THE AMERICAN ASSOCIATION FOR NUDE RECREATION

The Bulletin

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The credible voice of reason for nude recreation since 1931.

Representative Mark Foley Resigns Following Allegations

By Erich E. Schuttauf, J.D.
AANR Executive Director

As this issue of *The Bulletin* was going to press, Congressional Rep. Mark Foley (Fla.) had tendered his resignation to House Speaker Dennis Hastert. The decision followed press accounts of alleged inappropriate e-mails and instant messages between Foley and House pages. The story received substantial coverage on ABC News.

Given Mr. Foley's past vocal criticisms of AANR's youth programs, many have already wondered aloud about how we feel about this recent news. On this point, I wish to be perfectly clear:

Three years ago, the Congressman read a brief newspaper account of our camps and took less than two hours to frame an inaccurate opinion of those camps. He then communicated that opinion as well as several significant untruths which were then erroneously repeated as "facts" in the media within the weeks that followed.

As the credible voice of reason for nude recreation, we will NOT make a similar mistake. Inaccuracies—about whomever they are voiced—can be very destructive things. We trust that legitimate information will emerge in this matter, but we recognize that speculation on our part is not going to make that happen.

Photo courtesy of Fred and Jo Anne Roessler.

Jo Anne Roessler, co-owner of Cedar Trails Retreat in Ohio, daughter Ann Skinner, and granddaughter Jennifer Sterwerf with her baby Aubree, give thanks for family and the nudist lifestyle.

Government Affairs Challenge Travels To Mira Vista Resort

❑ One lucky couple will receive a seven-night stay.

By Pete Williams
AANR Staff Writer

Ever since Mira Vista Resort reopened under new management in May, nudists have raved about the upscale, historic property near Tucson, Arizona.

Now, one lucky couple will have a chance to enjoy a seven-night stay at Mira Vista as part of the latest AANR fundraising effort for the government affairs program, which lobbies on behalf of nude recreation and defends it from those looking to pass anti-nudity legislation.

For each $5 donated to the government affairs challenge, entrants will receive one chance to win this memorable vacation. The drawing will be held March 27, 2007, at the AANR office.

The 30-acre Mira Vista property was most recently known as the Coyote Moon Resort & Spa and featured a clothing-optional pool. That made the transition to complete nudist status a simple one, especially since the new owners are veteran nudist club owners: Dave and Helen Landman of DeAnza Springs, Wayne and Suzanne Schell of Laguna del Sol, and Joe and Becky Lettelleir, owners of Paradise Lakes and Paradise Valley.

The winner of the government affairs challenge will receive a room for two for seven nights. Grounds fees will b and they'll also receive one com dinner for two at the resort's Transportation to and from the re included, and some holiday and peak exclusions apply. The prize has a value in excess of $1,500.

"All of us involved in Mira Vista have benefited from AANR's government affairs efforts for years, and we're thrilled to be part of the latest challenge," said Joe Lettelleir. "One lucky couple is in for a real treat."

Unlike many older, available properties, Mira Vista already was a turnkey, upscale resort in pristine condition when the AANR industry veterans purchased it just four months after

See "Challenge" on Page 5.

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VOL. 55, NO. 11, November 2006

"Serving Family Social Nudism Since 1931"

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THE BULLETIN (ISSN 2798158) is published monthly by the American Association for Nude Recreation, 1703 N. Main St., Kissimmee, FL 34744-3396. Subscription available with membership. Periodicals postage paid at Kissimmee, Florida, and additional mailing offices.

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POSTMASTER: Send address changes to *THE BULLETIN*, 1703 N. Main St., Kissimmee, FL 34744-3396: 800/879-6833, 407/933-2064, FAX: 407/933-7577.

The Association's e-mail address is: try-nude@aanr.com. Visit AANR's Web site at www.aanr.com.

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President's Podium

John Kinman
AANR President
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A couple of months ago I wrote about how much nude recreation has changed during my 50 years of experience. We have progressed from hiding in the woods in small clubs and using nicknames to meeting face to face in public forums with elected officials and community leaders. Political candidates approach our membership for support. Some even join us in government affairs training sessions and instruct us on how to interact with our elected representatives.

This change is not by accident. Several years ago, the AANR Board of Trustees made a bold move to hire an outside public relations firm. The cost was significant but it paid great dividends. We began to see articles in major publications portraying nude recreation in a positive light. Sometimes the articles mentioned AANR and included our phone number or Web site, but often they didn't. We have tweaked the approach and have changed PR firms, but continue on a plan to educate the public on what we are all about.

AANR and its regions also hired lobbyists to support our government affairs teams, interacting with local, state, and federal officials to promote nude recreation as a legitimate recreational choice.

> *"We have tweaked the approach and . . . continue on a plan to educate the public on what we are all about."*

AANR's efforts were complemented by community outreach programs of many of our clubs. Volunteer fire departments received financial support. Non-nudist high school students received scholarship assistance from clubs in their community. Beach, river, and road clean-ups became a combination of volunteers from nudist clubs and other non-profit organizations. Our members became speakers at meetings of local Lions, Rotary, and city clubs. And, our members contributed to charitable organizations in the name of their club or AANR.

The result of these efforts can be exemplified by some impressive observations. Detailed information as to the name of the polling group is available at the AANR office if you want more documentation:

The AANR Web site receives over 150,000 unique visitors during peak summer months.

When asked "in general whether you practice nude recreation or not, do you feel that individuals have the right to enjoy nude recreation in a designated area such as a clothing optional resort or a nude beach?" 82.6% overall said "yes."

A study noted that 18.8% of those surveyed had "ever skinny-dipped in mixed company." Is that about fifty million Americans?

A *Forbes* article in 2003 notes that the nudist industry had grown to over $400 million per year, up from $200 million in 1992.

> *". . . it is exciting to see the fruits of our labor in the form of a change in public opinion."*

A survey in 2005 reported that 14% of respondents said that "A resort that offers a nude recreation experience" would be an "extremely/very desirable travel experience." This matched golf, also at 14%, and greatly exceeded tennis at 9%.

A "Dear Abby" article, reprinted in this issue, has Abby almost reading from our mission statement. We could not ask for a better advocacy for family nude recreation in appropriate settings.

Through public relations and government affairs committees, AANR, its regions, and several clubs have funded and manned booths in a large number of trade shows. Volunteers report a very positive response with only a small number of people expressing negative feelings. At one show, state park administrators approached the staff and asked for AANR's help in reestablishing a nudist beach at a state park. A plaque at that beach now mentions AANR's sponsorship.

In her September speech at the Recreation Exchange luncheon, Fran Mainella, the outgoing director of the National Park Service, recognized AANR as one of the sponsors who makes the exchange possible. AANR has, indeed, become a mainstream partner with other recreation groups in communicating with governmental agencies.

Your membership dues have helped to bring about this significant change. We still have a lot to do, but it is exciting to see the fruits of our labor in the form of a change in public opinion. We are no longer hiding in the woods.

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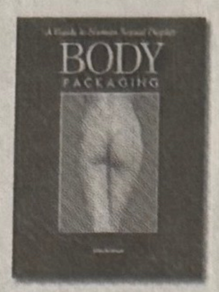

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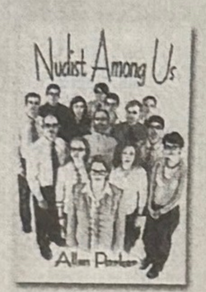

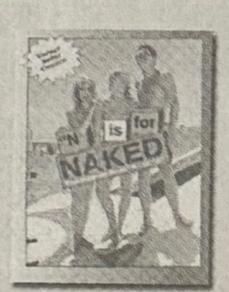

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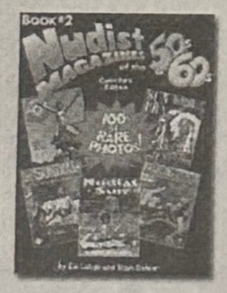

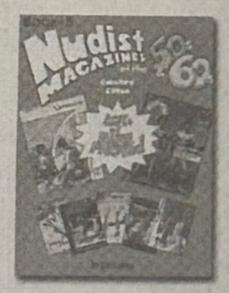

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Dear Abby:

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Would it be wrong for us to go to a nude beach or resort?

Wondering Wife in Pennsylvania

Dear Wondering:

I recommend you consider your husband's suggestions one at a time, and see how comfortable you are with each one.

There is nothing sinful about going to a nude beach with one's husband. When you do, you will see entire families and people of every age enjoying themselves—all looking remarkably similar, and none of them leering at anyone else. Should you run into people you know, I can't imagine anyone gossiping about it, since they would have to explain how they happened to see you.

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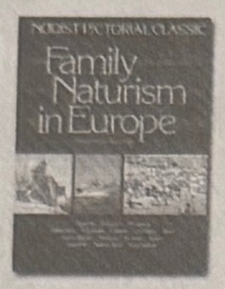

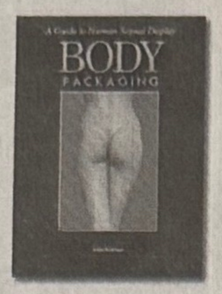

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Challenge

Continued from Cover.

Dave Landman discovered the property.

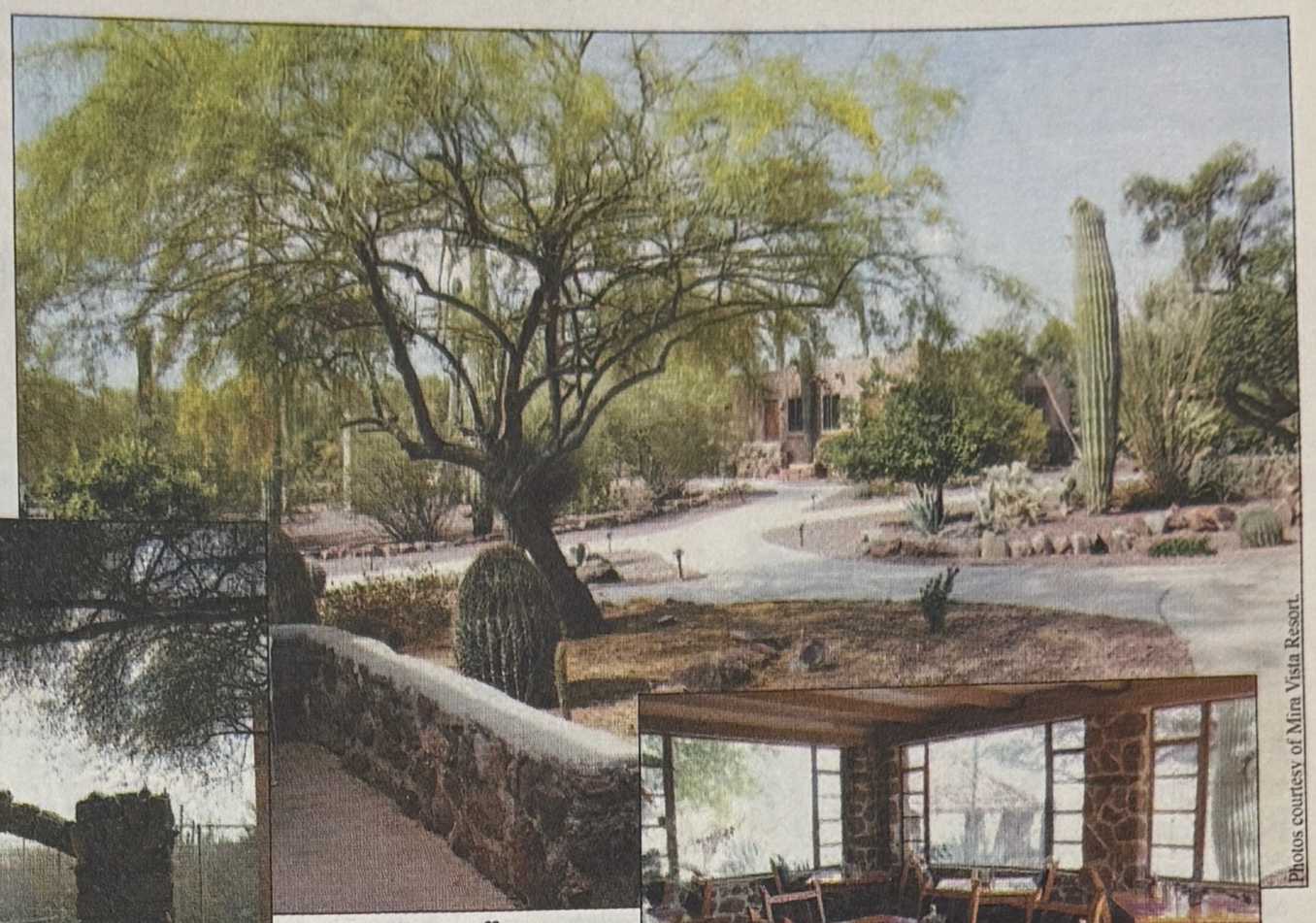
Mira Vista features 14 guest suites—mostly two rooms apiece—a lounge, a deluxe wellness center with a yoga and Pilates studio, a pool and a whirlpool spa, tennis courts, and the facade of an 1800s "Wild West town" on the property. The restaurant at Mira Vista has brought rave reviews for the gourmet meals created by Chef Gerard. Its signature feature, of course, is the saguaro cactus-filled grounds and desert vistas.

The resort is located just outside the city limits of Tucson and 22 miles from Tucson airport.

The purchase of the property could not have come at a better time. With the closing of the nearby Jardin del Sol nudist resort last year, Shangri La Ranch, located north of Phoenix, was the only remaining landed club in Arizona. Now the state, which is an ideal location for nude recreation, again has two landed AANR clubs.

Few AANR resorts anywhere can boast of a more colorful history. Mira Vista has undergone numerous incarnations since it opened in 1852 as a stagecoach stop on the Butterfield Line, a mail delivery/passenger line running from St. Louis to San Francisco.

Plush furnishings throughout the resort.



Mira Vista Resort offers breathtaking landscape and inspiring views.

Photos courtesy of Mira Vista Resort.

> *"All of us involved in Mira Vista have benefited from AANR's government affairs efforts for years . . ."*

During the first half of the 20th century, the heyday of the modern dude ranch and the glory days of the Hollywood western, numerous movies were filmed at nearby Universal Studios-Tucson. Many celebrities visited the ranch to unwind after a day on the set, a storied list that includes John Wayne, Greta Garbo, Cary Grant, and Katharine Hepburn. Twelve of the original suites built at the time still stand and have been updated for Mira Vista's guests.

In the 1980s, actress-turned-wellness guru Suzanne Somers used the property as a shelter for abused women and children. A plaque with her name is at the entrance of the resort's future spa building, part of several planned upgrades that include a section of condominiums.

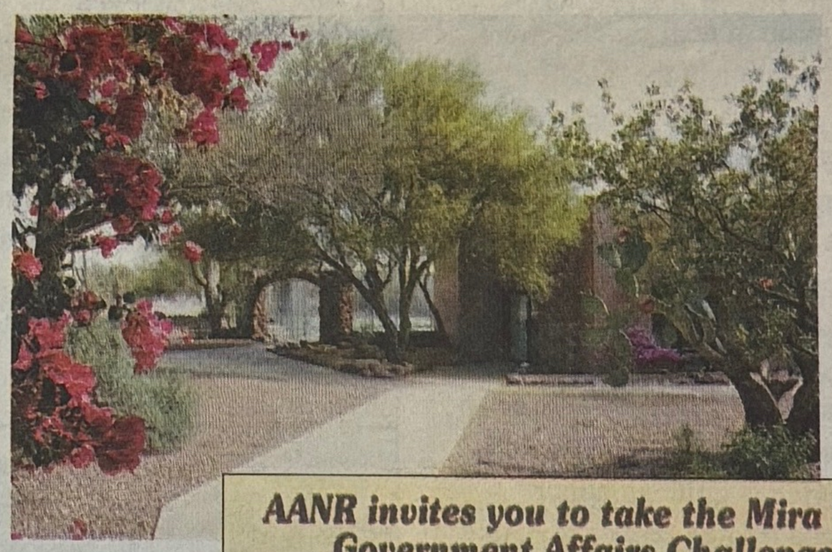
The one constant through the years has been the resort's breathtaking landscape and inspiring views. Sunsets light up the Santa Catalina Mountains, providing a spectacular show.

"When you're talking setting, amenities, and relaxation in a clothing-optional environment, Mira Vista really is the complete package," Lettelleir says.

For more information on Mira Vista Resort, visit www.miravistaresort.com.

AANR invites you to take the Mira Vista Challenge!

Breathtaking landscapes, inspiring views, and sunsets that light up the Santa Catalina Mountains—these are just some of the reasons to visit Mira Vista Resort. The 30-acre upscale property with an historic past is the latest stop on the AANR list of Challenges. Valued at over $1,500 for the week's stay being donated, make sure to get your entry in.



Have Your Rights Ever Been Challenged?
Have You Ever Needed Help?

What if there wasn't anyone who cared about your right to go nude? Thanks to the AANR Legal Defense Fund there is someone on your side, watching out for your right to be nude in appropriate places. By participating in the AANR challenges you're helping to support nudist rights.

This is one of the most important benefits AANR members have. You many not be able to see it, but you know it's there working for you, helping to defend against new and pending legislation that threatens your right to enjoy family social nude recreation. AANR is the credible voice of reason for nude recreation since 1931.

Each entry is $5, and you can enter as many times as you wish. Send yours in today. There is no limit to how many times you can enter. Each entry will improve your chance of winning. Mira Vista Challenge entries must be received in the AANR office by March 20, 2007. The drawing will be held on March 27, 2007.

aanr

Employees of AANR not eligible.

