes, open fields, paths, roads, streets, plazas, parks, etc.), but not in private places (like restaurants, shops, etc) as they have their own regulations.

A few years ago, the municipality of Vera built barriers to mark the ends of the naturist section on the beach, but they were removed after naturists and textiles alike protested against it by walking demonstratively in big groups into the other section.

Year around, the area here is very dry and during summer there is usually no rain at all. From time to time, even a storm, there was a week with impressively big rolling waves. Those powerful waves sometimes wash away big sections of the beach, but the government fights back by placing truckloads of new sand in the worst hit areas.

The winter in Vera Playa is dominated by pensioners (and dropouts) from Northern Europe enjoying the relatively mild winter climate along Southern Spain's coastline. On four out of six winter weeks it's possible to sunbathe stark naked for a few hours each day (in a wind sheltered corner) even though night temperatures can fall very close to freezing, even on the coast.

Spanish people like to be out and about, to see what's going on and to be seen. They always dress up, even if going out only for a few minutes. In government offices, dressing up is important for being taken seriously. Spaniards spend a good part of their income in improving their appearance. They are a very proud bunch of people. Even along the naturist beach they walk with pride, but "au naturel".

At the time when many northern Europeans start dinner, Spaniards just finished their lunch. Later, when the foreigners switch off their TV-sets and go to bed, the locals start cooking dinner, or go out and about; children and



Above: Relaxing with friends on our balcony at Natsun



adults alike. As this is a normal part of Spanish life, there is no reason to be particularly quiet when they come home between one and four o'clock in the morning, it's just as normal as coming home between 8 or 11pm in the rest of Europe.

It's very rewarding to speak at least some Spanish. Most sales attendants are very likely to start a small conversation, while serving foreigners trying to speak some Spanish. Learning Spanish is not that difficult, as some words can be used for several meanings. For example: "mañana" can mean "morning", "tomorrow", "tomorrow in a week", "tomorrow in a month", "tomorrow in a year"...

Natsun, the naturist urbanisation where we stayed at Vera Playa is owned by Jan and Hedy, a Dutch naturist family with two children. We stayed at the three storey building called "ELCANO III", which offers Natsun's most sophisticated accommodation options. Most apartments are facing south and only a nicely landscaped large pool separates the building complex from the beach.

The section we stayed in was only about four years old, but Natsun does also offer accommodation in older buildings "ELCANO I & II", which are mostly only rented out during the peak of the season. Also on the naturist beach is "Vera Playa Club Hotel" that offers 4-star comfort, but applies rules and regulations; it requires guests to dress up when attending the restaurant. No less than long trousers for Gents, which we find ridiculous for a naturist resort!

Everybody, including our Spanish friends thought we're very tough to spend the peak of the summer in a holiday resort that is popular with Spaniards. By the end of June, the vast majority of foreign

residents around Vera Playa were already hiding back in their home countries to escape the incredible noise the Spaniards supposedly are expected to make during their summer holidays. But to us, being in Spain without spending the summer holidaying among the locals would be like being in Paris without seeing the Eiffel tower. So we excitedly waited for the crowds to arrive.

On May the first, the beach was suddenly bustling with thousands of sun seekers and therefore we thought this could already mark the start of the season. But after this long weekend, the locals went back to work as suddenly as they had arrived.

From then on, there were regularly a few thousand nude bathers worshipping the sun on the weekends, but during the week, they were reduced to a few hundreds. In stark contrast, the textile section was still near empty during the whole week including the weekends. In the middle of July it was still the same situation and we were already thinking, whether the season will arrive at all.

Natsun is the only naturist resort in Vera Playa, which is popular year around, due to its setting and competitive pricing. The other naturist resorts have a few guests most of the time, but Vera Playas textile resorts are near empty for 11 months of the year. In August, finally, every holiday accommodation was occupied.

The atmosphere on Vera Playa's large naturist beach feels very natural. Thousands of beachgoers, often large family groups, enjoy sunbathing, swimming, playing beach ball, building sand castles or walking along the beach. As Spain is very family oriented, up to four generations are often seen



Above: Vera Playa following a storm

Left: Enjoying the sunny beach day at Vera Playa

visiting the beach together. Spaniards are a very relaxed and tolerant bunch of people. Sometimes we saw the granny wearing a bathing costume, but obviously enjoying being surrounded by her children, grandchildren and their children happily frolicking around her in the buff.

Things could have turned out quite different around here. On January 17, 1966 one of the worst nuclear weapons incidents of the entire Cold War had taken place off Spain's coast near Vera Playa. During an aerial refuelling manoeuvre, an American B-52 bomber and a KC-135 tanking aircraft collided in mid-air at 9'000 meters and both planes exploded in a giant fireball over Palomares. Of the four hydrogen bombs in the hold of the B-52, one fell into the water somewhere off the coast, one landed unharmed in a tomato field near the village and from the other two, luckily only the non-nuclear fuse detonated, causing bomb fragments and plutonium dust to rain down on the impact site.

In a huge cleanup effort, 1,590 tons of contaminated material were excavated and sent to the US for disposal. Two months after the incident, the Spanish information Minister and the US Ambassador went demonstratively for a swim with their families near the crash site to reassure the

public that everything is save now. Geiger counters were installed around Palomares and on the beach in Vera, to record the ambient radiation. After no radiation was found for several years, the go ahead was given for new developments including the large "Zona Naturista".

We enjoyed our stay at Natsun in Vera Playa. It is certainly one of the better naturist places we know. Nudity feels very natural here, just the way it should be. This is also thanks to the openness and tolerance of the Spanish society. There was nothing to complain about, although the weather was almost boring: just sunny every day!

When we arrived at Natsun, we just looked for a reasonably warm naturist place to escape winter at least a bit. For continental Europe, it is quite mild here. However, winter is noticeably cool here too. Vera Playas biggest draw card, the beach, can only be fully enjoyed during the warmer half of the year.

To us, the best time at Vera Playa was between April and November. We preferred the summertime, because then we were surrounded by Spaniards and by the lively Spanish way of life, which was even more appealing than we had imagined!!!

Product Review



Pussy Shaver, \$129

I'm not a big fan of shaving. It's because of my sensitive skin. This is aside from the fact the very first time I ran a razor up my legs I took off as much skin as hair; and now every time I have to shave I end up with a nasty red rash, with spots to follow a couple of days later.

Waxing works for me, but unfortunately the timing is not always perfect, so on occasion, between waxes and particularly if I'm travelling, then shaving makes more sense.

So it was with a mix of hope and some trepidation that I tried the "Pussy Shaver" (incidentally also branded as an "Intimate area shaver" for those that care), with its claim of a rash free bikini line.

It's a five piece kit, consisting of a trimmer, electric shaver, a combined soft powder brush and refillable applicator, as well as a cleaning brush and a velour case to carry the lot. I like that it comes with its little carry case, which makes it so easy to pack and find again.

The electric's are manufactured by Seiko, so the quality is there and while the model we tested is powered by a single 'C' cell battery (and an 'AA' for the trimmer), a rechargeable version exists. Still it's a shame that batteries are not included.