AANR invites you to take the Mira Vista Government Affairs Challenge!

You could be the lucky winner of a week's stay for two.

Enclosed is my check for $_____ to the AANR Government Affairs Program. (Discover, MasterCard, and Visa entries also accepted, call 800/TRY-NUDE). Please enter my name for the Mira Vista Government Affairs Challenge. Entries must be received by March 20, 2007. Drawing will be held March 27, 2007.

Name: _____

Member Number: _____

Daytime Phone Number: _____

Address: _____

City/State/Zip: _____

Method of Payment (U.S. Funds Only)

___Check/Money Order ___Discover ___MC ___Visa

Credit Card #_____ Exp. Date _____

3 digit code (from back of card) _____

Signature: _____

☐ I give my permission to use my name in *The Bulletin* if I am chosen as the winner of the giveaway.

Mail your donation:

AANR, 1703 N. Main Street, Kissimmee, FL 34744-3396, phone 800/TRY-NUDE for Discover, MasterCard, or Visa entries.

Nudist Profiles

The Best

By Pete Williams

JIM COSSINS AWARD:
Bob Erlenmeyer

Throughout his 31-year involvement with AANR, Bob Erlenmeyer has worked tirelessly on the public relations front to promote nude recreation. Until moving to Florida in 1998 with his wife Julie—a past AANR president —he was a lifelong resident of Cleveland, where he served the Midwest Sunbathing Association, now named AANR Midwest.

So it came as little surprise—at least to everyone but Erlenmeyer—when he received the Jim Cossins Award during the AANR Convention in August.

Cossins, who died in 1971, served as a trustee for the Midwest Sunbathing Association (MSA) and was known for his work on behalf of nudism. The award, given at the discretion of the AANR president, was created to honor those who carry out his legacy of service.

"When someone called to tell me, I thought it was someone from the Midwest playing a joke on me," says Erlenmeyer, 65, who lives in Lake Alfred, Florida. "It really made me feel great. To spend 31 years in this organization and to have my name on an award that has been given to so many well-deserving people is quite an honor."

Erlenmeyer's lengthy service to AANR includes three terms as MSA president, along with stints as a regional director and AANR trustee. He recently completed a three-year stint as a FANR trustee.

During his time with the MSA, he helped keep the region together when some board members were considering splitting from AANR. He also helped create the MSA scholarship program, which awards a pair of $1,000 scholarships each year.

"Our youth is the most important part of our organization and I'm proud that we have the scholarship program in place for them," Erlenmeyer says.

Erlenmeyer's career includes stints in the Navy, in sales, and driving trucks. He discovered nude recreation in his early 30s after convincing wife Julie to visit Green Valley, the Ohio nudist club. Several days after returning, he began experiencing aches and soreness.

"The doctor told me it was my body's reaction to relaxing for the first time in my life," he says. "I used to run on stress and nervous energy, and nudism has allowed me to relax."

The Erlenmeyers later founded the Northcoast Naturists, the Cleveland-area travel club. Their family includes three grown daughters, along with eight grandchildren and a growing list of great-grandchildren. Bob, who has survived two heart attacks, also has an extended nudist family.

"I've been very touched by all the get-well cards and e-mails I've received from nudist friends around the country," he says.

As an AANR leader, club founder, and veteran nudist, Erlenmeyer has introduced many to the joys of nude recreation. He's most proud of his work on the public relations front, working AANR booths at trade shows and explaining nude recreation to the public.

"That's very rewarding, explaining our lifestyle to people so they think more positively about us. They might conclude that, 'Hey that's great for you, not my thing,' and that's okay. As long as they come away thinking better about us than they did previously. That's what I like more than anything else."

FAMILY OF THE YEAR:
Judy and Glyn Grisham

Judy and Glyn Grisham, whose years of dedicated service to AANR and FANR have earned them numerous awards, will have to make more space on their mantel after winning the Family of the Year award at the AANR Convention in August.

"We've done a lot of work over the years, but it's always been a labor of love," says Glyn, a former president of the Florida Association for Nude Recreation (FANR). "I was surprised when I heard we won it. Many people are deserving of the award."

The Grishams are perhaps best known for their pioneering work with AANR's youth programs. Judy has long been active in the youth camps which originated with FANR more than a decade ago. Soon after Glyn became FANR president in 1999, he appointed his wife to become the FANR youth chair in charge of the JFANR event.

Judy successfully helped pitch the program at the AANR Convention in 2000 and was involved with expanding the camps to three other AANR regions. Recognizing that kids wanted more than just arts, crafts, and games, she broadened the focus of the event to include workshops and seminars on leadership.

The Grishams have long understood the benefits of volunteering. With a combined eight children from previous marriages, along with 15 grandchildren, they've served as scout leaders, church youth group organizers, field trip chaperones, arts and crafts directors, concession stand workers, and muscular dystrophy volunteers.

The couple met in 1986 during a Midwest Sunbathing Association Convention at Rock Haven Lodge in Tennessee, where Judy was living while finishing nursing school. Glyn was visiting from Orlando.

These days, the Grishams make their home in Fort Myers, Florida, though they're often traveling. They've been members of 10 AANR clubs, including Sunsations in Fort Myers, a club they helped establish.

Judy, 56, has worked as a traveling nurse, accepting temporary assignments throughout the country, and is working on a master's degree in nursing via a long-distance program at Vanderbilt University. Glyn, 61, stays busy with a mix of vocations that include work in massage therapy, hypnotherapy, and home restoration.

"I like to refer to myself as a retired FANR politician," he says.

Like many residents of southwest Florida, the Grishams endured the wrath of Hurricane Charley in 2004. Though their home suffered relatively little damage, other Sunsations members lost everything.

"That's when we saw the nudist community at its best," Judy says. "Everyone came together to help and it reminded us once again what a huge family we have, always caring for one another."

The Grishams' other awards include Judy's FANR Woman of the Year Award (2000), Glyn's FANR Man of the Year (2001), and FANR Family of the Year (2003). Judy received the AANR Woman of the Year Award in 2001, and the couple won service awards from AANR East for their assistance in helping the region start their own youth camp. In 2003, the couple received the Presidential Honorary Life Member Award.

"It's such an honor to be recognized by our peers," says Judy, who remains the AANR Youth Chair. "To know that the hard work we do is appreciated is very flattering."

WOMAN OF THE YEAR:
Patty Faber

Patty Faber, the ever-friendly office manager of Shangri La Ranch and an AANR trustee representing AANR West since 2002, received AANR's Woman of the Year award during the AANR Convention in August.

"I won because nobody else was there to receive the award," Faber joked. "Obviously, it's a big honor and I'm very proud."

Faber, 46, has been actively involved in nude recreation since her parents, Horst and Gigi Kraus, purchased the nudist resort in New River, just north of Phoenix, in 1996. The following year, Faber followed her parents west from Chicago, along with her husband, Don, and their three children.

Though raised by parents who grew up in Germany, Faber did not have a traditional nudist upbringing. There were no visits to resorts or beaches in the United States, though nudity was commonplace at home.

Still, Faber remembers being downright shocked as an eight-year-old the first time she visited a nude beach in Germany. "I was totally aghast the first time they took us to a beach and there were all of these naked people."

At Shangri La, Faber oversees a true family business. Besides her parents, her sister now is part of the operation, and Patty's husband Don is the jack-of-all-trades. All three of their teenage children—two girls and a boy—work at the resort in various capacities.

Faber worked in banking and retail management before the birth of her kids,

later serving as a Girl Scout troop leader. Those skills, along with her outgoing personality, made her a natural fit to spearhead the development of AANR youth camps in the Western region.

An AANR West director from 1999 to 2002 when the region was known as the WSA, Faber attended youth camps in Florida in 2000 and 2001 and organized the first AANR West camp in 2002.

"That's definitely what I'm most proud of in terms of my involvement with nudism," she says. "We've had them now at four different locations and we always get a tremendous response."

When the Kraus/Faber family took over *Shangri La, the club had undergone several ownership changes and was in a state of* disrepair, with sagging membership. The club has blossomed in the last decade, with several additions and increased membership that has mirrored the meteoric growth of greater Phoenix.

The Fabers live in a non-nudist community adjacent to Shangri La. "It's easier for the kids to have friends over," Faber says.

Not that the family hides their involvement in nude recreation. In fact, as the mother of three teenagers raised in a nudist environment, Faber often is approached by nudist and non-nudist parents for advice.

"I think my kids are more well-adjusted from being raised in a nudist environment," she says. "They've seen it all — every body type, people who are ill. They've grown up with more self-esteem, realizing that everyone is okay. It's what's on the inside that matters. They don't judge by outside appearances because they've been raised that it doesn't matter."

Non-nudist parents, upon learning of Faber's involvement at Shangri La, sometimes say, "I never thought you were one of 'those' people."

"I've often wondered what 'those' types of people are supposed to be like," Faber says. "I just try and do my best to educate people about what we're really about, that we do everything they like to do, just without clothes."

MAN OF THE YEAR:
Bob Roche

Bob Roche, the gregarious owner of White Tail Park in southeastern Virginia, was a natural choice for the AANR Man of the Year award.

Roche, 56, has held an elected position with AANR or AANR East for all but three of the last 21 years since he opened White Tail Park, one of the great success stories in the nudist industry. He served four years as president of AANR East and has held various trustee, vice president, and board member positions.

Still, he says he was stunned to win the award at the AANR Convention in August, which he was unable to attend.

"It was a total surprise when one of our members brought it back from convention," Roche said. "I had no idea and it made me very proud."

To look today at White Tail Park, the sprawling, 45-acre, year-round nudist oasis in Ivor, Virginia, it's hard to believe it was a hunk of raw land when Roche and two partners purchased it in 1984. Though convenient to Virginia Beach, Norfolk, Colonial Williamsburg, and the growing Hampton Roads area, the area around White Tail Park has remained virtually untouched because of anti-development sentiment in Southampton County.

Inside the park, there has been plenty of progress. In the last decade, Roche has added a 10,000-square-foot recreational building, an indoor pool, store, sauna, hot tub—even a non-denominational church and a firehouse complete with a fully-operational engine.

Roche, a former Navy aircraft mechanic, has built every addition himself with a small crew of one or two helpers. Even as the club has grown in size and facilities, it has remained family-oriented. Roche often puts issues to vote among club members and has found simple solutions to two of AANR's most contentious issues: singles and the clothes-free vs. clothing-optional debate.

White Tail Park always has been singles friendly, to the point where Roche has resisted holding singles-related events. As the club grew, he thought he'd have to follow the lead of many larger AANR clubs and become clothing-optional. When he put the issue to a vote, more than 85 percent of members wished to remain clothes-free.

Still in the works is a planned $2 million expansion that will include up to 48 motel units. Roche is just waiting on the county to acquire the grants to build the infrastructure for a sewage treatment facility.

A widower with three children and five grandchildren, Roche's estate planning provides for the transfer of White Tail Park to its members, thus preserving its nudist status long after he's gone. That's especially important in Virginia, a state that has been less than receptive to nude recreation in recent years.

"I still think it's possible we could have another club in Virginia," Roche says.

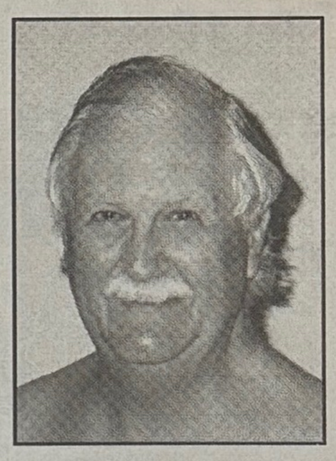
Roche, who bought out his two partners years ago, says he's most proud of the fact that he built White Tail Park with just an initial investment of $6,500, his own sweat, and handyman skills he learned mostly by reading books.

"Who knows what I could have done if I'd had more money?" he jokes.

Roche has won several large lottery prizes, including a $100,000 jackpot in 1999 that helped fund some of White Tail's expansion.

"I'm overdue to win again," Roche jokes. "I feel another win coming on by the end of the year."

HALL OF FAME:
Turner Stokes



Turner Stokes, a former AANR president who has worked tirelessly on the government affairs front on behalf of nude recreation for nearly 25 years, was named to the AANR Hall of Fame during the AANR Convention in August.

"It's very gratifying," says Stokes, 78, who served as president of AANR from 1986-88 when the organization still was known as the American Sunbathing Association (ASA). "I'm very proud to be on the same list with people like Jim Hadley, Lee Baxandall, Bob Page, and Jack DePree."

A lifelong resident of the Washington, D.C., area who worked as an electronic test engineer until his retirement in 1992, Stokes became involved with government affairs in 1982. That year, the nude status of the beach at Assateague National Seashore, a barrier island just south of Ocean City, Maryland, became an issue, and Stokes began meeting with officials from the National Park Service.

Thus began a long tenure in AANR government affairs. Over the years, Stokes has met with numerous federal officials in an effort to head off anti-nudity legislation and has represented AANR at countless trade shows.

Stokes became president of the ASA almost by accident. After completing an unfinished, two-year term on the board of directors of the Eastern Sunbathing Association (now AANR East), he was sitting at the kitchen table with wife LaVerne when she asked what he was going to do next.

"I think I'll be ASA president," he said.

After running successfully for the position, he convinced the organization of the pressing need to be active in Washington, and throughout the country via the government affairs team and through professional lobbyists. He's sometimes referred to as the "Father of AANR Government Affairs," though he says the title belongs to Hadley, the late co-founder of Cypress Cove.

For all of his accomplishments on the government affairs front, Stokes says he's most proud of convincing nudists to use their full names publicly. As ASA president, he cited the stylebook of The Associated Press and implemented a new policy that only full names would be used in *The Bulletin*.

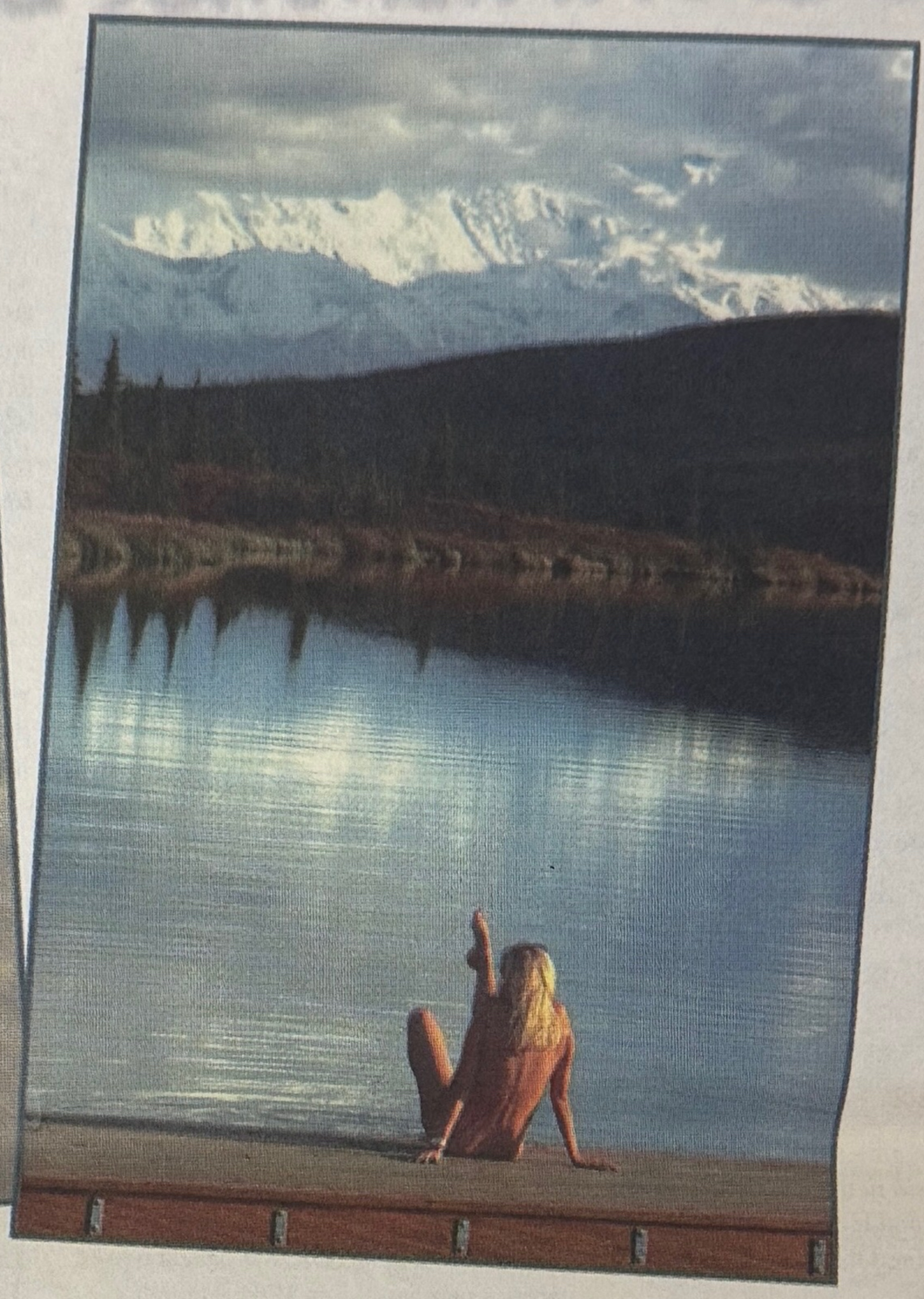
"We used to say 'Bob S. and Judy T. of such-and-such club' and I decided we weren't going to do it anymore," Stokes said. "If we're going to do all this public relations work, we can't be closet nudists. Some people have good reasons because of employment or families, but there's too much staying in the closet."