It's a dry shaver and according to the instructions is the closest shave you'll get. It's best used with high quality baby powder or corn starch which is applied to the skin with the soft makeup style brush that is supplied with the unit. Apparently the dry shave is the key to the closeness.

The shaver itself is only designed to get very short hair, so you need to use the trimmer first and the trimmer, I love. It's quick and precise and easy to use, and often it's enough for a quick 'touch up'. The shaver is then designed to get the left over stubble, and while it's a bit slower than a traditional razor, the results are better.

It's also very easy to clean with a screw off top and the batteries are said to last for 20 - 30, five minute shaves, which is something I'll have to take their word for.

I didn't get a rash while using it, nor did I get those dreaded spots the next day. The shave was smooth and for me at least it's better than a razor and more convenient too.

I really quite liked it and if it doesn't replace my regular waxing, it is at least a great way to keep tidy in between.

Our unit was supplied by Physiosupplies who have the shaver on special for \$99, contact details are in the ad on the facing page.



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A Tropical Getaway

PSSST!!! Want to know a secret?

Off the coast of Rockhampton lies Great Keppel Island, and while the resort itself might not live up to its "Great" title, on the eastern side of the island is a private bay called Svendsens Beach, and the Adam & Eve Social Group was recently invited by Carl and Lyndie to enjoy what is a true nudist paradise for a week of totally nude living on a tropical island with all the facilities you could want.

Imagine, if you will, waking up in the morning and wandering down to the beach au-natural for an early morning swim before breakfast. Then your big dilemma for the day, what to do? If we go swimming, which beach? If we go snorkelling on the beautiful reef, which reef? If you feel like going for a nude bushwalk, which track? If you want to go for a walk on the beach, which one of the many pristine beaches with not so much as a foot print will you choose? If you want to go kayaking, where to? Or if you want to lie around and relax, in the sun or in the purpose built beach shelters? Too many choices. It's no wonder we all came home exhausted!

After all of this activity you will start thinking of food and, as this facility is accommodation only, you will have to take all of your own food. But with a little planning this is easily possible, and the icing on the cake - Carl can supply you with fresh fish caught daily, or fresh oysters harvested straight off the rocks in his own oyster leases. Evan, one of our





members, took to 'helping' Carl harvest the oysters, but it was a case of 'two for Evan - one for the pot'. Whilst Carl may not have made any profit from this harvest, Evan's wife wasn't complaining!

The island and marine based wildlife will keep you amazed with its endless variety, from egg laying turtles and the myriad of reef fish which surround you when you are snorkelling to Lyndie's possums in their special built hotels. And then there is Erika, the semi tame endangered Stone Beach Curlew, which runs around your feet eating the bugs that either you or the echidnas disturb. Nature lovers will be delighted living with nature at its best.

The accommodation has to be seen to be believed - its practicality and Lyndie's artistic flair is evident everywhere you look and every day saw us finding a new delight to keep us entertained. The island is solar and wind powered with the hottest hot water in Australia and all cooking is done with gas. If you need to find Carl or Lyndie you use the island phone. I won't spoil the surprise, but if you go and have to use 'The phone', you will immediately see more of Lyndie's artistic flair!

This island has something for everybody but due to water restrictions can only cater for ten

people at one time and if you want a totally nude holiday you will need a group of ten to have the area for yourself. And, whilst the owners of this paradise are not nudists, they respect and support our lifestyle and constantly go out of their way to accommodate us. They went far beyond what is considered normal to make us feel welcome and always joined in our activities when they were able. If you decide to visit this island for a nude holiday please respect their right to wear clothes. This will ensure the island's availability for other nudists.

Carl and Lyndie's generosity, coupled with the area's beauty, cleanliness and total value for money make this the greatest value nude island getaway available. It just goes to show that you don't have to spend thousands of dollars to have a nude holiday on a tropical island, but remember, keep it a secret, we wouldn't want the word to get out.

The Adam & Eve Social Group members would like to thank Carl and Lyndie for a fantastic getaway. If you would like to book a holiday be quick because I can assure you, this will become a regular event with our group. You can visit Carl and Lyndie's web site on <http://www.svendsensbeach.com> Try them, you will not be disappointed.



Walking

Article and photos by Charles Macfarland

This is a story that began in the Dali Museum, continued in Xarcuteria La Pineda, and finished in a nightclub called Club Otto Zutz, all in Barcelona. It is a saga of two beautiful girls going naked in public.

The Dali Museum is a remarkable attraction for artists and travelers in the centre of Barcelona. It is located in the Palacio Pignatelli, a superb medieval palace surrounded by many other historic buildings, such as the cathedral, many other old mansions, and even sections of the Roman city walls.

Salvador Dali, of course, was one of Spain's most remarkable artists. He was one of the original surrealist painters, and lived a long, productive, and very flamboyant life (1904 – 1989).

The Dali Museum exhibits an excellent private collection of about 700 paintings, drawings, and sculptures by the artist, which are displayed along with many photographs of him. The collection is open to the public for a small entrance fee.

Going naked in public is a flamboyant aspect of naturism, and so it seemed appropriate to try out the Dali Museum in the nude. We found an

attractive young woman named Suzana who was happy to give it a go. It seems likely that Dali would have approved; indeed there are several photos of him in the museum with naked women.

Suzana walked around for about an hour, looking at the exhibits, one morning shortly after opening. There were several other visitors to the museum, and they noticed her with amused or bemused glances. No one seemed troubled by her nakedness.

We did this mainly for fun, but it also demonstrated something I've believed for some time, that the laws against public nudity are obsolete, because no one is offended nowadays by nakedness. There may be a few people who believe they ought to be offended, for religious or other reasons, but this is largely a pretense. Any real shock at seeing naked people has long since been drained away, since we all frequently see nudes in magazines, movies, and even television.

Suzana is kind of a flamboyant person herself, and she was game for going a step further. She walked out in front of the Dali Museum into the very public street.



Proud!

There were a few dozen people in the street at the time, and Suzana walked a fair way down the street before coming back. Once again, people were surprised, or pleased, or curious, but never offended.

Indeed, several people took photographs. This often happens when people go naked in public, as with the World Naked Bike Rides. The obvious question is, if people are supposed to be offended by nudity, why do so many of them take photos?

Suzana enjoyed going naked in public and was quite comfortable with it. She went naked in Xarcuteria La Pineda, which is a wonderful shop in the traditional style selling Catalan foods like ham ("xarcuteria" means a shop which sells chiefly pork products), toast with tomatoes, sangria, and wine. She even walked around in a crowded square with hundreds of people observing her, some of whom applauded.

When Suzana went off for her vacation, the torch fell to Shannon, who has appeared in many of my Synetech videos. Shannon has even more self-confidence than Suzana.

She started her adventures in the Dali Museum, where she was photographed by Jan Vels as well as me. Jan Vels has a website called www.nude-in-public.com, which has many remarkable photo shoots and videos. She also modeled for Jan Vels in La Pineda.

In the Plaza del Pi, near La Pineda, there is an artists' market every Saturday and Sunday. We found an artist who was happy to sketch Shannon, and she posed naked for him in the midst of hundreds of people. While the artist finished off the sketch, Shannon walked around the market naked to look at the works of art.