Turner and LaVerne, who died in 2001, were public advocates of nudism in the nation's capital. The couple's first foray into nudism came in 1978 with a visit to Pen-Mar Club near the border of Maryland and Pennsylvania. Stokes became treasurer of Pen-Mar, and in the early 1980s the couple co-founded two nonlanded clubs in the Washington area: the National Capital Sun Club and National Capital Naturists.

"LaVerne was a huge part of everything I did in nudism," Stokes says.

Rumors of Stokes' retirement from the government affairs front aren't entirely accurate. "I'm still available for special things," he says. "I want to hang in there and help out where I can."

WINTER IN THE CARIBBEAN & SUMMER IN ALASKA



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Government Affairs

AANR GAT Makes Major Strides

By Alonzo Stevens
AANR Government Affairs Chair
Alonzo_stevens@mindspring.com

Your Government Affairs Team (GAT) has done an excellent job in 2006. I am very proud to lead this diverse team of dedicated volunteers; we have all learned a lot along the way. Each member has stepped up their contributions by making significant achievements in their prospective regions. Many regions have taken a noteworthy role in training their volunteers in government affairs and community awareness. Other regions focused to keep advocating for skinny-dipping and nude recreation on public lands. Every region continues to build their volunteer rosters of AANR members who want to take a more active role in supporting AANR's mission to advocate nudity and nude recreation in appropriate settings, and educate and inform society of the value and enjoyment of such.

> *"Volunteers make the difference."*

Government affairs has made huge strides in partnering with our public and legislative officials in Washington, D.C., and within our own state and province government bodies. Some of these partnerships have become surprisingly successful. There are many legislators who have been openly supportive of nude recreation. These relations are built after years of educating and seeking out like-minded officials. AANR is forging ahead as the trusted and respected credible voice of reason when the subject of nude recreation surfaces within the halls of our government buildings. How phenomenal is it that other lawmakers search out those lawmakers that understand our movement when faced with a bill that could affect our choice of recreation.

Your Government Affairs Team thanks our AANR members for your ongoing support; your membership dollars, your contributions to the Government Affairs Legal Defense Fund by purchasing auction items, raffle tickets, and participating in numerous other GAT fundraisers make it possible. Thank you for your volunteer time. Thank you for the donations on behalf of your clubs, organizations, and Community Awareness Teams (CATs). Every cent helps us achieve the purpose of this fund, which is to financially support GAT.

An increasing number of clubs and CAT organizations have been contributing $50-$500 a year to the GA legal fund. These folks would like to make you a challenge! If every club would have a small fundraiser on behalf of GAT, and each club raised $500 a year… times 270 clubs… that's $135,000 a year we could use to maybe provide training vouchers to those committing to join our activist efforts.

If our beach friends, including hot springs and public lands, would send volunteers and hold an annual fundraiser, the possibilities are endless. Volunteers make the difference.

Our committee plans for next year have also been a major topic for discussion. Government affairs has a shifting foundation, which needs to be constantly evaluated and refined. In 2007, my personal government affairs goals are to strengthen our region teams by:

- Revisiting the AANR Government Affairs Strategic Plan
- Making the nude recreation movement known through membership
- Assisting GAT in appointing qualified state chairs
- Developing more targeted GAT/CAT training throughout the regions
- Continuing to work with beaches and other public lands
- Expanding AANR's presence at various tradeshows
- Establishing a comprehensive volunteer program to best utilize our volunteers
- Fine-tuning how we monitor and track federal and state legislation

November board meetings are upon us, and all the regions have been working on budgets for next year. Government affairs volunteers, along with the AANR staff, spend countless hours discussing our expenditures for 2006 and planning our budget for the upcoming year. We hope that when you read *The Bulletin*, you can see your dollars being spent wisely. And as always, your comments and suggestions are encouraged. Remember, "I work for you!"

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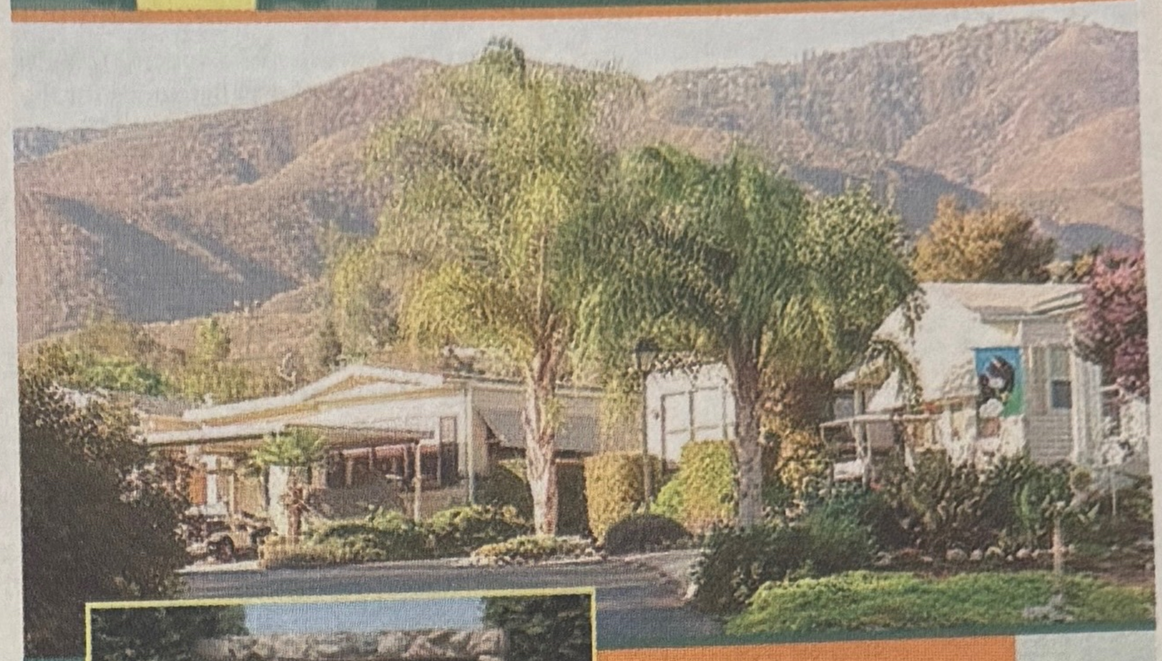
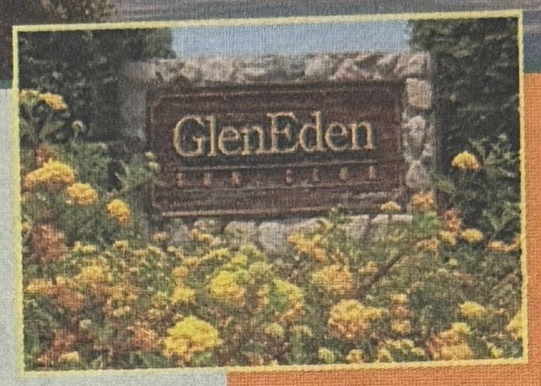
Glen Eden Sun Club





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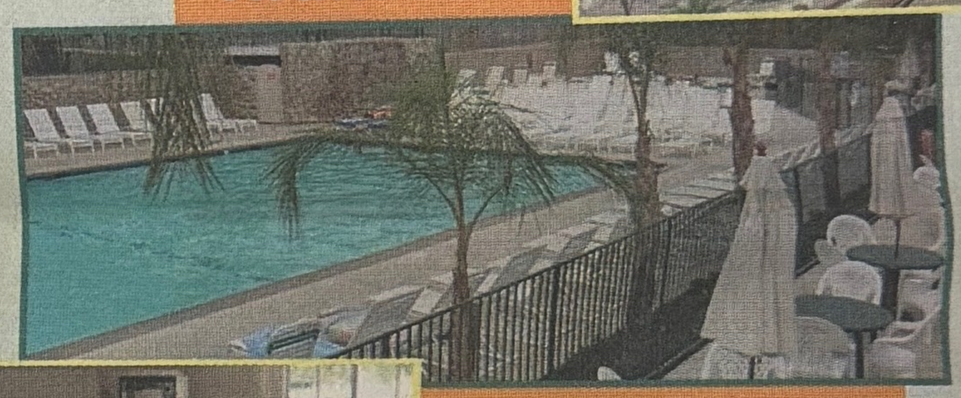

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Join The Nudist Chat

By Cheri Alexander

Our nudist/naturist chat takes place every Tuesday evening after 8 p.m. Eastern time. People from all over the globe join in, and we're inviting you to be part of this fun time.

Below are explicit directions. We hope you join us.

1. Open browser (Explorer, Netscape, etc.)
2. In Address or URL field enter: http://www.paltalk.com
3. Screen on right middle side will have a button to: "Download Paltalk for FREE"
4. If not asked for download, go to "Download" in the top right.
5. Click on Save and put it on your desktop, where you can find it most easily.
   NOTE: if using a dial-up modem, it will take some time but do not be alarmed; this chat group is really worth the wait. The DSL or cable download will be quicker. The file name is pal_install_r17704.exe (a little over 5 mg.) The client program part works great with dial-up lines.
6. Close all programs and click on the icon on your desktop. If asked, install usual/recommended features.
7. The Paltalk program will add an icon to your desktop and/or start up folders.
8. Connect to the Internet and click on desktop icon. A mini window will pop up asking for your ID or ask if you are a new user. Click on "New User." You can use a nickname or even your real name.
9. You will be given a confirmation ID sent to your e-mail address that is required for logging in.
10. Use that confirmation ID and password to get into system.
11. You will notice that the Paltalk window looks much like a messenger chat window such as Yahoo Messenger.
12. In the center top of the Paltalk Messenger window is the Chat group; click on that tab.
13. Select the browser for all groups and another window will come up.
    NOTE: You will have to click on the Adult Consent in the upper left hand corner to get into the groups that we are under.
14. From the selection on the left you can click on Adult and drill down to Conversations.
15. You can find us under: Nudist resorts org (no punctuation)
16. Most times the group usually starts after 8 p.m. The room is open only when a moderator is available. If you don't see the group at 8 p.m., click on the refresh shortly, and it will show up. After you enter the group, add as a favorite so you can find it quickly the next time you want to join the chat.

If you have any problems joining the chat, please contact me at cheridonna@prodigy.net.

Vacation Planning Starts With 2007 Convention At The Willies

By Bob Campbell

It's not too early to make your 2007 summer vacation plans. Get in the queue for the office vacation schedule. Check with your spouse or significant other and put the dates in your pocket calendar. Put off those doctor and dental appointments. Simplify your lives and get registered now. The Willamettans are waiting to hear from you.

"Here Comes the Fun" is the theme for next summer's 2007 AANR Convention to be held Aug. 5-12 at the Willamettans in Marcola, Oregon. Remember, at the Willies, fun is the name of the game.

The Willamettans will be hosting its seventh AANR convention, and planning is well underway to make things comfortable and fun for convention guests, national officers, and members.

Convention co-chairs Pat and Darrel Brown encourage pre-registration. Those who register before July 1, 2007 will receive a 10 percent discount. This discount applies to grounds fees, overnight camping fees, and dinner meals during the convention. It will also help the club serve you better.

For those coming in RVs or other kinds of wheels, Willie Lane has been widened and improved. As in the past, conventioneers flying into the Eugene airport will have pickup services to the park.

Advance registration is well underway. On-site accommodations are going fast. Be sure to get your name in the hopper. We hate to see grown nudists cry. Contact The Willamettans, POB 969, Marcola, OR 97454. Call 541/933-2809 or e-mail willies@efn.org.

Ms. Funshine, aka B.J. Kinman, wants everyone to come to the 2007 AANR Convention.

Vacation Opportunities

November 4-5, 2006
AANR West Fall Board Meeting
Mountain Air Ranch
Indian Hills, Colorado

November 9-11, 2006
(Travel Days November 8 and 12)
AANR Fall Board of Trustees Meeting
Cypress Cove Nudist Resort & Spa
Kissimmee, Florida

January 11-13, 2007
(Travel Days January 10 and 14)
AANR East Interim Board Meeting
White Tail Park
Ivor, Virginia

January 12-13, 2007
AANR Southwest Mid-Winter Board Meeting
Bluebonnet
Alvord, Texas

February 2-4, 2007
FANR Mid-Winter Board Meeting
Location Not Yet Determined

February 15-17, 2007
(Travel days February 14 and 18)
AANR Mid-Winter Board of Trustees Meeting
Lake Como Family Nudist Resort
Lutz, Florida

March 3-4, 2007
AANR West Spring Board Meeting
Desert Shadows Inn
Palm Springs, California

April 27-29, 2007
AANR Midwest Spring Conference
Sunshower Country Club
Centerville, Indiana

June 8-10, 2007
AANR West Summer Festival
Glen Eden Sun Club
Corona, California

June 14-17, 2007
FANR Annual Convention
Location Not Yet Confirmed

June 17-24, 2007
AANR Southwest Convention
Armadillo Resort
Poolville, Texas

June 30-July 8, 2007
AANR Northwest Convention
Sun Meadow
Worley, Idaho

July 10-15, 2007
AANR East Convention and Festival
Sunny Rest Resort and Campground
Palmerton, Pennsylvania

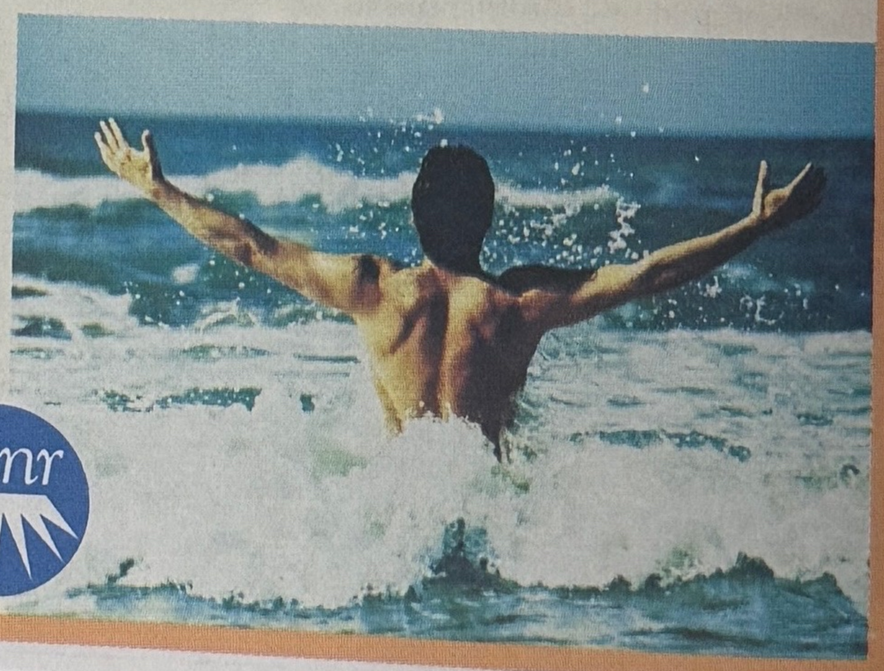
July 15-22, 2007
AANR Midwest Convention
Fern Hills Club
Bloomington, Indiana

August 2-5, 2007
AANR West Convention
Laguna del Sol
Wilton, California

August 5-12, 2007
AANR Convention
The Willamettans
Marcola, Oregon

October 6-8, 2007
AANR West Fall Festival
Shangri La Ranch
New River, Arizona

November 3-4, 2007
AANR West Fall Board Meeting
Mira Vista Resort
Tucson, Arizona



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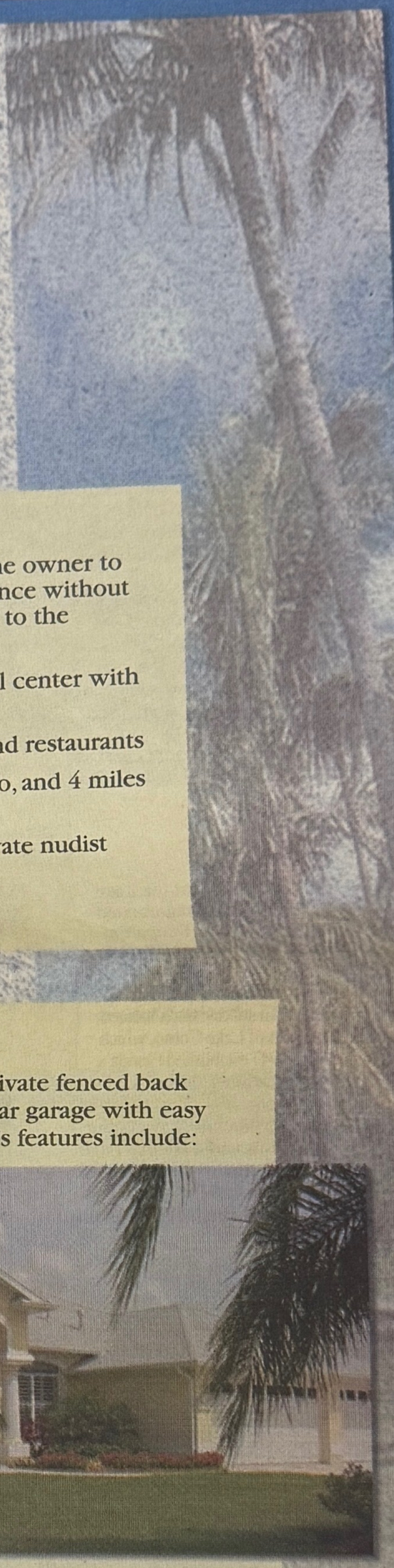

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Discover the World of Nude Recreation

Lake Como—A True Family Community

Welcome to Lake Como.

By Pete Williams

It wasn't that long ago that the Lake Como Family Nudist Resort represented the northern boundary of the Tampa Bay area. Anywhere north of the 210-acre property was considered remote.

These days, commuters travel to work in downtown Tampa from subdivisions located beyond 30 miles north of Lake Como, which from its founding in 1947 established Florida's Pasco County as the nation's premier nude recreation destination.

Other more upscale clubs have entered the market, such as nearby Paradise Lakes Resort in 1981 and, more recently, Caliente five miles to the north. But Lake Como has maintained its rustic charm, back-to-nature atmosphere, and spirit of community even as the rest of the world—nudist and textile—has boomed.

"We're like the old-time villages in the 1700s where everyone knows each other," says Van Bradley, the resort's general manager since 2001. "When someone is in need, everyone helps each other out. We're a true family community."

That close-knit atmosphere has existed for decades, but has become even more evident since 1997, when members purchased the resort from descendants of the original owners and reorganized as a co-op.

In the last decade, Como members have set the standard for upgrading facilities with donations of time, money, and volunteer labor, to say nothing of their uncanny knack for generating local and national publicity.

In 2001, the club posted a note on its Web site about a Super Bowl-themed flag football game. The event was picked up by *Sports Illustrated*, and when national media rolled into town several weeks later to cover the Super Bowl, several journalists descended upon Como.

When Lake Como hosted the "Tennis in the Buff" and "Volleyball in the Buff" nude tournaments and video shoots in 2003, dozens of media outlets began calling. Then there's the "Dare to Go Bare" 5K run, which began in 1993 and has attracted as many as 500 runners.

Sports are a huge part of life at Lake Como. In 2000, members pitched in $150,000; donated thousands of hours of labor; and built a state-of-the-art tennis complex featuring three clay courts, a brick walkway, and an observation deck.

The success of that project and the camaraderie it fostered inspired members to expand beyond the tennis courts and create the West Grove Nature Preserve Sports Center. In 2003, Lake Como opened a 300-yard golf driving range, believed to be the first in the nudist community. The West Grove complex also includes two lighted sand volleyball courts

> *"Lake Como has maintained its rustic charm, back-to-nature atmosphere, and spirit of community . . ."*

and four permanent courts that host the "Superbowl South." The event debuted in 2003, hosts hundreds of volleyball players each March, and has become a smaller spring version of the wildly successful Superbowl of Volleyball tournament at White Thorn Lodge in Pennsylvania.

Members also built a multi-purpose court along the 35-acre Big Moss Lake that can be used for tennis, volleyball, basketball, or even in-line skating. There also are plans to build two more clay tennis courts in the West Grove complex.

The club has undertaken several larger projects in recent years, including the installation of city sewer and water lines at a cost of $1 million. There are plans to add 33 more mobile home sites and 37 RV sites to a community that already includes 158 residential sites, 75 RV sites, and more than 1,100 members. The club recently completed a 100-by-100-foot dog exercise area.

The Lake Como club restaurant is being converted into a family-oriented sports bar. The food will be the same, albeit already upgraded thanks to the recent arrival of three new cooks. The resort also recently began staging

See "Lake Como" on Page 14.

The Bare Buns Bikers will host a poker run this month.

Crossing the finish line.

Staying in shape is easy at the fitness center.

The horseshoe competition heats up.

Randy and Karen Little in the Bare Buns Café bar.

Photos by John Hicks, Carolyn Davidson, and Mark Ashworth.

A quiet picnic with friends under the trees.

Lake Como features state-of-the-art tennis courts.

A member shows her loyalty.

Have fun on the water.

Dave and Shamra Wilcox relax on the dock at Big Moss Lake.

Lake Como

Continued from Page 13.

"float-in" movies. Members and guests can watch from the pool as films are projected onto a 9-by-12-foot screen. The first movie, appropriately enough, was "RV" with Robin Williams.

Lake Como's sense of community extends to the "Bare Buns Bikers," a group of 180 motorcycle enthusiasts who gather for bike-related events, such as a poker run to be held at Lake Como from November 17-19. (For more information: www.barebunsbikers.com).

> *Lake Como will celebrate its 60th anniversary in 2007.*

The bikers also have a "Toys for Tots" event planned. They won't have to go far to find a Santa Claus. Jack McElhinney, a Kris Kringle look-alike who has worked as a department store Santa for 15 years, is a Lake Como resident who has served as the club's president for the last two years.

In the competitive world of Pasco County nudism, where Paradise Lakes and Caliente go head-to-head in the upscale market, Lake Como remains on friendly working terms with both clubs.

"We work together with both," Bradley says. "They have their niche, we have ours. We're into sports, nature, and we tend to attract more families."

Lake Como will celebrate its 60th anniversary in 2007. In 1947, Tampa tax attorney Arthur Brubaker founded the resort on a patch of land alongside Big Moss Lake where he and friends often went skinny-dipping in the 1940s.

Anyone who has enjoyed nude recreation in Pasco County has Brubaker to thank, as his legal background proved valuable when nudism came under attack. Cot Cotterill, who owned Lake Como in the early years with Dorothy Brubaker, chose to go to jail rather than yield to laws discriminating against nudists and close Como. By the 1960s, Como had more than 1,000 members and the political clout to withstand another legal challenge.

Lake Como also contributed to the acceptance of nudist literature. In 1954, the resort was the site for much of the filming of "The Garden of Eden," the first color motion picture based on nude recreation. The producer, Walter Bibo, encountered still opposition from distributors, but his successful court battles paved the way for future nudist films and periodicals.

With Pasco County and nude recreation booming, visitors to Lake Como sometimes ask if the resort plans to take some of its unused land and build condos and other high-end development. As the club prepares to celebrate its 10th anniversary of co-op ownership in February—Lake Como is owned by the holders of 105 shares—it has no plans to depart from its rustic roots.

"That's not our goal," Bradley says. "We avoid condos and concrete and strive to remain oriented toward sports and nature. We like green space. Growth is not our No.1 mission. It's to beautify our park and stay true to our values of quality, not quantity."

For more information on Lake Como, visit www.lakecomoresort.com.

Entertainment is plentiful at Lake Como.

Members get into the act at the Hawaiian Luau.

Residents and visitors enjoy the huge screened hot tub.

Dan Moon and Dave and Shamra Wilcox marvel at the lush, subtropical landscape.

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Discover the World of Nude Recreation

Pen-Mar Club—A Wealth Of History

Jim Knight clowns around at Pen-Mar.

By Pete Williams

Pen-Mar Club, as the name suggests, is conveniently located on the Pennsylvania side of the Maryland border. That makes the co-operatively owned resort, in operation since 1950, a popular destination for nudists looking to explore the wealth of history in the mid-Atlantic region.

Pen-Mar is a 90-minute drive of both Baltimore and Washington, D.C., and draws most of its visitors from the greater Washington area. Like most nudist clubs, the 100-member Pen-Mar markets its family-oriented atmosphere and the fact that it's among the friendliest places in the world.

"This isn't the type of place where you're going to have people off in one corner having their own conversation," says Larry Jones, a member for 23 years who has served as club president several times, including a stint that began in September. "If you're around the campfire or in the pool, it tends to be one big group conversation."

Even by the carefree, lighthearted standards of nudist clubs, Pen-Mar is a fun place to be. Its signature event is an annual triathlon, though the term "triathlon" is used loosely.

"You're not going to break a sweat in our event," Jones says.

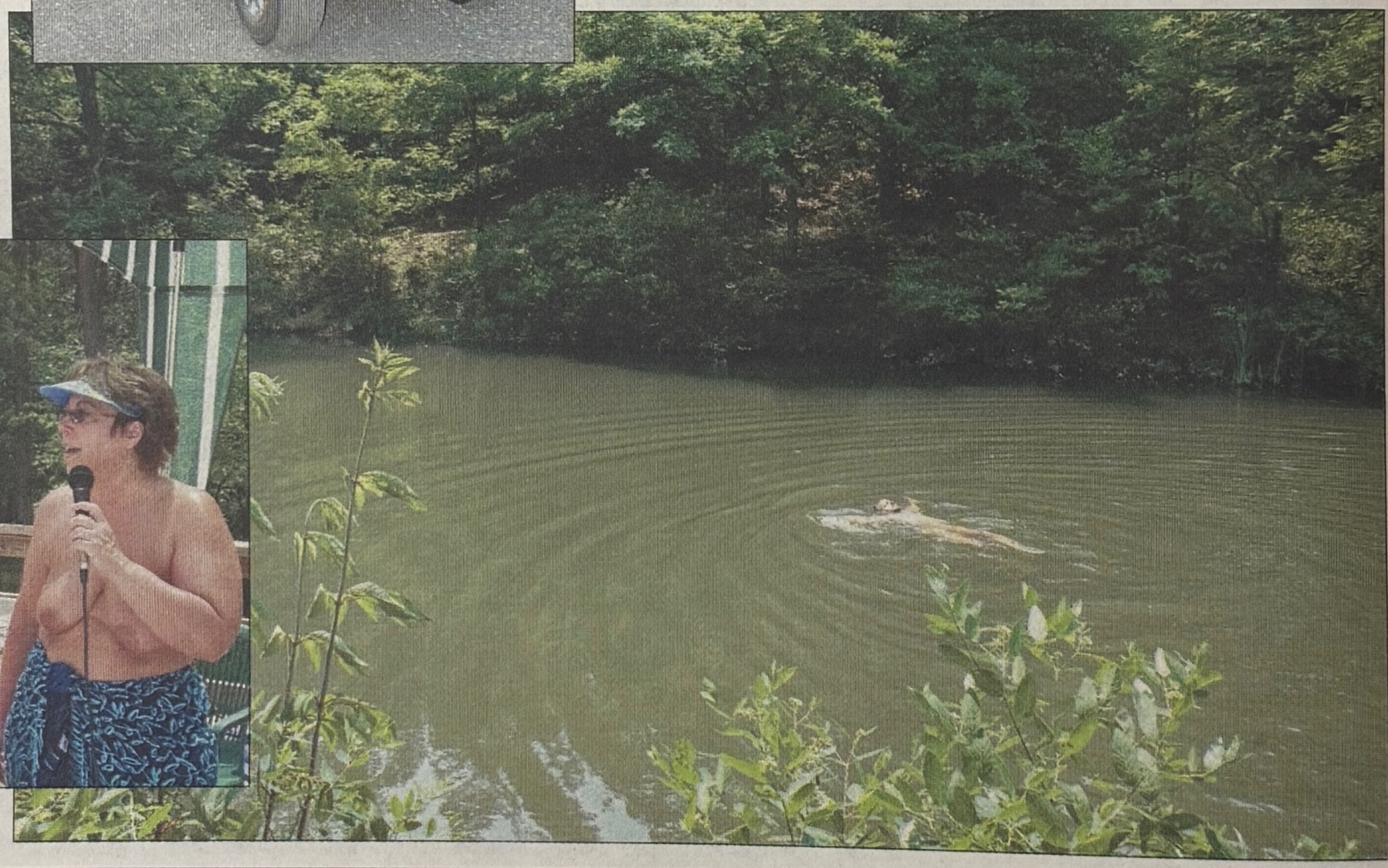
The triathlon proceedings begin with members stringing a line of marshmallows across the club's two-acre pond. Competitors must stand in a canoe, balance themselves,

Members display their patriotism.

Photos by David Love.

Jack Brewer enjoys the scrumptious buffet.

Singing in harmony.



A moment of solitude.

Jump in. The water is fine.

and grab a marshmallow with their mouths. During another leg of the event, players must catch eggs while wearing colanders on their heads.

Prizes include a door (for a door prize) and a pair of overalls (for the overall winner). Then there's the club's Halloween bash, which includes a haunted trail. Those brave enough to venture into the woods might encounter a witch swinging from a tree, a chainsaw-wielding bad guy, or a head swiveling 360 degrees with the body hidden below out of sight.

"They're just little things people seem to enjoy," Jones says. "Everyone likes to get crazy and silly and laugh through the whole thing."

There's plenty of natural wildlife along the trail, including deer and turkeys. Located in a secluded valley in the foothills of the Allegheny Mountains of south-central Pennsylvania, Pen-Mar consists of 68 acres, all but 20 of which are wooded. The club's amenities include several walking trails, fishing in a catch-and-release pond, and relaxing on the lawns or in the pool. Sports facilities include volleyball, badminton, shuffleboard, and horseshoes.

Open from May through October, Pen-Mar features two rental cabins, a trailer, 10 RV spaces with electric and water, and campsites. Over the years, nonlanded clubs from the Washington area have used Pen-Mar as their base of operations to go canuding along the nearby Potomac River.

Others find Pen-Mar to be a perfect location to visit such places as Gettysburg, the C&O Canal, and Berkeley Springs. For more information, visit www.penmar.com.

The pool is a popular gathering place for all ages.

Pen-Mar is perfect for relaxing.

An artist at work.

Don and Marie Spangler practice their pétanque skills.

Challenge Winners Thank AANR And Hidden Beach Resort

By D.C. Hank

As winners of the Government Affairs Hidden Beach Challenge last year, we made plans to visit Hidden Beach Resort last August during the week of our 32nd wedding anniversary. Apparently, that visit was not meant to be as Hurricane Katrina shut the resort down for several months with extensive damage to the facility. After much anticipation, heightened by frequent trips to the Web for any and all information on the resort and nearby activities, we finally managed to work out the details for our visit to the Caribbean's only fully nude resort in June of this year.

> *Your donations . . . help secure our rights as nudists.*

We were not disappointed. Hidden Beach is a beautiful, well appointed, all-inclusive resort with an attentive staff and immaculate grounds. Upon arrival, we were welcomed with a glass of champagne and a shoulder massage while the concierge checked us in. We arrived mid-morning so our room wasn't quite ready. No problem, though; the concierge invited us to eat breakfast and enjoy the facilities while our room was prepared.

A typical day began with an early workout in the fitness center. When finished using the treadmill, the elliptical machine or lifting weights, I'd walk back to the room to wake my wife. Then, it was off to the restaurant to gather a plate full of fresh fruit and to order omelets, pancakes, waffles, or whatever we had decided we wanted for breakfast and have it delivered to the room.

Most mornings were spent sunning by/in the pool and visiting with other guests. Our rooms were called swim-up suites as we could take about three steps from our door and slide into a canal of sorts that connected all ground floor suites to the main pool. Outside of each room in the water are two benches and a small round table where you could enjoy a drink, a favorite book, or even eat lunch while never having to leave the water. The main pool has a large swim-up bar where you can order your favorite food or beverage.

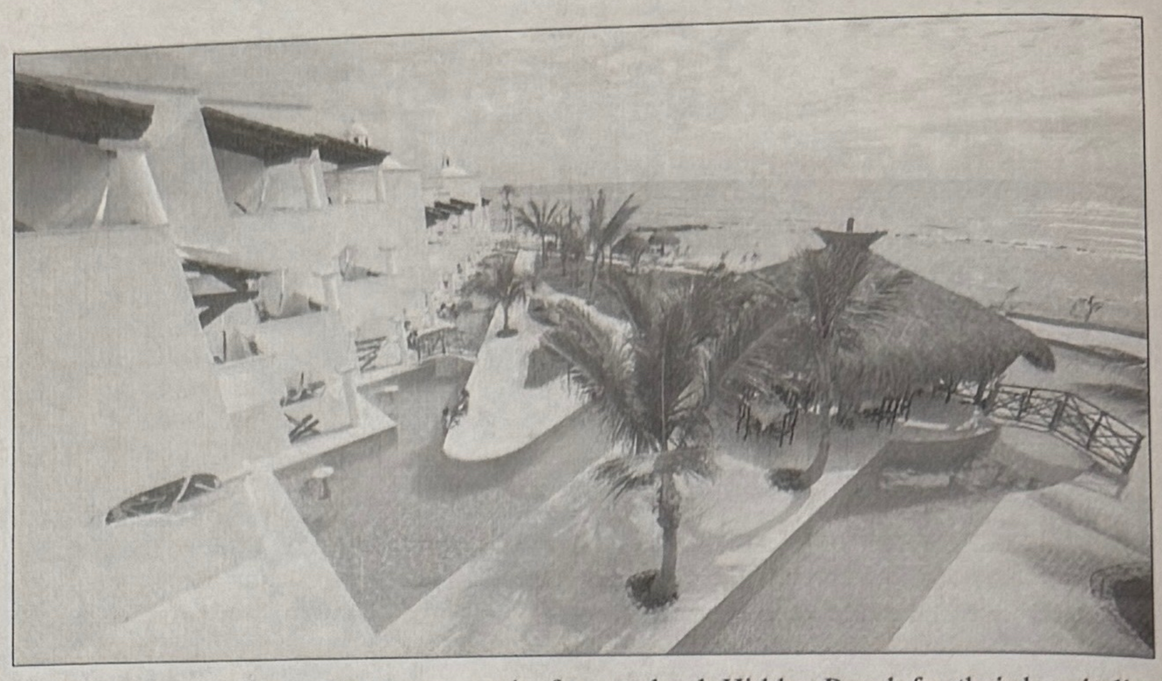
We ate most of our lunches at the sidewalk café-style tables by the pool. The resort offered a different menu each day with several selections. Most afternoons they also set up a grill poolside where hamburgers, hot dogs, steak, and fish were grilled to your order.

We spent afternoons on the beach laying on king-sized beds that hung from thatch-covered palapas. Each afternoon we got a hankering for ice cream. No problem there. The resort staff happily brought us our banana splits to the beach where we enjoyed them while gazing out over the Caribbean Sea.