Shannon did several naked strolls in the main streets of Barcelona. Once again, people were startled or delighted, but never upset. Lots of people took her photo, and she always stopped and posed attractively for them.

Shannon found a clothing shop where she tried on several outfits. It was very convenient, not having to struggle out of her street clothes and into the new ones, cooped up in a tiny changing booth. She bought a

lovely dress for dancing, then took it off so the clerk could put in a bag for convenient carrying.

Shannon even suggested she do a walk where she crossed a busy street and kept on going 100 metres away, so no one would notice the video camera. She got a couple of interesting reactions but no strife.

The shots of Shannon going naked in public in Barcelona will soon appear in a Synetech video called "Walking Proud."

To me the ultimate of going naked in public is to do it in a nightclub, in the midst of crowds, with hundreds of people around, dancing happily with lots of people. This led us to the Club Otto Zutz.

Club Otto Zutz is a remarkable nightclub located at 15, Carrer Lincoln, an appropriate street name for a gesture of freedom. The club exists on two levels. Downstairs there is a large dancing area where current pop music is played.

Upstairs there are two dancing areas, one at each end. The dancing area in the back plays techno music, and the one in the front plays older music like from the 80's. The floor of the middle of the upstairs area has been removed, so you can look down on the dancers below, and there is a large chandelier in the middle, to complement the

many party lights throughout the club. The club has eight bars and lots of good music.

As usual with nightclubs nowadays, the action didn't start til around 11:00 pm, by which time there were perhaps 50 - 100 people in the club. Shannon entered naked except for her shoes, and not surprisingly, people backed off a bit and watched her dance for awhile from a distance. Before long, though, other men and women joined in and danced with her, with a little bit of urging from Shannon.

The night went very well. Shannon walked all around the club at various times and danced a lot. She had a drink at the bar. She had to keep her shoes on because of the fear of broken glass or rubbish on the floor, but then she found a small metal box about a metre wide and two long. She took off her shoes and danced on the box, high above the crowd where everyone could see her clearly.

All in all, Shannon was naked for about two hours in the club, time enough to dance in every area. By midnight the club was packed, so she had to kind of push through the crowds in order to move about, but no one minded. Since everybody's phone has a camera nowadays, lots of people took pictures. Shannon posed with lots of people for photos, and, as she had in the streets, always tried to assume a nice pose when

Left: Shannon was comfortable posing for photos
Below: Suzana in La Pineda





Left: Suzana in La Pineda
Below: Shannon in the Dali Museum



people photographed her alone.

Some naturists are uncertain about the value of going naked in public like this, but I feel it's a good thing. People suffer from what I call the heebie jeebies. They think if they go naked in public, people will laugh at them, or give them a hard time, or think bad of them.

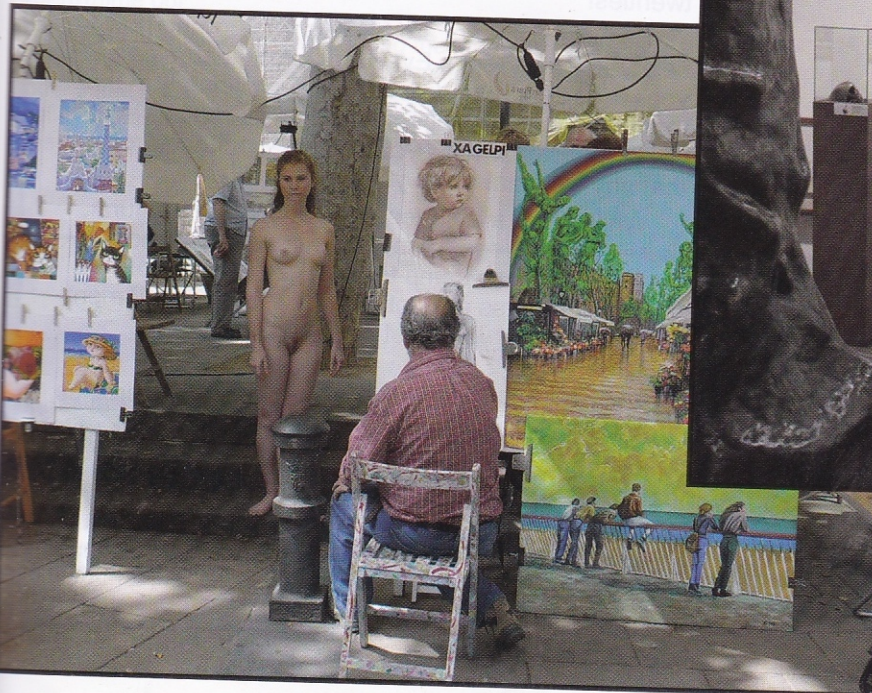
In fact, what always happens is that people enjoy the naked people and cheer them on. This happened in Club Otto Zutz, and it probably set people to thinking. Their preconceptions are surprisingly wrong. People can go naked nowadays without any repercussions, except of course from the repression of governments. It can only help people to be sympathetic to naturism.

Our thanks for the permission to shoot video in the three locations:

Dali Museum, 5 Carrer Arcs, Barrio Gotico
08002 Barcelona, www.dalibarcelona.com

Xarcuteria La Pineda, 16 Carrer del Pi,
Barcelona

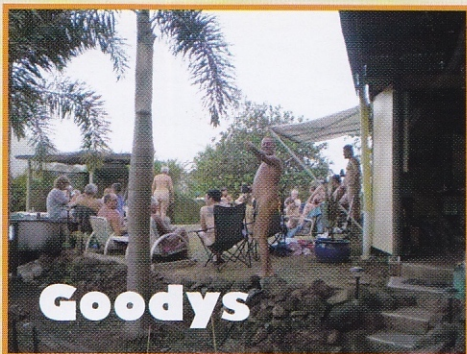
Club Otto Zutz, 15 Carrer de Lincoln, Barcelona,
CT 08006, www.ottozutz.es



Left: Shannon having her portrait done in Plaza del Pi.
Above: Shannon in the Dali Museum.

The Nude

Neighbourhood



Hi everyone,
Just a very quick one as we are running late as usual to get our article in. We have had a fantastic year so far, and really loved having all of our new and old guests

visiting, (this social life is hard work ha ha). We have even had time to get up to the Barrier Reef Sun Club's 20th Birthday celebrations and had a great time and was well looked after by all, especially Murry & Lillian, Thank you.

We have a few people here staying longer than normal (Lozzie & Greg) however it's been a great help especially as we have been busier than ever so thank you guys as well.