The beach area was divided into two areas. A small wall about a foot high separated the nice flat area where the palapas and other lounge chairs rested from the beach that sloped into the water. It should be noted that while the beach area was great for walking and sunning, once in the water, the bottom was quite rocky and really required water shoes to walk about comfortably. Once in the sea, you were greeted by a variety of curious fish that would gather around you, move with you, but would not touch or nibble you. It was great fun.

As guests of Hidden Beach Resort you also have full access to all the amenities at El Dorado Seaside Resort next door. El Dorado is strictly textile but they have four restaurants. So, for an occasional change of pace we simply made reservations through our concierge, dressed, and walked through the large wooden security gates that separate Hidden Beach from El Dorado to the Mexican, International, Italian, or Asian restaurant of our choice. The food at Hidden Beach and El Dorado was very good, the presentation was excellent, and the wait staff was always very polite and helpful.

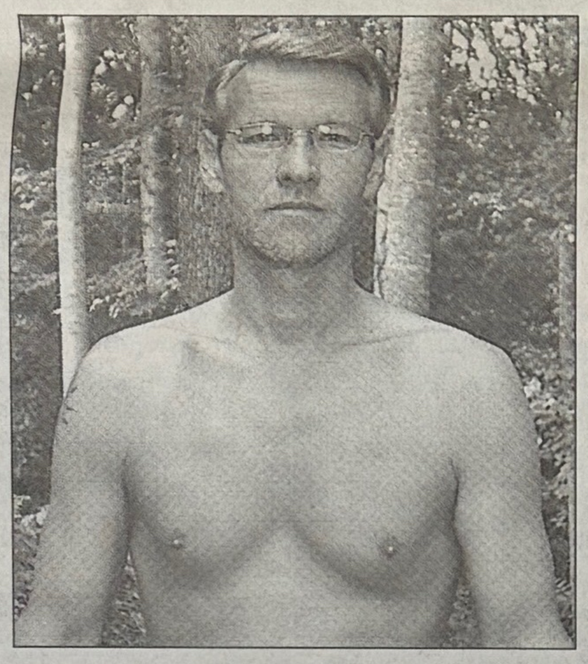
Although we spent most of our time enjoying Hidden Beach Resort, we did take a couple of side trips. We visited the Mayan Ruins of Tulum which are only a 20-minute cab ride



south of the resort. About 20 minutes north of the resort is the major shopping district of Playa Del Carmen. We spent some time shopping there then jumped on the ferry to Cozumel for more shopping, sightseeing, and exploring restaurants. While the side trips were interesting and great fun, we looked forward to returning to Hidden Beach after each excursion.

While the Government Affairs Hidden Beach Challenge prize provided for a five-night stay, we liked it so well that we stayed an extra two nights. We'd like to thank Hidden Beach for their hospitality and AANR for its continued efforts in securing our rights as nudists. The Government Affairs Challenge program continues to raise money for a cause that is near and dear to all of our hearts (and naked bodies). Your donations not only help secure our rights as nudists but who knows, they may also get you a great visit to a premiere nudist facility or cruise. It did for us, and we are eternally thankful for the opportunity and the experience.

How Nudism Affected My Life



By Eddie Vaden

It was the year 1995, and I had lost my career. I had a wife, two daughters, and a large mortgage. The fact that I was a company president didn't help. I had no college degree for another trade. The skill I had was management. The problem was there was no company willing to offer an ex-company president the salary he was accustomed to without either having experience or a college degree in a new field of work.

I lost all self esteem; I took the blame for everything in life that was going wrong. I borrowed money from family, and then started running up credit card debt just to try and keep my family together in our home. It didn't work, and after a few years I had maxed out everything. We were forced to sell our home.

It was killing me that I could no longer provide them with the lifestyle they were accustomed to. My wife went into depression, and things just got worse. I wanted to end my life as I felt like I had failed myself and my whole family. I hit rock bottom, and hit hard.

The final straw broke when a creditor called demanding payment. I just lost it and then asked him, "I wonder just how many fathers end their life after your phone call?"

Over the next few days I began to start feeling better. I turned to the Internet and started researching "self-esteem." It didn't take long before I noticed the word "nudism" on one of the search engines. Naturally curious, I clicked on it. Curiosity took over and soon I couldn't stop reading about it. Body image had always played a big part in my life. I grew up overweight, and throughout my teen years I was made fun of and picked on. I still felt like I was 20 pounds overweight, even after losing over 50 pounds many years earlier. I learned that nudists do not judge others based on body shape or size or any other defect that person may have. What a wonderful feeling that must be, I thought, to be around people that did not judge you based on the shape or size of your body or your financial worth. My interest continued to grow.

I soon took a job doing construction work. It was extremely hard work for me after being a desk jockey and pencil pusher for the past 14 years. Nevertheless, I hung in there every day.

In the meantime, I continued my research on nudism. The most important thing I learned was that I had to find a trusted site. That first trusted Web site I found was www.aanr.com, the Web site for the American Association for Nude Recreation. This site really helped me to learn the truth about nudism and gave the incentive to continue my research.

After spending over 14 years in the promotional business I began to wonder if the resorts needed any promotional products. By this time I was convinced I was ready to try nude recreation, and what better way than to

> *My life has changed for the better, and I owe it all to nudism.*

travel to the resorts and learn more? The first resort I visited was Rock Haven Lodge in Murfreesboro, Tennessee. There I met Nancy Volak, the previous owner of Rock Haven. She immediately put me at ease with her smile and genuine kindness. She placed an order for T-shirts for Rock Haven and then asked if I would like to visit the pool and relax before my trip back. I only spent a couple of hours by the pool that day, but it's a couple of hours I'll never forget. It totally changed my life. My confidence was back. I felt better about myself that day than I had felt in years.

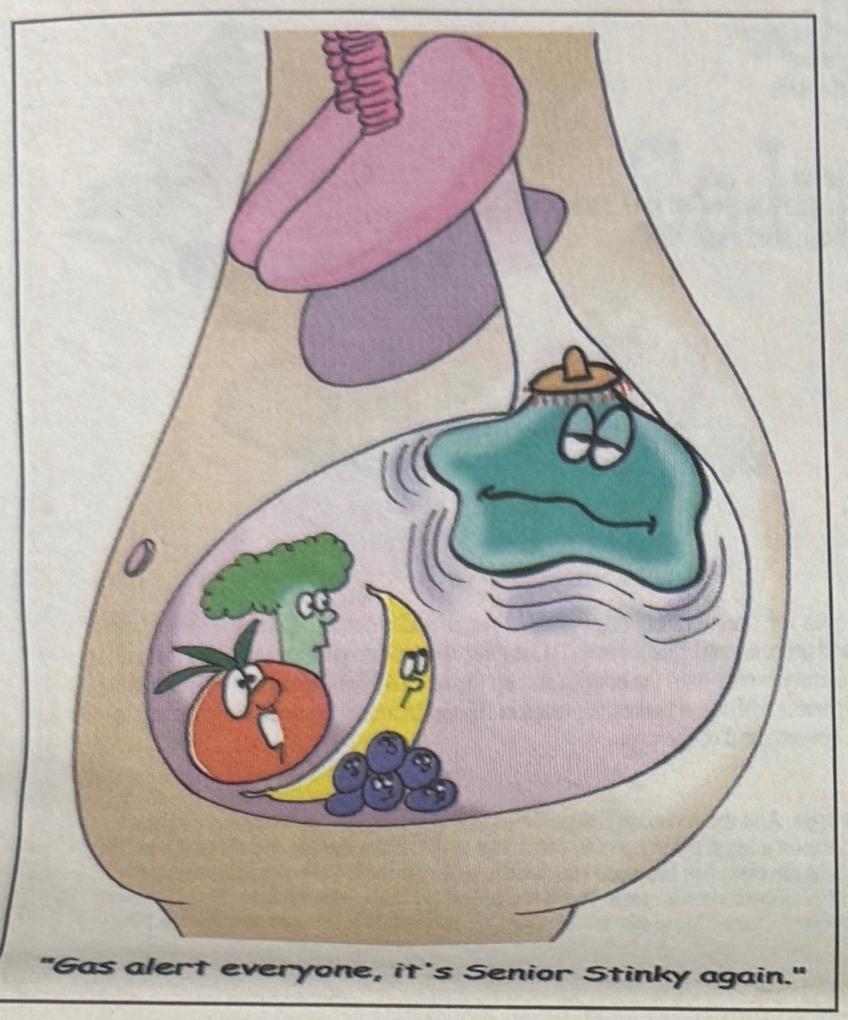
A few weeks later I set up an appointment with Cherokee Lodge in Crossville, Tennessee. Just like at Rock Haven, I felt welcome. I was escorted on a tour around the lodge, and I saw people enjoying tennis, swimming, and volleyball. I never felt so at home in my life. Cherokee placed an order for towels with their logo on them, and I thanked them and returned home.

I also visited Serendipity Park in Cleveland, Georgia, and Cypress Cove in Kissimmee, Florida. I was warmly welcomed at both resorts.

My life has changed for the better, and I owe it all to nudism. It has allowed me to regain my self esteem and self worth. I no longer worry what others think of me, nor do I judge others. I live to enjoy all of God's creations, and find happiness at some point every day.

Journey to Health

Don't Eat What You Can't Pronounce



By Ron Warne
AANR Staff Writer

If reading food labels reminds you of your high school chemistry class or a foreign movie with Latin subtitles, you are not alone. Chances are if you cannot pronounce it, it probably was never meant to enter your body. I tend to ignore nutrition information as much as most people; instead, I go for all the advertising hype on the front of the box. After all, who wouldn't be drawn in with advertising slogans like "bet you can't eat just one" or "melts in your mouth not in your hand."

I was pre-wired to test those statements, and son of a gun if they weren't right. I couldn't eat just one, and it didn't melt in my hand. Actually, no food would melt in my hand, I'm too fast from hand to mouth. I love eating; my personal food devil enjoys candies and baked goods the most. We eat as much out of psychological brainwashing as we do out of biological need, and we're not likely to change. So, is there a morsel of hope out there? Absolutely. Consider the following facts about the food industry and these recommendations about food label reading for a little heads up on what you are putting into your stomach.

First and foremost, nobody really cares about what you eat. The food industry is a business just like everything else, and business is about making money. Although they will for the most part comply with government food and drug requirements, some of them will also take short cuts where and when they can. If adding a chemical that is a known carcinogen but will prolong the shelf life of the product is an option, you know somebody is going to take it.

Light, lite, less then 50% fat, contains no sugar, contains no fat, calories reduced, contains no trans fats, protein fortified…shall I go on? You've seen all these claims, usually in bold or colored print on the front of the carton of food. We want to believe them, so we do, but are they actually held accountable for these claims? The answer is yes and no. Occasionally you will hear of somebody getting busted for improper food labeling, but there are so many loopholes that getting caught is unlikely. Take the word "light" for instance; one could argue that light refers to the color or the weight instead of the assumed calorie or fat reduction. Living in ignorant bliss is convenient.

The cornerstone of healthy eating is, and will always be, plenty of fruits and vegetables, lean meats, whole grains, and low fat dairy products. Moderation, variety, and balance govern how we use these food choices. Another way of navigating through these food categories is just to think in terms of colors. Red, yellow, orange, and green on every plate at every meal covers pretty much all the healthy fruits and vegetables.

> ***"We eat as much out of psychological brainwashing as we do out of biological need . . ."***

Let me leave you with a couple of points to ponder: The average person will eat 10 lbs. of bugs or bug excrement in their lifetime which is found in food. Bet you haven't noticed that on any food labels. This is a nutrition industry reality that bugs and foreign matter ends up in food and is often inseparable from it. They do, however, test for the protein content of such vermin to stay within the allowable limits of foreign matter deemed allowable for human consumption. I have always thought I would like to be a contestant on "Fear Factor" if it weren't for those strange things they make them eat.

And lastly, if you eat a bag of potato chips every day for a year they would contain the equivalent of drinking 5 liters (over 1 gallon) of cooking oil. . . yum, yum.

Nothing to Hide at Hidden Beach Resort in the Mexican Caribbean.

Hidden Beach Resort Au Naturel Club is the only luxurious all-inclusive nudist resort in the Mexican Caribbean. An adults only property, it is situated on a secluded stretch of white sand beach of the Riviera Maya, approximately one hour south of Cancun Airport. Overlooking the sparkling Caribbean seas, Hidden Beach offers a variety of distinctive features including personalized service, 42 beachfront suites, an oversized beachfront hot-tub and a unique artificial river that luxuriously stretches across the property. It connects all first floor rooms, the main pool and the swim-up bar perfectly for relaxation and socializing. Some of the signature attributes of the resort's generous all-inclusive program are:

- Personalized check-in with welcome glass of champagne
- Bottle of sparkling white wine in room upon arrival
- All meals a' la Carte, premium alcoholic beverages, cocktails, fine house wines
- 24-hour service
- Daily activities and beach sports including a scuba clinic in the pool
- All swim-up suites connected by river
- Exclusive concierge service
- DVD library
- 3 bars and discotheque Vida Loca
- Unlimited access to all facilities at neighboring El Dorado Resort (clothing required)

The resort may be hidden, but it was created for guests that have nothing to hide.

Hidden Beach Resort
Au Naturel Club

For more information, please call 888-754-3907
or visit hiddenbeachresort.com

Cooking in the Nude

By Lynn Von Hagel

What is Thanksgiving dinner without a delicious pie for dessert? I've included the traditional pumpkin pie with a twist, a decadent chocolate pie, a low sugar apple pie, and a low carb pecan pie. Enjoy!

LOW CARB BUTTERMILK PECAN PIE

2 Cups SPLENDA® Granular
1/2 Cup Butter
4 Large Eggs
1 Tsp. Vanilla Extract
1/2 Tsp. Maple Extract (optional)
3 Tbsp. Whole Wheat Flour
Dash Salt
1 Cup Buttermilk
1/2 Cup Pecans (measure, then chop)

Directions:
Preheat oven to 300 degrees F. Put the pecan pieces in the bottom of a 9-inch square non-stick cake pan. Cream butter with SPLENDA® Granular until light and fluffy. Mix in vanilla and maple extracts, and beat in eggs one at a time until well blended. Add flour and salt and beat well. Beat in buttermilk and pour gently into pan, doing your best not to disturb the pecans. Bake for approximately 1 hour and 15 minutes or until pie tests clean in the center. Serve slightly warmed. Makes 12 servings.

Per serving (1/12th of pie): Calories: 136, Fat: 13g, Carbohdyrates: 5g

PUMPKIN PIE

1 9-Inch Prepared Pie Crust

Pecan and Gingersnap Layer: (optional)
1/4 Cup Pecans, toasted and ground
1/4 Cup Crushed Gingersnap Cookies

Pumpkin Filling:
3 Large Eggs
2 Cups Fresh Pumpkin Puree or 1 15-Ounce Can Pure Pumpkin
1/2 Cup Heavy Whipping Cream
1/2 Cup Light Brown Sugar
1 Tsp. Ground Cinnamon
1/2 Tsp. Ground Ginger
1/8 Tsp. Ground Cloves
1/2 Tsp. Salt

Maple Whipped Cream:
1 Cup Heavy Whipping Cream
1 1/2 Tbsp. Pure Maple Syrup

Directions:
Pecan and Gingersnap Layer:
Toast pecans in a 350 degree F oven for 8 minutes or until lightly browned and aromatic. Cool and then place the pecans in a food processor and process until finely ground. Combine the ground pecans with the crushed gingersnap cookies. Press this mixture evenly onto the bottom and up the sides of the unbaked pie crust. Cover and return the pastry to the refrigerator while you make the pumpkin filling. Increase the oven temperature to 375 degrees F and place rack in bottom third of the oven.

Pumpkin Filling:
In a large bowl lightly whisk the eggs. Add the remaining ingredients and stir to combine. Pour the mixture into the prepared pie shell and place on a large baking pan to catch any spills. Bake the pie for about 45 to 55 minutes or until the filling is set and the crust has browned (the center will still look wet). A knife inserted about 1 inch from side of pan will come out almost clean. Place the baked pie on a wire rack to cool. Serve at room temperature with maple whipped cream. Store any leftovers in the refrigerator. Makes one 9-inch pie.

Maple Whipped Cream:
Place the heavy whipping cream and maple syrup in bowl of your electric mixer. With the whisk attachment, whip the cream until soft peaks form.

CHOCOLATE CARAMEL PIE

Crust:
1/2 Cup Soft Butter
1/4 Tsp. Salt
1 Tsp. Vanilla
1/3 Cup Confectioner's Sugar
1/4 Cup Dutch-Process Cocoa
1 Cup Unbleached All-Purpose Flour
1/2 Cup Chopped Pecans, toasted

Caramel Filling:
2 Cups (12 oz.) Caramel Pieces
1/2 Cup Heavy Cream
1 Cup White Chocolate

Chocolate Glaze:
1 Cup Chopped Bittersweet Chocolate
1/2 Cup Heavy Cream
2 Tbsp. Corn Syrup
1/2 Cup Chopped Pecans, toasted

Directions:
Crust: In a medium-sized bowl, beat the butter until fluffy. Add the salt, vanilla, sugar, and cocoa, and blend until smooth. Add the flour and stir to blend. Finally, add the nuts. The mixture will be dry. Lightly grease a 9-inch pie pan. Press the crust into the bottom and up the sides of the pan. Bake in a preheated 400 degrees F oven for 15 to 18 minutes until set. (The dark color makes it hard to tell, but it's done when you can just begin to smell the chocolate.) Remove the crust from the oven and set aside to cool.