Al is getting ready for the wet season by concreting the top of our drive up to the pathway and a small path to the loo's. The pool is still hanging in so maybe that will wait until after Xmas we'll see! Al also hopes to get some colourbond roofing on the pergola and the shade area at

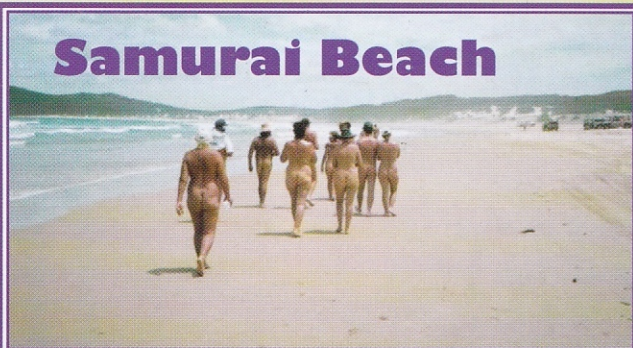
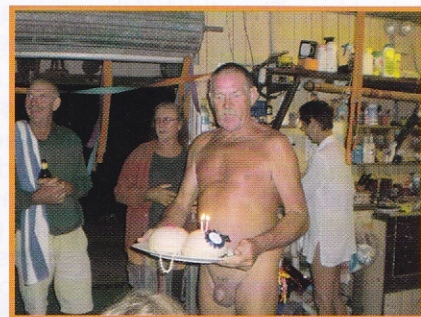
the bottom of the pool (so we can sit out in the rain). My orchids this year have been beautiful and have been photographed many times.

We had a wonderful celebration for Al's 60th Birthday and we were as packed as New Year, it was brilliant.

The subdivision is completed just waiting for the paper work, so it's on the market for anyone interested in a fantastic 8 acre block with lovely views and peace and quiet and relaxation.

We are around that time again for Xmas and New Year celebrations so don't leave it to the last minute to book, we are nearly full now! Dress theme this year is (Al's suggestion) come as your favourite personality eg sports, actors, singers etc. So give us a bell soon. Have a very happy and very safe New Year everyone, Cheers!

Regards
Allan & Sandy



As I write this, it is still winter. By the time you read it, the annual summer camp at Samurai will be starting.

Of course "winter" is a relative term and some unseasonably warm August days saw good numbers on the beach. Most of us sported some real winter pallor, so it was good to start getting the tan in shape for summer.

There were even a few campers before the end of August. There is no need to travel thousands of

kilometres to the tropics for some nude recreation: just head to Samurai and temperatures in the high twenties!

Samurai campers are famous for knowing how to celebrate New Year's Eve. A different theme each year sees everyone dressed up appropriately. Or is that undressed appropriately? The theme this year will be FORMAL. Use your imagination to interpret that any way that takes your fancy!

While there are no fees for camping at Samurai, there are some requirements. First and foremost is the need for each camp to have its own portable toilet. Wood fires are not allowed, so gas equipment is essential and you must dispose of your own rubbish.

New campers are always welcome at Samurai, so we hope you will come along, join in the fun and enjoy the World's only legally designated nude camping area at a legally designated nude beach!

See you then!

The Hunter Region is a vintage, a concert, a banquet, a festival An indulgence not to be missed

Throughout the year the Hunter Wine villages play host to a large variety of special interest events to satisfy your every mood for music, wine, food and good times.

On recent trips to Pokolbin we have enjoyed an afternoon Chablis watching Eric Clapton, a vintage Shiraz with Rod Stewart, a great Petersons Champagne listening to Carol King and just last week we spent the whole afternoon soaking up the sun and the atmosphere of "Jazz in the Vines" at Tyrrells Vineyard being entertained by James Morrison, The Ladies of Jazz (Christine Anu, Grace Knight, Paulini and Monica Trapaga) and Galapagos Duck.

To ensure that our trips to the Hunter are as carefree and relaxing as possible, we have often arranged for travel to and from **Le Chateau** by Limousine – it is not a big cost when shared among six or so revellers and it guarantees a fun day/night from start to finish.

Our Melbourne Cup function booked out before we could even get it onto the webpage. We had wins with the food, the wine and the weather, but no such luck with the nags!

Our first New Year's Eve party will be a theme night – "A touch French" ('Well, of course, with a name like Le Chateau, what else?) We will enjoy a poolside seafood buffet, a sip of French champagne and drift out of 2009 to the sounds of Edith Piaf (perhaps) – and maybe rock in to 2010 to something more upbeat.

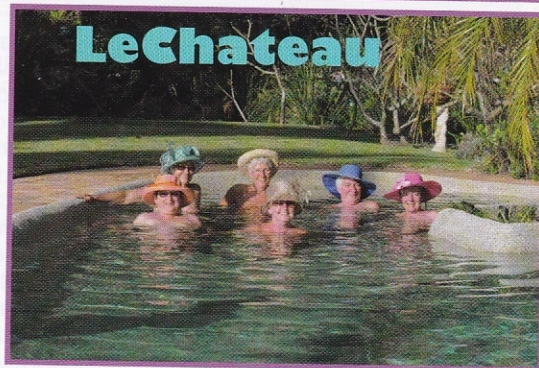
2010 will be a good year to be nude in Port Stephens. On Australia Day we are arranging a picnic lunch on Samurai Beach to be followed by an evening BBQ back

at **Le Chateau**. On February 6 the Samurai Beach Festival is on again – we will arrange transport for our guests to and from the beach.

Other things to look out for during the year are *Short break holidays over the Easter and ANZAC long-weekends *Gamefish week *Port Stephens Country Music Festival *PS Golf Classic *Jazz Wine & Food Festival - there's something for everybody!

We will co-ordinate your stay at Le Chateau to enable you to take full advantage of the many and varied opportunities.

Thank you to all those who have made contact to wish us well with **Le Chateau**. And a special cheerio to those who have already stayed here – it has been a pleasure to welcome you and we trust you have had an enjoyable time.



Pelican Point Nudist Resort



Because winter and early spring are a tad chilly for nakedness in the southern states, we take the opportunity for our r&r/time out.

During August we travelled along the Murray to VIC and NSW and stayed a few nights with friends. We also stayed in motels and cabins. We couldn't help but notice signs on the walls in relation to switching off airconditioners, lights, tv's, heaters etc. when not in attendance. It seems though that it's a

wide spread problem. It becomes very difficult to keep fees affordable under such conditions. Food for thought?

Now that we are a little more revitalised we've been able to attend to garden beds; relocating roses to a more suitable area and replacing some native plants that died over the harsh summer.

Water is now being returned into Lake Bonney as of 21st Sept to continue until December, by which time it should be almost at its usual level.

In October a group of us survivors from the (breast) cancer support group did a lap of honour at the Riverland relay for life event. \$73,000 was raised for the cancer council. Next year we hope to form our own team-the survivors team. If there's such an event in your area, maybe you too can participate.

We're looking forward to hearing from you @ PPNR where the best thing you can wear is a smile. The theme for New Years Eve party is "Adam & Eve". Cheers Yvonne and Rex Bakes (08) 8588 7366 preferably evenings.

ACT Nudist Club

Where
has
Spring

gone? After a fairly mild Winter we were looking forward to some warm sunny days to chase away the Winter chills and polish up our tans but we've yet to see any long term warm weather, hopefully this means it's just around the corner.

So what's new around the ACTNC? Our regular social calendar continues with at least one function a month combined with our fortnightly sauna social afternoons that often run on

well into the night. The new wood burning sauna is proving to be a great addition to our collection of recreational facilities.

We also wish to let touring nudists know that we have dropped the cost of site fees at the Club for long stay visitors, that's \$20 a night for the first 2 nights then \$15 per night after that. So all the grey nudist nomads that want to spend some time exploring Canberra and the surrounds just contact the club with details from our ad elsewhere in this publication.

We also want to remind any interested genuine nudists that we always welcome membership enquiries from couples, families and singles.



Kiata Country Club



Web: www.kiatacc.com Email: info@kiatacc.com

Kiata again hosted its now annual Nude Oktoberfest Open Weekend and again the weather was against us. But in true Kiatan style we partied on regardless. Over the two days we welcomed thirty nine visitors to the club and provided all our members and visitors with a hearty sausage sizzle lunch, afternoon tea and a warming spa, all accompanied by German music kindly provided by J and J Apline Music from the ACT Nudist Club. Saturday evening was however the focal event of the weekend with one hundred and thirty Kiatans and visitors celebrating Oktoberfest with our lovely "beer wenches" serving pre-dinner drinks followed by a delicious meal of schnitzels, roast pork,



sauerkraut and of course apple strudel to create an authentic German flavour. Our very own Klaus, seen in the photo obviously enjoying himself, provided oom pah pah and great party music for us to dance the night away. Yet another fun filled weekend at Kiata.

Pineforest



We've had a cool, quiet winter and now that spring is here, we're getting very wet! Our big news is that work starts tomorrow (19/10) on the new pool. Late last season, the a/g pool broke a leg, we had to shore it up to get through to winter, pull it apart and then set the wheels in motion, building a new in-ground pool. Designs were considered & then discarded, plans were drawn up, council DA was lodged and we waited.....and waited.... and waited! Finally consent came through, now it's a mad panic to get everything co-ordinated and have the pool ready for the warm weather. Hopefully, by the time you all read this, it will be operational.

It's much bigger than the old pool, also has a nice deep end, a walk-in beach at the other end, solar heating and a waterfall! We just have to plant a couple more money trees now! LOL Thanks to those brave souls that ventured down our way over the off season, looking forward to seeing you back again, plus those that have been holding off, waiting for the new pool! You won't be disappointed. We've also moved the old pool deck in one piece to the caravan area so first come gets a very civilized site now! Big enough to dance on!

Take care everyone, see you all soon

Adam & Eve Social group

Hi all, time for another update from the Adam & Eve Social Group. The cooler months are now a long forgotten thing, but before their demise our winter calendar hosted the mandatory 'Christmas in July' festival which was again hugely popular. I think next time we will have to find an even bigger venue to host the party due to the ever increasing number of patrons. Our last winter event was a wine labelling party where the club labelled and sold its own top shelf (yeah right) beverage, which we are sure will become a collector's item, or at least enjoyed by the connoisseurs involved.

When the warm weather hit several of our members got the travel bug. Some undertook a trip to the Birdsville Races, down the Birdsville Track and through to the Strzelecki Track, across to the Flinders Ranges and back to Brisbane,

enjoying nude camping everywhere it was possible. Another group of happy campers were invited to sample the delights of Svendsens Beach, enjoying a nude week on a tropical island and had an amazing holiday.

With the warmer months now upon us we have a busy social calendar ahead, and of course the organising has already started for next year's Alexandria Beach Carnival, to be held on the 14th March, 2010. If there are any organisations who are willing to sponsor an event or just donate to the running of the carnival please don't hesitate to contact us. We would also like to remind all people attending the carnival that the Adam & Eve Social Group runs this event on a not-for-profit basis, and if everybody could make a small donation on the day towards the huge cost of having the lifesavers it will help to ensure it can continue.



What a cool start to spring, the temperature colder than winter, with the exception of a couple of hot days. The good part is that we are getting some rain.

Attendance at our Strip into Spring dinner was not as

many as usual with only 11 people there. It was still a cosy enjoyable weekend – though raining and cold outside, the open and fire gas heaters certainly made it nude temperature inside. As some of us had not seen each other over winter, it was great to have a long chin wag about what had been happening, like holidaying in Queensland at Savannah Park. The number of people we met there that had visited Armands Beach was surprising. Ian & Thelma's camp oven cooking was a good as any masterchef's.

Our next Murrah Hall dinner is New Year's Eve Naked. This will be a BBQ night with bacon, sausages and eggs for breakfast. As usual it will be a stay-over in the hall as we don't drink and drive, do we? Visitors are always welcome, even encouraged to attend. It is advisable to bring your own swag to sleep on. All our Murrah Hall nights are family friendly so your kids are welcome, as are non-nudist partners. We supply all the food for the low cost of \$20 per person, kids under 12 are free.

February 13th 2010 is our Nudist Week Dinner at the Murrah Hall.

The last Saturday of each month is a beach picnic day at Armands Beach. Bring along a bite to eat and something

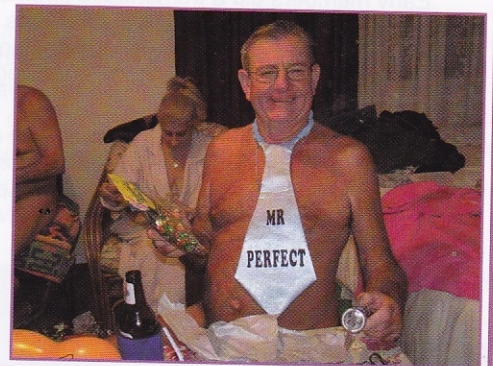
to drink and enjoy a casual game of petanque, frisbee throwing or whatever may be happening. Nothing strenuous, just fun with nothing on.

Sunday March 14th is our big day of the year – our Fun in the Sun Day at Armands Beach from 10am. This is becoming a major event on the nudist calendar and is a great day of fun with novelty events, a fun run/walk, fishing competition (beach fishing only) for young and old. It is always held on the same weekend as the now famous Bermagui Seaside Fair which makes for a great weekend at the seaside. Major sponsors will again be River Island Nature Retreat, Australian Sun & Health, as well as others.

Accommodation is very limited because of the large crowd that comes to Bermagui for the weekend, so if you are not caravanning or camping, book early. Some nudist friendly house accommodation is available close to the beach and right in the centre of Bermagui.

For further information visit our website at www.armands.org.au or email Ashley at ashley@armands.org.au or phone Errol on 02 6493 4108 (evenings best).

Wishing you all a happy festive season ... see you at Armands Beach.
Errol Masterson



Lake St Clair

Hasn't winter been lonnnng, or is it just me? Sun where are you? Fear not though, the warmer weather *is* coming, and it will be nice to get the gear off. We have had a few intrepid travellers come though, which was great! Gave me a chance to knock off early, relax in the sauna, have a quick dip in the pool and then hop straight in to the spa. Yeah I know it sounds like hard work, but I don't mind making the sacrifice...someone's got to do it! Mind you, it takes a bit of resolve to dive into the pool, now I know what the Scandinavians see in all that snow - sauna thing. The pool has not been that cold, running at about 19 degrees but after a hot sauna, OOH HELLO! But it's all worth it though. Wayne & Sharon stayed on after Easter to give us a hand with building the cabins. In amongst the rain and cold we

managed to get the timber floors down, walls up and roof on. Sharon tried to paint a mural on the wall around the barbeque / pizza oven area but despite our best efforts in trying to keep the wall dry, the weather beat us. The view from the cabins is fabulous. Monica and I quite often have morning and afternoon tea on the porch, which is well sheltered and catches any sun that winter throws our way. We are extremely grateful to Wayne and Sharon for trekking down from warm QLD to give us a hand. Alas, the cold finally got to them and they made a quick dash up the middle to get back to warmer climates. The cabins are well on the way though with still a bit to do, like painting, tiling, kitchen, etc. But they are on target to being complete by November.