Filling: In a medium-sized saucepan, set over low heat, stir together the caramel, heavy cream, and white chocolate until they're melted and smooth. Pour the filling into the cooled crust and set it aside to firm while making the glaze.

Glaze: Melt the chocolate with the cream and corn syrup over low heat, stirring until smooth. Drizzle the glaze over the filling and sprinkle with the toasted pecans. Refrigerate the pie for 1 hour or more before serving. It's best served chilled but not cold; remove the pie from the refrigerator about 15-20 minutes before serving.

SUGAR-FREE APPLE CRANBERRY PIE

Pie Crust:
2 Cups All-Purpose Flour, divided use
1 Cup Ice Water
1 Tsp. Vinegar (white or cider)
3 Tbsp. SPLENDA® Granular
7 Tbsp. Vegetable Shortening

Filling:
1/2 Cup SPLENDA® Granular
1 Tbsp. All-Purpose Flour
1/2 Tsp. Ground Cinnamon
4 Large Granny Smith Apples, peeled, cored and sliced
1 Cup Cranberries

Directions:
Preheat oven to 400 degrees F. Prepare crust. Mix 1/2 cup flour, vinegar, and ice water together using a wire whisk. Mix well, making a slurry. Combine remaining flour and SPLENDA® Granular together in a medium-size mixing bowl. Cut in shortening using a pastry cutter or two knives until mixture resembles a very coarse meal. Add slurry. Mix until just blended. Divide dough in half. Gently pat into a circle on a floured work surface. Cover with plastic wrap and chill dough approximately 30 minutes. Coarsely chop cranberries. Mix all filling ingredients together in a medium-size mixing bowl.

Roll one circle of dough out and place it in a lightly oiled pie pan. Place filling on top of crust. Roll remaining dough out and place on top of filling. Crimp edges together. Brush crust with milk or half and half for more golden, even browning. Bake in preheated 400°F oven approximately 45 to 50 minutes or until crust is golden and filling is bubbling.

Makes 8 servings.

Per serving (1/12 of pie): Total Calories 250, Calories from Fat 70, Total Carbohydrate 42g, Sugars 11g

The AANR Staff Salutes All Veterans

United We Stand.

AANR Kids

We want to hear from you! You're invited to submit contributions to AANR Kids. Submissions can be a poem, cartoon, joke, activity, holiday idea, craft, or story. We also welcome opinions, brief nudist experiences, or suggested themes for upcoming issues. We want you to help us make this the best AANR kids' page yet. Mail to 1703 North Main Street, Kissimmee, FL 34744 or e-mail editor@aanr.com.

What Does Nudism Mean To Me?

By Matt Albrecht
AANR Youth Man of the Year

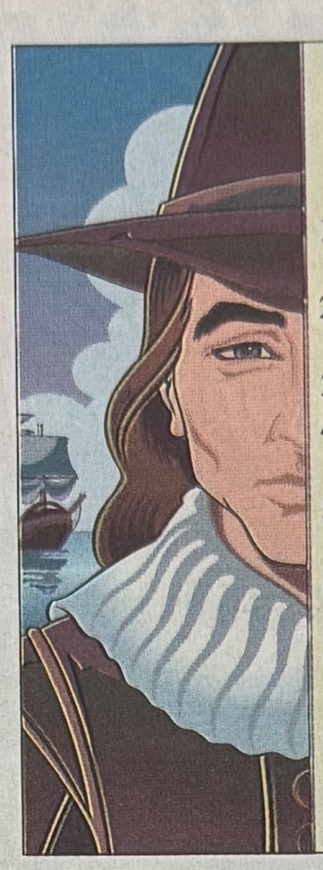
Nudism is not something physical. It is more. It is total acceptance of yourself and those around you. I would be lying if I said nudism doesn't mean the world to me. A number of my friends that are not nudists know I am [a nudist]. When they first found out, there was some very hilarious but informative conversation. That told me that many of my peers know very little about who we are and what we stand for, which is why I personally applaud AANR for their efforts in going mainstream. I like to believe that I do my part.

What Being A Nudist Means To Me

By Victoria Stevenson
AANR Youth Woman of the Year

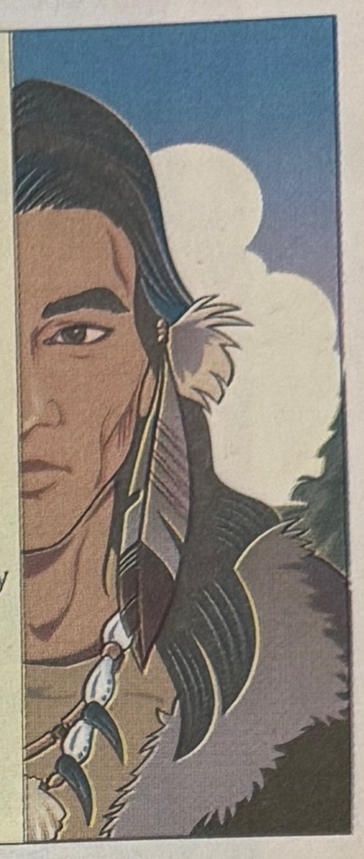
What does being a nudist mean to you? A lot of people think being a nudist means that we're doing inappropriate things, but anyone who has ever been to a nudist resort knows that's not the case. To me being a nudist means doing everything you would do on a normal basis, but without clothes on. You can play volleyball, go for a dip in the pool, lay out and so much more. Nudist resorts are great places to relax and make new friends.

Nudists come in every form and that's why I personally like being a nudist. Plus, you never to worry about people judging your body. I have been going to various nudist resorts ever since I was eight years old. I didn't feel comfortable being nude. Thanks to people not rushing me into the nudist lifestyle, it wasn't long until I was off the sidelines and into the pool. Now you will only see me with clothes when I'm at school or driving to and from the resorts. Being a nudist is something I would never give up. I'm a nudist and I'm proud.



Thanksgiving Trivia

1. What was the name of the ship the pilgrims sailed on?
2. What year was Thanksgiving first observed in the United States?
3. Where was it first observed?
4. On what day is Thanksgiving observed in the United States?
5. What day is Thanksgiving celebrated in Canada?
6. True or False: The pilgrims ate turkey at the Thanksgiving feast.
7. Which president declared Thanksgiving a national holiday?
8. True or False: On Thanksgiving Day, Canadians give thanks for a successful harvest.



Thanksgiving Food

U	T	U	V	H	K	J	P	S	R	K	A	X	S	P
N	S	Z	T	I	M	E	W	Y	X	K	E	E	M	O
P	D	J	J	S	O	Y	A	M	S	K	I	T	K	T
D	I	V	I	J	E	Y	D	F	G	R	J	G	A	A
W	T	E	T	W	R	K	O	R	R	J	S	B	W	T
Z	I	Z	C	Q	R	H	F	E	E	K	E	P	J	O
Y	V	E	G	E	T	A	B	L	E	S	U	K	V	E
G	V	N	Z	Z	I	N	B	N	F	M	S	C	H	S
G	A	A	E	E	A	R	W	P	P	R	L	I	Y	K
W	D	Z	R	R	M	C	I	K	E	F	L	Q	N	L
D	J	W	C	G	X	P	I	D	U	M	O	Q	Y	G
Y	E	K	R	U	T	N	I	J	D	S	R	V	S	H
W	V	R	U	P	F	C	Y	U	M	A	C	W	W	F
T	M	N	G	C	M	T	W	K	E	W	C	G	I	Q
M	M	Q	B	R	V	F	Q	C	M	U	N	A	F	M

CIDER
CRANBERRIES
DRESSING
GRAVY
PIE
POTATOES
PUMPKIN
ROLLS
TURKEY
VEGETABLES
YAMS

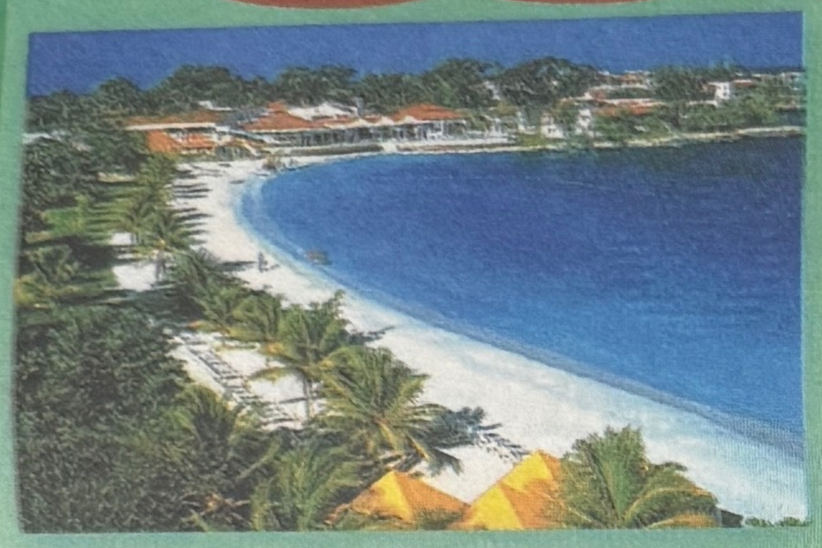
Answers: 1. Mayflower; 2. 1621; 3. Plymouth, Massachusetts; 4. Fourth Thursday in November; 5. Second Monday in October; 6. False; 7. President Abraham Lincoln; 8. True.

Caribbean Hideaways Inc.

Call Us for the Best Rates & Specials

800/828-9356 • 800/329-8145

New clothing-optional resort opening in Los Cabos, Mexico, Winter of 2007.



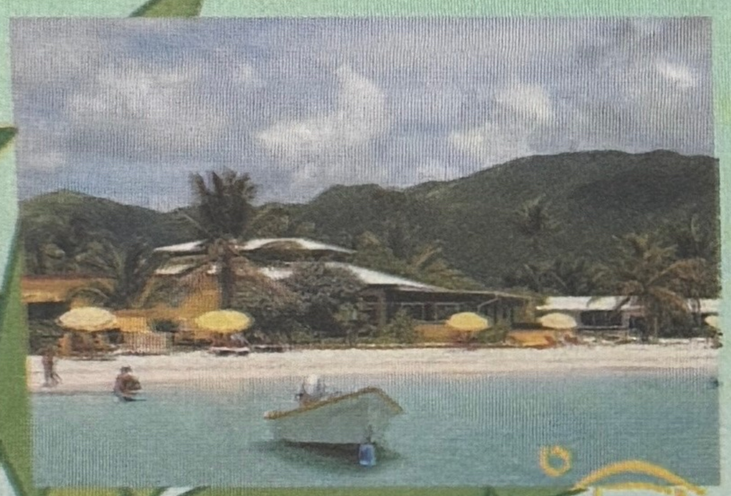
Grand Lido Negril—has a soft white beach and offers many water sports, as well as the quiet seclusion of gently swaying palms. For sunbathing au naturel there's a secluded beach, nude pool, and Jacuzzi. Elegance and fine dining provide a country club atmosphere at one of the Caribbean's finest all-inclusive resort.

www.nude-hideaways.com

GRAND LIDO BRACO 2007 DATES

1/20–1/27 starting at $225 nude side
2/10–2/17 starting at $249 prude side $299 nude side
2/17–2/24 starting at $236 prude side $284 nude side

Grand Lido Braco—with the finest au natural facilities available in the Caribbean. Dress au naturel in the nude section of the resort. The nude pool featuring a swim-up bar is perfect for relaxing and working on your all-over tan. Enjoy tennis courts and a volleyball area just for nudists. The Jamaican village theme carries over to a real Jamaican Festival atmosphere.



Club Orient—800/452-9016

Clothing optional resort Saint Martin, French West Indies

A stretch of gorgeous white sand beach, perfect for sunning—a cool breeze, and a variety of tropical pleasures set in a relaxed naturist ambience. The crystal clear water of Orient Bay is perfect for nude snorkeling, swimming, water sports. Club Orient is the ideal year-round holiday destination for you! We've been serving our Club Orient customers as a U.S. toll-free reservation office for many years. To make reservations and learn about our repeat guest promotions call Kim or Leslie at Caribbean Hideaways 800/452-9016.

Club Orient

Club Orient is affiliated with AANR.

www.mexiconudist.com

Hidden Beach Resort, Cancun, Mexico— the only luxurious all-inclusive nudist resort in the Mexican Caribbean. A secluded adults only property with 42 beachfront suites, Hidden Beach is perfect for couples and singles alike. A perfect blend of luxury and the au naturel life.

Hidden Beach is affiliated with AANR.

COUPLES Negril is an all-inclusive resort for adult/traditional couples only. Situated on 25 acres fronting the crescent shaped beach of Negril Harbor, the nude beach looks out over the placid waters of the Caribbean. COUPLES Negril has wind-surfing, sunfish sailing, snorkeling, scuba diving, water skiing, canoeing, and water trikes. Two large Jacuzzis are available, one at each end of the main pool and close to the main-pool swim-up bar.

www.caribbean-hideaways.com
www.jamaicacouples.com

COUPLES Ocho Rios features a private offshore island for sunbathing au natural. This private paradise has a beautiful swim up bar, hammocks under the shade, plenty of chaise lounges, and of course privacy for that all over tan. Offering romance in a serene atmosphere this is the perfect destination for couples who want to experience the best in an all-inclusive resort.

Ask about groups at other Jamaican Resorts
1/18 – 1/25, 2007
2/10 – 2/17, 2007
4/8 – 4/ 15, 2007
4/15 – 4/22, 2007
4/29 – 5/6, 2007
7/7 – 7/14, 2007
More group dates to come, watch for details!

Eden Bay
www.edenbaynude.com
Puerto Plata, Dominican Republic—This all-inclusive, beautiful, luxurious naturist resort has an ocean view from each room's balcony or terrace. Enjoy tennis, water volleyball, shuffleboard, billiards, and many of your favorite water sports. **Book Early for the Best Discounts!** *Eden Bay is affiliated with the American Association for Nude Recreation.*

Caribbean Hideaways is a subsidiary of Go Classy Tours, Reg. #ST-31980.
Some resorts are not affiliated with the American Association for Nude Recreation.

Other Resorts . . .

CARIBBEAN: Club Orient St. Martin • Hawksbill, Antiqua • Sorobon Beach Resort, Bonaire
JAMAICA: Couples Negril, Couples Ocho Rios
Grand Lido Negril, Grand Lido Braco • Sans Souci • Breezes
DOMINICAN REPUBLIC: Eden Bay
EUROPE: Cap d'Agde, Euronat
UNITED STATES: Desert Shadows • Cypress Cove • Caliente
MEXICO: Hidden Beach Resort, Puenta Serena

ASK ABOUT OTHER RESORTS AVAILABLE NEAR CANCUN.

Regional News

Bad Weather Can't Dampen Spirits At Beach Cleanup

By Susan Weaver
AANR East President

ASSATEAGUE NATIONAL SEASHORE, Md.—Despite the dreary weather, AANR-East members gathered from South Carolina, Virginia, Maryland, West Virginia, Delaware, and Pennsylvania to help with the Assateague Coastal Cleanup on September 16.

> *". . . there was deep gratification in working to help clean the beaches."*

Overcast skies delivered precipitation ranging from sea mist to frog-strangler torrents. None of this daunted or dismayed the 18 individuals who took to the beaches, trash bags in hand, to collect debris ranging from buoys and boots to the inevitable cigarette butts.

Sporting blinding yellow "Caution: Clothes May Come Off Without Warning!" T-shirts, the AANR East contingent made an impressive showing. Even the youngest member of the crew, three-year-old Torrie, whose T-shirt had to be knotted at the hips so as not to trip her, busily worked the 17-mile stretch of Assateague National Seashore on the Maryland end.

For many who have known Assateague from childhood days of Marguerite Henry's delightful books and the excitement of Pony Penning day, there was deep gratification in working to help clean the beaches. For others, who once knew the pleasures of enjoying remote segments of the beach clothes-free, this demonstration of good stewardship is a hopeful sign that our intense efforts will succeed in winning us back a designated section for nude use.

The Assateaque cleanup was a success despite the weather.

AANR East also made available water and snacks to all who wished them, labeled with the AANR logo and the message "Thank you for keeping our beach clean." The snacks—Naked Pita chips—were considered particularly appropriate, even though everybody consuming them remained clothed. All the volunteers received the AANR T-shirt, and there were several requests from other beach users. AANR East will be sending T-shirts to these people who will help us further our education efforts.

The usual displays and demonstrations that constitute the afternoon fun part of coastal cleanup day were somewhat dampened by the weather, with everybody huddling under the center of the tents shouting to be heard above the roar of rain but laughing and enjoying the opportunity to explain the message on our T-shirts and the goals of our Association.

Thanks are extended to Steven Stoller, Jim Corsentino, and Ray Simpson for coordinating this event. Watch *The Bulletin* for the date of the Spring 2007 cleanup.

Willies Red Hat Society Sponsors "Birth To Three" Baby Shower

The Red Hatters donated clothing, toys, and diapers to families with young children.

By Shirley Gauthier

MARCOLA, Ore.—Birth To Three Program Manager Anita Huffman joined 20 Willamettans Red Hatters for a baby shower at The Willamettans to supply the program with clothing, toys, and diapers.

Birth To Three is a private non-profit organization that provides parenting education and support to families with young children. Birth To Three brings parents of young children together to share parenting experiences, increase parents knowledge of early childhood development, learn about community resources, and create support networks among themselves.

Sandy Brown (left) and Sharon Owensby (right) pose with Birth to Three Program Manager Anita Huffman.

Founded as a grassroots community project in 1978 in Eugene, Oregon, Birth To Three has become a premier parenting organization in the country. It is a model that has been replicated in over 600 cities, 43 states, and in nine international countries as well as in Native American and Native Hawaiian communities.