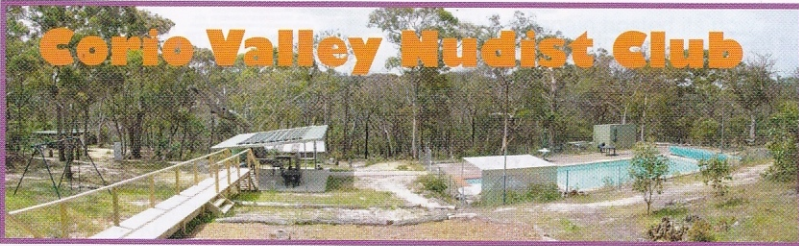
Hope to see you soon!

Glenreagh

Traditions dominated the October long weekend. The traditional "official start" for the sunworshippers. But first a fond farewell to winter with the rugby league grand final. Tradition - Parramatta, Tradition - Summer Storms. Enough said about that! But what better way to overcome the storm than a roaring fire and lots of warm friendly company in the "the shed" (another Aussie Tradition). Music, dancing, young and not so young, all enjoying a snag off the barbie, a refreshing thirst quencher, lots of fun and laughter.

C'mon Summer!!!

And for the New Year Celebrations a little mystique with a masquerade theme. How well do you really know your fellow nudist? Is all revealed behind the masks? Find out when we celebrate 2010.



Probably the best kept secret in the nudist world is not only that Corio Valley Nudist Club is alive and well, but also is meeting the challenges of a contemporary nudist club. Corio Valley Nudist Club was formed on 19th October 1962 and although it started with just five couples and three single men, the club progressed to where it purchased the present site of 56 acres on 19th July 1964.

In the glory days of the early 80's, Corio Valley Nudist Club boasted over 100 units with an enviable competitive and successful sporting prowess. As with most nudist clubs, the numbers dwindled in the 90's but now the club is enjoying a resurgence of interest.

Early members did a tremendous amount of work and most of the infrastructure is still in existence. With an active maintenance program and many updates and improvements in progress, or on the drawing board, the future looks exciting.

Infrastructure includes:- Clubhouse with recent extension and improvements with quotes for a kitchen upgrade have been requested, the sealed tennis court and mini-ten court have benefited from a recent clean up, the

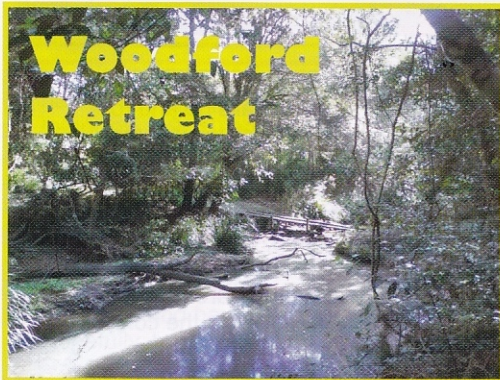
volleyball court is also undergoing improvement. It is interesting to note that the original volleyball court and swimming pool were dug using picks and shovels by the early members.

One of the outstanding features is the 12m solar heated salt water swimming pool with its adjacent toddlers pool with a shade area for supervisors. At the same level, and adjacent to the pool area, is an undercover, well-equipped BBQ and social area (great for outdoors parties). This area is connected to the clubhouse by a recently constructed boardwalk. Toilets and showers are excellent and have also benefited from a recent upgrade. Walking tracks are already in existence including a walk down the gorge to Sutherlands Creek (and an even greater challenge on the return trip). Members have a choice of powered or unpowered sites.

As the club, situated near Meredith in the Brisbane Ranges, is set in natural bush land, our fire plans have been reviewed by the local CFA.

During this winter we have made constructive use of our scheduled monthly working bees, along with our associated casserole nights, to bring the club to a very pleasing standard in anticipation of a wonderful relaxing summer. Mind you, Corio Valley Nudist Club turns 50 in 2012, and already appropriate plans are being discussed. Watch this space for more updates

For further information about the Corio Valley Nudist Club, have a look at the club web site at www.coriovalleynudistclub.com . Contact information is on the site.



The story thus far...Woodford Retreat is a small, boutique, area of between 10 - 12 acres, with town water and only 4 km from Woodford central, with good shopping, a Super IGA and very soon a Woolworths store.

At its heart is a section of what was transitional rainforest bush lined creek, then opening up to space for camping / caravan areas surrounded by yet again more trees, and more to come in the years ahead.

This is the first season for me, I'm Alan, your host, by the way. I had planned to have more facilities before opening the doors, so to speak, but all who had seen this area said do it now and let people use it as is, if they so wish. So this is an ongoing project for me, not a business venture (I work as a shopfitter and builder) just opening this beautiful area to others who, I hope, will enjoy it as I do.

All use is by donations, which are put back into other facilities and running costs. With a toilet, double shower (and the first of several) above ground

pool is in, limited powered sites available with more planned asap.

If you build it they will come, is the message I hear from people now using Woodford Retreat for the break from urban life, and the social aspect of relaxing with friends. No rules, regulations and plenty of space to be as private or as social as you wish. Patronage has been growing well with the onset of the warmer days and still cool nights for sitting around the campfire.

My thanks to all those who have helped me thus far, and into the future. You are the reason I endeavour to give the nudist community another haven for our lifestyle, without the hassle of excessive travel and backward Council / Government attitudes towards free beaches.

Contact details are ph 07- 54961988, mobile 0458-020927 or e-mail woodfordretreat@netspace.net.au.

Alan (Bush Bogan)

boBRENEs

Get-a-Way and enjoy the natural lifestyle at boBRENE's serene environment. Rest, relax and benefit from the myriad of recreational activities available, continue the fun around the open-fire at happy hour. Located half-way between Brisbane CBD and the Gold Coast and only 10 minutes drive from Tamborine Mountain's many tourist attractions.

Well the Dubbo Inland Nudist Group (DING) is going well & looking forward to the summer. We have changed our contact details to email: dingdubbo@yahoo.com or Ph Allen 0428249386

Twin Falls

Nudie power! There has been a flurry of activity in connecting the mains power to Twin Falls. This took somewhat longer (heaps) than planned due to that Murphy bloke arriving at inconvenient times! This rather considerable investment means you'll no longer hear the old generator (or anybody else!) - gennies are now banned from here) and you can really appreciate the atmosphere that is Twin Falls! It also means we can now get on with our program of updating some of our facilities - which has been held up awaiting the mains as well. Stay tuned! A side benefit is more of the track has been improved and additional widening / drainage is on the way.

Other improvements...

The Bed and Breakfast rooms now have their own bar-fridges and also the cabin now has a full size fridge.

October Long Weekend

Well, overall the weather was reasonable compared to the amount of rain they got down South! A big thanks to all our guests who stayed and put up with a bit of inclement weather. Anyway, Mr Drum heater and 2 bonfires meant you could find somewhere warm enough to strip off! A bit of differing coloured fluids also seemed to help! (In moderation of course)

If you haven't yet made the journey to Twin Falls - we look forward to meeting you soon! Please note: We are not clothing optional - unless it's cold!

Pacific Sun Friends

November 2009 Annual get-together. With the dismal weather forecast we were all a little concerned that there would be a problem with attendance. Thank goodness the majority chose to ignore the forecasts. Regulars, plus quite a few Newbies and a lot of the old regulars we hadn't seen for a while. Around 150 welcome guests in all and the large numbers always add to the atmosphere.

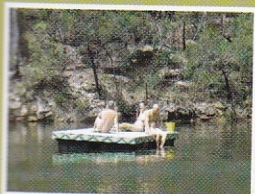
The weather turned out to be warm and sunny and there were regular good gatherings down by the newly renovated and restored riverside sandbank.

Friday night was a great start to the festivities and Karaoke Col excelled himself with yet another fantastic night with his brilliant selection of ever popular hits.

Make sure you book in for New Years Eve because Col will be back again and once you have heard him and danced to his music you will always be back for more.

The huge canopy attached to the clubhouse for all weather protection was more than adequate for the big crowd on Saturday night to dance on yet

again to the music of the six piece live band HI-WAY 1. Overall a great time was had by all and a great start to summer.



Kiata Country Club

Sydney's largest naturist club is inviting applications for family memberships. The club offers swimming, heated spa, tennis, pool table, bushwalking, regular functions and has on-site accommodation available.

All in a safe and secure environment.

The Club is located only 65kms from Sydney GPO by tar sealed roads.

Please phone (02) 4575 0310 and leave a message or email: info@kiata.com.au web: www.kiata.com.au



Xmas in July at TENRR

The morning was lovely with everybody cheerful and happy, hey it was Christmas day or should be! ho ho ho! A few joked that Santa hadn't come and Jean said if they were very good he would come after lunch.

After our inaugural party last year, this year was even bigger and better with a full house.

It all started about 11.30 am that's when the drinks and champers started.

The champers started early and soon everyone was feasting on pork, ham, chicken gravy, apple sauce, fruit cake and custard. Everybody supplied their own vegetables, and what was left over after lunch was eaten up later in the day.

Santa arrived on a red motorbike around 3pm with his

helper Jean leading him in on her little motorized scooter. There were presents for everyone and kisses and hugs for Santa. After Santa left and everyone was happy with gifts a few went back to their vans for cat naps while others got games of petanque and darts underway. It was a warm day and lots of people decided to have a swim and catch up with friends.

Those that left earlier arrived back later in the evening and we soon started partying and with the Juke Box playing the dance floor soon filled up.

TENRR 2009 Christmas in July was a great success. Sunday morning was a little quiet but most faces appeared sometime in the day although most were a little worse for wear.





Australian Nudist Federation

PO Box 4682 Lake Haven, NSW, 2263

email: anfvp@aus-nude.org.au

web: www.ausnude.org.au

Phone: 0429 452 700

Affiliated Organisations

ACT

ACT Nudist Club Inc

PO Box 242, Woden ACT 2606

Ph: (02) 6238 1512

email: info@actnc.org.au

www.actnc.org.au

Northern Territory

Top End Naturist Recreation Retreat

PO Box 63, Darwin River, NT 0841

Ph: (08) 8988 6185

email: tenrr@optusnet.com.au

<http://members.optusnet.com.au/tenrr>

New South Wales

Bare Tracks - Australia

PO Box 221, Minto Mall NSW 2566

email: baretracks@hotmail.com

www.baretracks.org

Coast And Valley Naturists

PO Box 4202, Lake Haven NSW 2263

Ph: 0418 962 140 (8.30am - 8.30pm)

email:

coastandvalleynaturists@yahoo.com

Kiata Country Club

PO Box 7227, Wilberforce NSW 2756

Ph: (02) 4575 0310

email: info@kiatacc.com

www.kiatacc.com

Naturi Sun & Health Club

PO Box 11, Berowra NSW 2081

Ph: (02) 4370 1129 (after 8pm)

Rosco Club Inc

PO Box 45, Toronto NSW 2283

Ph: (02) 4978 1235

mob: 0429 832 392

email: secretary@roscoclub.org

www.roscoclub.org

Sydney Sun and Social Club

PO Box 977, Glebe, NSW, 2037

Ph: 0414 906 739 (5pm - 9.30 pm)

email: secretary@sydneysun.asn.au

www.sydneysun.asn.au

Twin Falls Nature Retreat

Ellenborough NSW 2446

Ph: (02) 6587 4455

email: nude@twin-falls.com

www.twin-falls.com

Pineforest Retreat

PO Box 59, Huskisson NSW 2540

Ph: (02) 4443 6199

email: pineforest@shoalhaven.net.au

www.pineforest.com.au

Glenreagh

Glenreagh, NSW, 2450

Ph: (02) 6649 2066

email: glenreagh1@skymesh.com.au

www.glenreaghnaturists.com

Running Bare Retreat

PO Box 683, Narrabri NSW 2390

Ph: (02) 6793 2169

email: runbare@broadnet.com.au

www.running-bare.com.au

Sylvan Glade Naturist B&B

Bowraville NSW 2449

Ph (02) 6564 8849; 0428 517 829

email: sylvanglade@ozemail.com.au

www.sylvanglade.net.au

Wrenbrook Rural Naturist

Retreat

Ph: (02) 6666 1403;

email: wrenbrook@bluemaxx.com.au

Queensland

Adam & Eve Social Group Inc

Brisbane: GPO Box 1912, Qld 4001.

email: adamandeveclub@hotmail.com

www.aus-nude.org.au/anfpages/adameve.html

Aquarius Nature Retreat

PO Box 49, Browns Plains Qld 4118

email: c.a.robinson@optusnet.com.au

www.aus-nude.org.au/aquarius

Barrier Reef Sun Club Inc

PO Box 215, Smithfield Qld 4878

Ph: (07) 4085 0046

email: secretary@brsc.org.au

www.brsc.org.au

South East Community Sun Club

PO Box 3200, Browns Plains Qld 4118

Ph: 0415 834 807

email: info@sesunclub.org.au

www.sesunclub.org.au

Sunshine Families Nudist Resort

PO Box 98, Laidley Qld 4341

Ph/Fax: (07) 5465 6602

Elephant Rock... Naturally

2055 Lake Moogerah Rd, Moogerah Qld

4309 Ph: (07) 5463 5555;

email: elephantrock@optusnet.com.au

www.elephantrock-naturally.com.au

Eagles View Naturist Retreat

PO Box 7333, Toowoomba MC Qld 4352

Ph: (07) 4697 5182; F: (07) 4697 5192

email: hsschipper@bigpond.com

www.eagleviewretreat.com.au

Musavale Lodge

55 Musavale rd, Eerwah Vale, Qld. 4562

Ph: (07) 5442 8678 Mob: 0419 608 382

email: enquire@eumundibnb.com.au

www.eumundibnb.com.au

Goody's Retreat

PO Box 520, Sarina Qld 4737

Ph: (07) 4956 4742; 0419 408 968

email: goodysretreat@aol.com

www.goodysretreat.com

Murrigal Nature Retreat

PO Box 22, Tully Qld 4854

Ph: (07) 4066 5589 (after 7.00 pm)

email: murrigal@bigpond.com

Pacific Sun Friends

PO Box 678, Caboolture Qld 4510

Ph: (07) 5498 8333; 0427 988 330.