Willies Red Hatters have adopted our local Birth To Three group and Program Manager Anita Huffman. Anita was heard to say, "What a wonderful, fun, giving group of woman you all are." Anita shared two client stories that brought tears to some eyes and yet hope for the future of young parents.

Baby shower organizer Sandy Brown said, "Just getting the Red Hatters together was great, but the real bonus was supporting Birth To Three."

Red Hat organizer Sharon Owensby said, "I continue to be surprised at the generosity of our Red Hatters."

In addition to the annual baby shower, the Willies Red Hat Society sponsors a holiday party for the Birth To Three families in December.

Plans are in motion to build a Diaper Pyramid to support Birth To Three at the AANR Convention to be held at The Willamettans, August 5-12, 2007. Stay tuned for more details.

Sneaker Streaker 5K

LUTZ, Fla.—Growing up in Washington State, Sabrina Vizzari watched with interest as Kaniksu Ranch in 1984 developed the original "Bare Buns Fun Run," a clothing-optional 5K race that attracted hundreds of runners to the rustic nudist resort.

After her family moved to Florida, she created the "Dare to Go Bare 5K" in 1993 as a manager at the Lake Como Family Nudist Resort. By the late 1990s, the event was drawing between 400 and 500 runners, many experiencing nude recreation for the first time.

Sabrina Vizzari (left) prepares for the Sneaker Streaker 5K with fellow Paradise member Shannon Pankow.

Now Vizzari, who recently joined Paradise Lakes as a "roving marketing ambassador," hopes to create the same excitement with the resort's "Sneaker Streaker 5K," which will take place on November 18.

> *Already a number of companies have signed on to sponsor the race and be on hand.*

Though the event is in its 12th year and held at one of AANR's larger resorts, it's never been aggressively marketed. Vizzari, 33, got a bit of a late start in the marketing for this year's run—races usually are planned 6 to 12 months in advance—but is hopeful it will draw at least 200 runners.

"I've heard from a lot of people throughout the Tampa Bay area that have never tried nudism but have long been curious about this race," Vizzari says. "All they need is reason to come out, which is why these events are so valuable."

In recent months, Vizzari has been a regular at local Tampa Bay area 5K runs and triathlons, promoting Paradise Lakes and "The Fitness Buff Radio Show," a weekly radio program aired on WTAN AM 1340 in Tampa Bay. The show is broadcast live from Paradise Lakes and Vizzari does the show in the nude with co-host and AANR staff writer Pete Williams.

The "Sneaker Streaker 5K" is advertised in local running publications and through the Paradise Lakes and Fitness Buff Web sites. Registration is available through www.active.com. Already a number of companies have signed on to sponsor the race and be on hand, including the 3Bar energy bar, Boston Bill Sunglasses, and Body Construction personal trainers.

Paradise Lakes is offering special room rates for the 5K weekend, which is the weekend before Thanksgiving. For more information on rooms, contact Paradise Lakes at 866/SWIM-NUDE. For race specifics, contact Vizzari at paradise5k@yahoo.com.

Gulf Coast Resort Kicks Off WINR Book Tour

HUDSON, Fla.—Florida Association for Nude Recreation (FANR) Women In Nude Recreation Chairperson Sally DePree spoke to several women and signed copies of her new book, *Women In Nude Recreation: The WINR Circle*, at the WINR luncheon at Gulf Coast Resort. Guest speaker Bess Mae Jones led a heartwarming workshop on forgiveness that touched everyone present. It reminded everyone that sometimes people say or do things in haste that create bad feelings that can keep families apart for years. Forgiveness starts the healing process.

The next WINR luncheons will be held at Caliente on November 14 and Paradise Lakes Resort on December 12. Sally will be happy to sign copies of her book at the luncheons. Copies of the *Women In Nude Recreation* can be purchased through AANR or wherever books are sold. E-mail info@jansonmedia.com for information.

Bobbi Janson (left) and Luana Rohrer (right) look on as Sally DePree signs copies of her book.

Bubble Parties In Paradise

Paradise Lakes Resort in Land O'Lakes, Florida, is bubbling over with fun times for everyone.

Elite Life & Premier Memberships

Prestigious memberships offered by AANR are the Elite Life and the Premier Memberships. With permission, AANR is proud to recognize the following persons:

Premier Members

Tim Berreth • Bob Cumming
Bruce McEnroe • Donald Viges
Claus Wiese

Elite Life Members

Steven Emery • Mary Howard

This list is accurate as of September 29, 2006.

Obituary

John Kerrison

PEEBLES, *Ohio—Cedar Trails Retreat and nudism in general has lost a great friend and member.* John Kerrison died September 29, 2006 from lung failure due to asbestos exposure. John was employed for over 30 years in the Security Department at U.S.E.C. Power in Piketon. He served in the United States Marine Corps for four years and attended the Faith Community Church in Hillsboro, Ohio.

John joined Cedar Trails in 1995 and quickly got involved. He was a resident at Cedar Trails and was always willing to help with anything that needed to be done. He set up a Web page for Cedar Trails and continued to be Webmaster until his death.

John was elected to the AANR Midwest (MSA) board in 1997 and served two terms as Director from 1997 to 2002. He served as IA Chair and was the region's first Webmaster. In 2000, John received the President's Award for his dedication, commitment, and service to the MSA.

John was well liked by everyone and was never afraid to tell anyone he was a nudist. One day he was at a store where the local radio station DJ was interviewing customers. When asked where he lived, he stated, "Cedar Trails Nudist Retreat in Peebles, Ohio." The DJ was quick to reply, "I can see you don't wear your clothes much, you still have the price tags on your sleeve."

With the help of AANR Midwest, a memorial fund in John's honor will be established. Donations may be sent in care of Cedar Trails Retreat, 11 Cow Run Road, Peebles, Ohio 45660.

AANR West Exhibits At Trade Show

❑ APRA shows reaches large audience.

By Beverly B. Price

MESA, Ariz.—Toward the end of the last century, I tried desperately to get approval from the Arizona Parks and Recreation Association (APRA) to have an exhibitor's booth for AANR West in their annual trade show, a show that they touted as reaching at least 1,500 recreation professionals. Disappointingly, I was turned down over and over again. I didn't even try the last few years.

Then this spring a very surprising thing happened. The Executive Director of APRA contacted me and asked me if we would be interested in exhibiting in his show. You wouldn't believe how quickly I said, "yes," but I had to recover from my shock first.

> *"The show itself was an incredible experience."*

Apparently the APRA Executive Director had been at the California Parks and Recreation Show and had seen the AANR West display there. He had talked to Jeannette DeRosier, AANR West president, and liked what he saw and heard. He asked her if she could bring the display to Arizona in August. She said she had a better idea, that she would give him the name of a contact in Arizona—me—who could handle the details and be sure AANR West was there. He directly contacted me.

Patty Faber, Margot and Chuck Unger, and Bev Price were delighted to talk to visitors to the AANR West display booth.

Other surprises were to follow. We were invited to advertise in the APRA magazine, and I designed an ad that used a photo of a small boy with bare buns and the AANR 75th Anniversary logo, as well as copy that began "Bring out your inner child—skinny dip with us!" I held my breath, waiting to be told that the ad was too bold or too risqué for their show. Nothing of the sort happened. I was dealt with in a very professional manner by the publisher of the magazine and was exceptionally pleased with the final results. At the show I often heard that folks stopped by just because they had seen the ad!

The show itself was an incredible experience. Our display included lots of give-aways and AANR brochures, as well as club brochures and pictures of club activities. We were overwhelmed with visitors. The vendor across the aisle from us was giving away Italian Ice. He kept watching the activity at our display and finally came over and said, "I don't believe it. Usually I get a lot of traffic because I give away product, but I've never seen anything like the number of people who are stopping by to talk to you." The four of us who worked at the display for two very long days just smiled sweetly and nodded, knowing that we had just educated one more person about the benefits of nude recreation.

Living Waters Offers "Next Generation" Discount

DESERT HOT SPRINGS, Calif.—Everyone's heard of "Senior Discounts," but Living Waters Spa has implemented a new kind of discount—a "Next Generation" discount. According to manager Jeff Bowman, most of the spa hotel's guests fall into the 30-65 age group. With the new discount, the hotel hopes to attract the 18-29-year-old group who would like to experience the European-style spa, but may not be able to afford regular prices.

Living Waters Spa is a natural hot water mineral spa resort that offers guests a chance to relax and rejuvenate in a clothing-optional bed and breakfast setting. Free wireless broadband Internet access is available, but there are no TVs. In addition to the Next Generation discount, there is a discount for active military personnel.

For more information about Living Waters Spa, call 760/329-9988 or toll free 888/329-9988 or visit the Web site at www.LivingWatersSpa.com.

Club Mailings Update

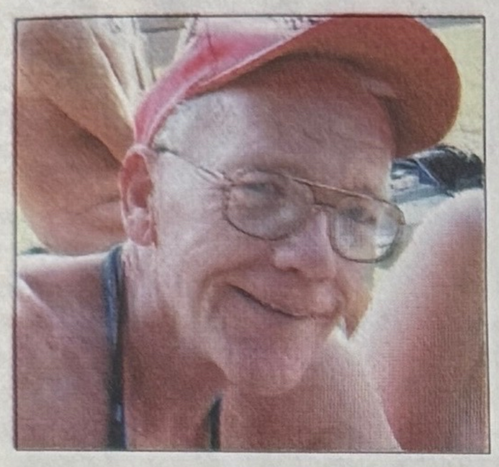
The listing below provides AANR clubs the opportunity to ensure they have received all the printed materials and communications distributed by the AANR office. Any questions should be directed to Nanette Wickersham at 800/879-6833 or fax 407/933-7577.

September 1, 2006
Club Status Report
Revised Membership Count

September 21, 2006
Monthly Transmittal Summary
Club Advisories

2007

Plans Underway For 2007 Youth Leadership Camp

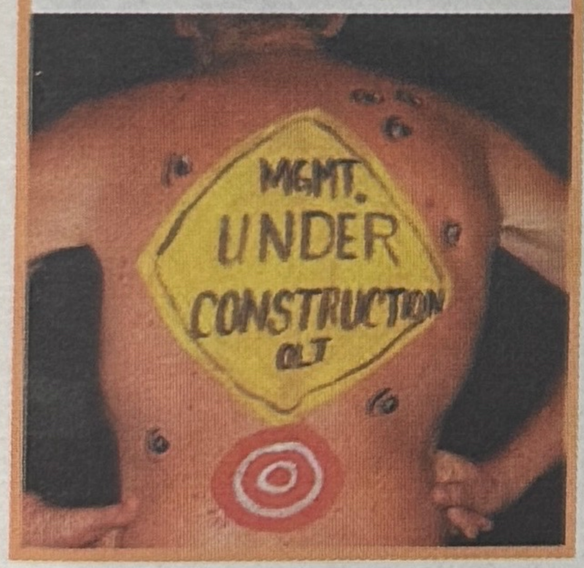


By Dennis Duncan

DEPEW, Okla.—My wife and I are relatively new to AANR Southwest, joining in 2003 when we became members of Oaklake Trails. At first we pretty much stayed on the sidelines or in my "comfort zone," as my wife put it. That all quickly changed.

About a year ago, a good family friend, AANR Southwest Youth Director Jim Bishop, asked me to volunteer as his administrative assistant for the region's first Youth Leadership Camp. With the help and support of many folks, especially those at Oaklake Trails, Camp 2006 was a success.

Preparations are now underway for the 2007 Youth Leadership Camp at Oaklake Trails. Anyone interested in information can log on to the region's Web site at www.aanr-sw.org, or contact us directly by e-mail at aanrsw2007youthcamps@yahoo.com. We are offering a special rate for early registrations made before November 30, 2007. To contact the Oaklake Trails office, call 918/324-5999; visit www.oaklaketrails.com; or e-mail OLTNaturistPark@aol.com. As the resort's new park/pr manager, I look forward to hearing from you and meeting you and your family soon.



A Jewel In Eastern Ontario

Visitors enjoy the back-to-nature experience at Lakesun Club.

By Peter McLellan

ONTARIO, Canada—One of Ontario's hidden jewels is Lakesun Club. Even though Kingston is known as our country's first capital, who would think it also is the home of a premier naturist campsite. Lakesun promotes itself as naturists in a naturalist setting.

Our first introduction started last June after I read about it on the Internet. Knowing that our anniversary was coming up, I telephoned the club to see if my wife and I could spend the day there. I have been a naturist for about three years, and my wife is a non-naturist. I spoke to Rose-Marie Burke and explained the facts and was reassured that doesn't matter. A day was picked to attend.

I wrote the directions down, and off we went for an adventure that was to change our lives completely. At that point we were cottage owners for over 39 years.

Once we got there, Rose-Marie booked us in and her father, Hans Behrmann, showed us where to park. We spoke to each of them for a few moments and went about our business. In a short period, we met six new friends who were also campers. At this point, we realized how friendly and helpful everyone was. The lake was quiet, but the loon calls were like a spell being put upon us. At this point I didn't realize that a naturalist campsite like this existed.

We spent six hours soaking up the sun and atmosphere, but then it was time to go home. It took only a week for us to decide to sell the cottage and buy a trailer.

We made arrangements to join the camp within that week, and it was to take effect for the 2006 camping season. We were not disappointed in our decision. In fact the opposite is true for persons with health challenges; this was the proper decision for us. There were all kinds of new friends to meet. Our 40th anniversary was celebrated with new people. What more does one want? Oh yes, and we have kicked our clothing habit — at least at the campsite.

AANR Members Spread The Word

Merle and Shirley Bridenstine travel cross country distributing meat products from Iowa to California or Florida, then return with produce. Along the way, they provide a rolling tribute to nudism with "AANR" displayed prominently on their rig. Nudists since 2004, the Bridenstines are members of a club in Oklahoma. En route, they stay at AANR clubs whenever possible, but elsewhere they are eager to share information about the nudist lifestyle (along with copies of *The Bulletin* and the *North American Guide to Nude Recreation*) with interested textile travelers.

Merle and Shirley Bridenstine direct passersby to the AANR Web site.

Castaways Travel Hosts Nude Week In Belize

Guests enjoyed the breathtaking scenery.

AMBERGRIS CAYE, Belize—Journey's End Resort on the island of Ambergris Caye in Belize was the site of the first Nude Week in Belize, September 9-16, 2006. The resort takeover was not only a first for the country of Belize, it was another first for clients of Castaways Travel, nude travel industry pacesetters.

Castaways Travel arranged a complete buyout of the 44-room Journey's End Resort, a property the owners James Bailey and Donna Daniels first visited over 20 years ago on a diving trip to San Pedro on Ambergris Caye shortly after Belize became independent in 1981. The month of September was a historic occasion for not only guests but also for citizens as Belize celebrated the country's 25th anniversary of its independence.

Nudity is not illegal in Belize; the resort and adjoining beach were closed to outside guests and visitors although the event was the talk of the country, including comments about Nude Week on national radio. The mayor of San Pedro, along with the authorities and local police, also issued permits for the beach to be closed in front of the resort for the week. Beaches in Belize are public just as in most other Caribbean countries.

The white sandy beaches in front of the resort were closed to the public.

Adult couples and singles were welcomed to join Nude Week at Journey's End where guests enjoyed an all inclusive program complete with accommodations plus all meals, activities, air-conditioned rooms, silky white sandy beaches, and swimming pool. A bonus: the weather was absolutely perfect! The staff and management at Journey's End were crowd favorites with clients who came from all over North America.

Journey's End Resort is a conventional family resort throughout the year. September normally finds most of the island's hotels closed for its annual vacation as most other resorts are shuttered during the month. Castaways arranged for a complete resort takeover for the September Nude Week, which provided jobs for the staff and support personnel when they would normally be unemployed. Castaways' clients brought elementary school supplies for the children of the hotel staff. In addition, guests also distributed student supplies at two elementary schools. A bonus to North Americans: English is spoken throughout the country. Other local languages include Spanish and Mayan.

Terrific diversions guests enjoyed while in Belize included: diving, snorkeling, sunning, sailing, touring the rain forest, kayaking, fishing, lounging, birding, white water rafting, visiting Central America's most famous jungle zoo nearby, and touring ancient Mayan ruins. Divers also enjoyed nude scuba and nude snorkeling as well as trips to the great Mayan Reef that runs from the northern tip of the Yucatan peninsula to the southern end of Belize.

The easiest, most accessible place to see Central American wildlife, including jaguars and toucans, the national bird, is at the Belize zoo just outside Belize City. Water sports at the resort included complimentary use of kayaks, canoes, and Hobie cats. An ocean safari is available where visitors can sight the friendly, toothless creature called the West Indies Manatee.