email:

jjbishop@pacificsunfriends.com.au

Sunlovers Retreat

Ph: (07) 4125 5040;

email: info@sunlovers.com.au

www.sunlovers.com.au

Savannah Park Nudist Resort

176 Cobrall Rd, Yeppoon Qld 4703

Ph: (07) 4925 0135

email: savannahpark@gmail.com

www.savannahpark.com.au

ExtraOrdinaryPeople

Ph: (07) 4789 2020;

email: xppl@optusnet.com.au

www.exppl.com

Kaikea Bed & Breakfast

PO Box 147, Clifton Beach Qld 4879

Ph: (07) 4059 0010; F: (07) 4059 0975

email: kaikea@dodo.com.au

www.kaikea.com

Robalwin

PO Box 848, Smithfield Qld 4878

Ph: (07) 4038 1314; M: 0418 197 576

email: bnb@robawin.com

www.robawin.com

boBrene Nature Retreat

Tambourine

Ph/Fax: (07) 5543 8348

email: boBrene@bobrene.com

www.bobrene.com

Garden of Edun

Ph: (07) 4125 8486;

email: n_smart53@hotmail.com

Cooroy Colony

Carters Ridge, QLD, 4563

Ph: 0400 495 379

email: bares@thecooroycolony.com

www.thecooroycolony.com

Taylorwood Naturist Resort

Conway Beach rd, Conway QLD 4800

Ph: (07) 4947 3366 Fax: (07) 4947 3377

email: info@taylorwoodresort.com

www.taylorwoodresort.com

South Australia

Southern United Naturists

PO Box 641, Brooklyn Park SA 5032

Ph: (08) 8182 6471

email: sunaturist@yahoo.com.au

www.southernunitednaturist.org.au

Sunland Holiday Village

PO Box 472, Robe SA 5276

Ph: (08) 8735 7280

email: sunland@activ8.net.au

www.sunlandholidayvillage.net.au

Tindo Nudist Club

GPO Box 92, Adelaide SA 5001

Ph: 0448 055 852

email: enquiries@tindo.com.au

www.tindo.com.au

Yulti Wirra Inc

PO Box 888, Prospect East SA 5082

Membership Secretary: (08) 8323 9039

email: pinson@picknowl.com.au

www.aus-nude.org.au/yulti.html

Pelican Point Nudist Resort

49 Morgan Rd. Baramera

Ph: (08) 8588 7366 (7 to 9 pm)

www.riverland.net.au/pelicanpoint/

or: www.sunandhealth.com.au/pelicanpoint.htm

Lake St Clair Nature Retreat

PO Box 513, Robe SA

Ph: (08) 8735 7115 Fax (08) 8735 7115

email: admin@lakesaintclair.com.au

www.lakesaintclair.com.au

Western Australia

Apollo Nudist Club

PO Box 103, Cloverdale WA 6985

Ph: 0423 068 364

email: secretary@apollonude.org.au

Phoenix Nudist Club

PO Box 2175, Warwick WA 6024

Ph: 0409 740 964. email:

secretary@phoenixnudistclub.com.au

www.phoenixnudistclub.com.au

Sunseekers Inc

PO Box 220, Midland WA 6936

Ph: (08) 9295 4346

email: sunseekersinc@bigpond.com

www.users.bigpond.com/sunseekersinc

Victoria

Corio Valley Nudist Club

PO Box 379, Geelong Vic 3220

Ph: (03) 5281 9213 (Club),

(03) 9363 4067 (P.R.O.)

email: osmart@optusnet.com.au

www.coriovalleynudistclub.com

Helios Society Ltd

PO Box 440, Dandenong Vic 3175

Ph/Fax: 0439 654 922

email: secretary@heliosnudist.org.au

www.heliosnudist.org.au

Metro East Association Inc

PO Box 3089, Wheelers Hill Vic 3150

Ph: 0407 558 301; email:

info@metroeastmelbourne.com

Northside Country Club

PO Box 158, Wandong Vic 3758

Ph: 0439 446 620

email: info@northsideclub.org.au

www.northsideclub.org.au

Sol

PO Box 49, Kinglake West Vic 3757

Ph: (03) 5786 5569

Solar West NLG Inc

PO Box 85, Hallam Vic 3803

Ph: 0421 285 005;

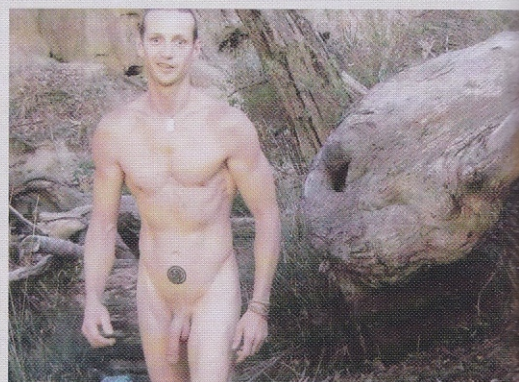
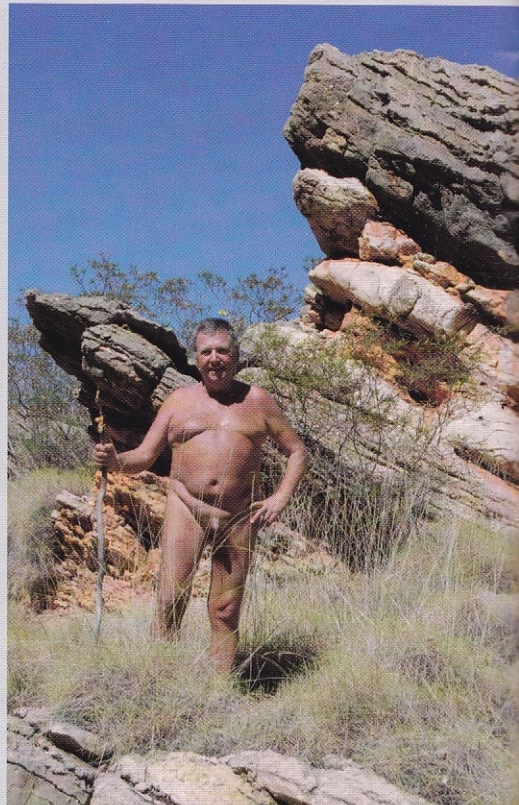
email: solarwest@optusnet.com.au

http://solarwest.org.au/

Jajarawong Naturist Retreat

439 Yando

No Tan Lines...



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Send in Hi-res digital pictures to contributions@ozsh.com.au

or snail mail original photos to :

P.O Box 720
Riverwood, 2210
NSW, Australia

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will be returned!**