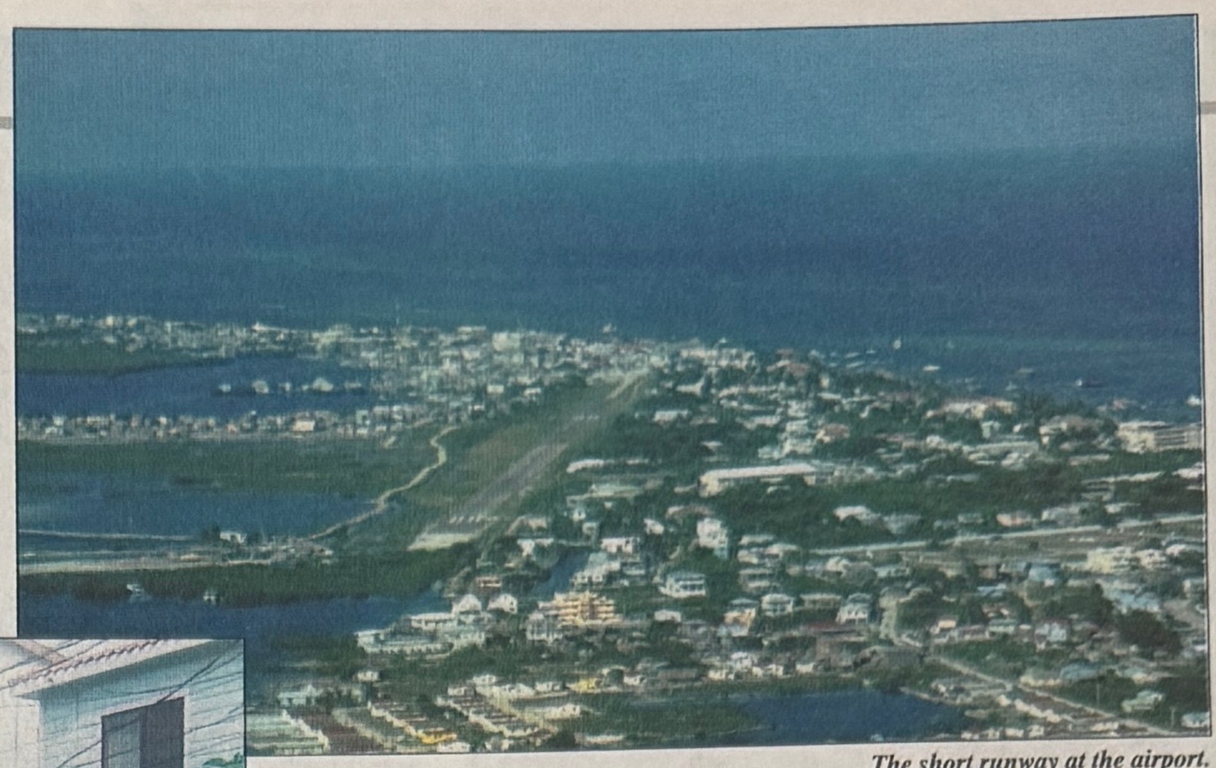
Everyone enjoyed their trip, the outstanding staff, and the atmosphere. Although visitors found most modern conveniences expected in any vacation destination, tourism has not overrun the town to the extent that it's smothered the culture and charm of the community.

Journey's End was the site for Nude Week.

Soaking up the sun at the swim-up bar.

Photos courtesy of Castaways Travel.

Winners of Treasure Trivia with their prizes — red Castaways towels.



The short runway at the airport.

Castaways clients brought school supplies for local elementary school children.

Lounging at sunset.

Celebrate AANR's 75th Anniversary . . .

A AANR Car Flag

$5.95 member, $7.95 nonmember

Celebrate 75 years of AANR with our new novelty car flag with silk-screened AANR logo. Made of nylon with a plastic flag pole that attaches to your car window. **#311**

B AANR Medallion

$10.00 member, $12.00 nonmember

The medallion depicts the AANR 75th Anniversary logo. Constructed of metal with gold-tone finish and hangs from an award-style blue and white ribbon. **#4688M**

C AANR 75th Anniversary Jacket

$39.95 member, $41.95 nonmember

Our commemorative anniversary jacket is made of nylon with a cotton/poly lining and embroidered anniversary logo. Front zip with side pockets. Sizes: S, M, L, XL, XXL. **#441**

D AANR 75th Anniversary Postage Stamp

$2.00 or 3 for $5.00

Celebrate our 75th anniversary with a commemorative legal tender 37¢ U.S. postage stamp. **#4688S**

E AANR 75th Anniversary Canadian Postage Stamp

$2.00 each or 3 for $5.00

The AANR 75th logo commemorates our 75th anniversary celebration. Each stamp is good for a first class letter in Canada. **#4688C**

Club Happenings

The Club Happenings section of *The Bulletin* consists of information that has been submitted by individual clubs. All AANR clubs are listed on the Web site at www.aanr.com. A printed list of clubs can also be obtained by writing the AANR office, 1703 North Main Street, Kissimmee, FL 34744-3396, or by calling 800/TRY-NUDE.

ARIZONA

✦ **ARIZONA WILDFLOWERS** don't wilt in summer's heat and they don't curl up and go away when the weather cools. Of course, the pool is not quite as enticing, but everyone still enjoys the camaraderie and the excellent food. In fact, they really heat up the food for the cooler weather, enjoying chili-tasting parties and pizza bashes. The downside? It is really difficult to tell how much one has eaten when one doesn't have a belt to loosen! Visitors wanting to share a hearty meal with the Arizona Wildflowers may contact them at POB 26465, Phoenix, AZ 85068 for information.

ARIZONA—Wildflower Leo Von Kallen is always anxious to go for the grub!

✦ Members of the **BUFF-A-TEERS** have covered the pools and fired up the spas and hot tubs in preparation for the fall/winter season. They also will be modifying the restaurant schedule to accommodate the holidays. A Thanksgiving feast is scheduled for the weekend before; a modified potluck, dishes will be coordinated with the hostess to avoid 14 green bean casseroles. Members will also be spending some weekends at Wesworld. Contact buffateers@yahoo.com for dates and times.

CALIFORNIA

✦ ***THE SEQUOIANS, A CLOTHES-FREE CLUB*** located in the Bay Area is getting ready for the off-season activities. At the end of November, members and their families and friends will celebrate Thanksgiving with an incredible spread of traditional Thanksgiving food. In December, there will be a holiday party with a gift exchange and potluck. The Sequoians know how to ring in the New Year with a murder mystery dinner. Please check the newly-updated Web site for more information at www.sequoians.com or e-mail Steffiezoo2@yahoo.com.

✦ At **DESERT SHADOWS INN RESORT & VILLAS** in Palm Springs, the month of October was the place to be for the Halloween party. On November 8, the Aircraft Owners & Pilots Association returns with their parade of planes from the Palm Springs International Airport to the convention center. A traditional Thanksgiving dinner with all the trimmings is planned for November 23. On November 24-November 26, the Desert Art Show in the Park is returning to the Francis Steven Park. To see some of the artists' work, visit www.westcoastartist.com. For information or to make reservations, call 800/292-9298 or visit www.desertshadows.com.

✦ Members had the time of their lives this past season at **GLEN EDEN SUN CLUB**. The fun included a packed schedule of non-stop activities on all the major holidays; regular dances; and activities specifically designed for youth, teens, and their families. On top of all that, they were honored to host the 53rd annual AANR West Convention. For those who enjoy peace and quiet, the fall/winter season is a perfect time to visit this 155-acre paradise. A Thanksgiving dinner is planned for November 23. For more information, call 951/277-4650 or toll free 800/843-6833 or visit the Web site at www.gleneden.com.

WEEKLY ACTIVITIES: Sunday, Wednesday, Friday: Karaoke.

COMING EVENTS: December 9 Christmas Festivities.

✦ The owners, management, and members of **DEER PARK NUDIST RESORT** invite members of AANR to join them in their fun-packed activities. There are many new upgrades such as an open pavilion and new snack bar by the upper swimming pool. Guests can shoot pool in the pool room and enjoy the remodeled steam room, indoor spa with waterfall, and the Western theme throughout the remodeled clubhouse, restaurant, and snack bar. Daily activities include water aerobics, cribbage, card games, and dominoes. For information about activities or a club brochure, call 888/993-NUDE (6833); visit www.dpnr.com; or write 1924 Glen Helen Road, Devore, CA 92407-1500.

WEEKLY ACTIVITIES: Sunday: Free Gate Fees for Ladies. Volleyball, Water Volleyball, Tennis, and Bocce Ball Tournaments. The restaurant is open various hours each weekend.

✦ The **OLYMPIAN CLUB** invites nudists in the Southern California area to join the travel club for a full calendar of fun-filled activities that include theme parties, pool and spa parties, picnics, costume parades, potlucks, and board games usually held at members' homes or local nudist resorts. The general membership meeting and election of officers will be held on November 12, followed by a holiday decorating party at the end of the month. Visit the Web site at www.olympianclub.com for membership information or e-mail olympianclub@aol.com to attend as a guest or a prospective member.

COMING EVENTS: December 9 Holiday Party, Boat Parade; **December 31** New Year's Eve Party.

✦ November will find members of **SILVER VALLEY SUN CLUB** celebrating Thanksgiving with a potluck on the Saturday following Thanksgiving. This year will be a special time during the Christmas decorating party as it will be with all new decorations after the previous ones were lost in the June fire at the club. Mark the calendar for the Christmas party on December 9, a guaranteed night of fun and merriment. Check out the Web page at www.silvervalleysunclub.com. Visitors to the site will enjoy what they see and read. Call 760/257-4239 or stop by for a visit in Newberry Springs.

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CALIFORNIA

Continued from Page 33.

✦ For information about **LAGUNA DEL SOL**, visit www.lagunadelsol.com.

MONTHLY ACTIVITIES: Sun Singles meet the first Saturday of each month and celebrate birthdays the third Saturday of the month.

COMING EVENTS: December 2 CAT Team Presentations, New Year's Signups, Holiday Party; **December 25** Christmas; **December 31** New Year's Eve Party.

✦ For information about **OLIVE DELL RANCH**, visit www.olivedellranch.com.

COMING EVENTS: November 28 Potluck; **December 1** Game/Poker, Ladies Night; **December 2** Bingo, Music and Social; **December 8** Game/Poker, Ladies Night; **December 9** Juniors Tree Trimming and Christmas Party, Book Discussion Group; **December 12** Potluck; **December 15** Game/Poker, Ladies Night; **December 16** Mystic Fun, Adult Gift Exchange; **December 22** Game/Poker, Ladies Night; **December 23** Book Discussion Group, Music and Social; **December 25** Christmas Potluck; **December 29** Game/Poker, Ladies Night; **December 30** Music and Social; **December 31** New Year's Eve Party, Midnight Buffet.

COLORADO

✦ **ROCKY MOUNTAIN NATURISTS** hosts a regularly scheduled swim and potluck in the Denver area. For information, e-mail info@rockymountainnaturists.com.

COMING EVENTS: December 2 Swim, Potluck.

✦ For information about **FRONT RANGE NATURISTS**, write POB 21266, Boulder, CO 80308 or visit www.geocities.com/frnclub.

COMING EVENTS: December 16 Christmas Party, Potluck, Gift Exchange; **December 31** New Year's Eve Party.

✦ **MOUNTAIN AIR RANCH** (MAR) is a natural hideaway on 150 acres in the foothills southwest of Denver. Although a chill is in the air, members continue to enjoy the hot tub and sauna as well as work on fall tans on the sun deck and complete scheduled improvements to the ranch facilities. Visitors are invited. Overnight lodging, RV hookups, beautiful hiking trails, and some of the most accepting people one will find are available. MAR has been in the same location for 70 years. For more information, call 877/TRY-NUDE; visit www.trynude.com; write POB 855, Indian Hills, CO 80454.

FLORIDA

✦ **BECKY'S BED & BREAKFAST** just celebrated its first anniversary with a wine tasting party done by Brian Parker, independent sales consultant for the Traveling Vineyard. Many AANR members attended to enjoy the party and check out what Becky's is all about. Some were pampered by the massage therapists who also joined in the festivities. It was unanimous: Becky's is the place to be for some rest and relaxation. Snowbird season is approaching quickly, and what better place to be than this home away from home? Guests visit Becky's as friends, but leave as family. For information, visit Beckysbandb.com.

✦ **NORTHEAST FLORIDA NATURISTS** (NFN) is an active and growing travel club in the Jacksonville/St. Augustine area. They are attracting 30-50 members to each of the club's monthly activities. NFN's first Friday of the month meet and greet is held in a restaurant for prospective members to meet current members in a neutral environment. NFN will host their Christmas party at a member's home this year. Contact them for details at www.nfnaturist.org.

COMING EVENTS: December 1 December Sipper.

✦ **LAKE COMO FAMILY NUDIST RESORT** has plenty of things happening this month. Don't miss the Bare Buns Biker Rally November 17-19 with a poker run, biker games, food and beverages, vendors, and live entertainment. A Parrothead party is planned for November 17. A Toys for Tots run is slated for November 19. Call early for hotel rooms and camping. Friday night poolside dances are held monthly. Many other big events are happening soon. Visit www.lakecomoresort.com for details.

COMING EVENTS: December 2 Christmas Tree Trimming; **December 10** Christmas Golf Cart Parade; ***December 17 Juniors Christmas Party, Butt Hutt Christmas Party;*** **December 24** Christmas Party; **December 31** New Year's Eve Parties.

✦ From Thanksgiving to New Year's, plus themed events, **CALIENTE** is where the party is beginning with the half-off weekend, December 1-3. Don't forget to bring something for the Angel Tree and the Women's Shelter. Season's Greetings and Happy Holidays! For information, visit www.calienteresort.com.

COMING EVENTS: December 8 Tree Trimming Party, Meet & Greet; **December 20** Christmas Caroling; **December 22** Santa-Hosted Meet & Greet; **December 22** Christmas Show with Santa; **December 31** New Year's Eve.

COLORADO—Despite the chilly weather, members of Mountain Air Ranch enjoy a fall cookout.

✦ Members of the **SANIBEL NATURISTS** recently decided to "Adopt A Highway" in the Ft. Myers, Florida area and get together one Saturday every other month to clean that stretch of highway. Afterwards, they gather at a member's home for lunch and a swim. In an effort to accommodate more who wish to visit the club's private beach on North Captiva, members will charter a boat from Island Charters for the November 5 flotilla. Assuming this will be a successful activity, the Sanibel Naturists will continue these charters for future flotillas. Members wish everyone a Happy Thanksgiving! Visit www.sanibelnaturists.com.

✦ It may be cold up north, but it's the perfect time of year to be at **GULF COAST RESORT** in Hudson, Florida, just 30 minutes from Tampa. Join members for a dance on November 11 and the Thanksgiving dance on November 25. Check the online newsletter for other events and happenings. Mention this ad and get a discount on the AANR rates. Current military or college ID will get visitors in free for the day. Spend time floating in the pool and/or soaking up the rays. For energetic types, there are a variety of sports. Call 727/868-1061; e-mail gulfcoastresort@aol.com; or visit www.gulfcoastresort.com.

✦ **SUNNY SANDS RESORT'S** Lil' 500 golf cart race will be held on November 11. The Trailer Trash Party is on November 18. Those attending should find an outfit to wear. There will be Bingo in the clubhouse on November 19. New Year's Eve tickets go on sale November 20. A Thanksgiving potluck rounds out the month on November 23. Events are held in Leg's Bar unless otherwise noted. For information, write 502 Central Blvd., Pierson, FL 32180; call 386/749-2233; e-mail sunnysands@worldnet.att.net; or visit www.Sunnysands.com.

COMING EVENTS: December 2 Golf Cart Decorating, Parade, Tree Trimming, Cookie Exchange; **December 9** Christmas Party, Gift Exchange; **December 17** Bingo; **December 31** New Year's Eve Party.

✦ **SUNNIER PALMS** members had a great time at the Halloween dance on October 28. Everyone is excited about the Veterans Day/Sunnier birthday celebration on November 11 and the Thanksgiving feast on November 21. For a complete list of activities until the end of the year, visit the Web site at www.sunnier.com. Sunnier is located at 8800 Okeechobee Road, Fort Pierce, FL 34945. Call 772/468-8512 for information.

WEEKLY ACTIVITIES: Sunday: Morning Music by the B-Naturals, Potluck Luncheon, Evening Movie and Popcorn.

COMING EVENTS: December 21 Winter Solstice Celebration/Campfire; **December 25** Christmas Dinner; **December 31** New Year's Eve Party and DJ Dance.

✦ November is packed with fun events at **CYPRESS COVE NUDIST RESORT & SPA**. Besides ongoing activities such as Music Mondays, pool tournaments, Chinese wand exercises, pizza parties, and dance lessons, many big events are planned. Super Mega Trivia is scheduled for November 3, followed by a dance with Big Band music on November 4. Travel back to the 1950s with a 50s karaoke party on November 10 and a DJ dance on November 11. Don't miss Vegas and Gangster Weekend, November 17-18, or Classic Country Weekend, November 24-25. For details and information, write 4425 Pleasant Hill Road, Kissimmee, FL 34746; call 407/933-5870 or toll free 888/683-3120; or visit www.cypresscoveresort.com.

WEEKLY ACTIVITIES: Sunday: Live Music Poolside. **Monday:** Music Monday.

COMING EVENTS: December 1-3 Singles Weekend; **December 16** Christmas Parade, Sadie Hawkins Dance; **December 29-31** Nude Year's Eve Weekend.

GEORGIA

✦ Phase One of the Lodges is ready for occupancy at **PARADISE VALLEY** in Dawsonville. Call the resort to reserve one of these luxurious condos. Watch for exciting events such as club dances, pool parties, and more as membership expands. During the winter months, breakfast, lunch, and dinner will be available in the Bare Cheeks Lodge. Weekends will be filled with activities and dances. Prom Night is planned for November 4, and a Thanksgiving potluck is slated for November 18. Additional activities can be found in the newsletter. For information, call 706/265-6110 or visit www.paradiseclubs.com.

COMING EVENTS: December 2 Tree Decorating Party; **December 9** Christmas Shopping Break Party; **December 16** Christmas Dinner and Dance; **December 19-January 1** New Year's Weekend Bash.

✦ The good times keep rolling at **SERENDIPITY PARK** in November. Visitors are invited to enjoy tons of events and tournaments for the kids and the grownups. On November 4, there is a bowling/skating field trip, horseshoes tournament, and toga party. On November 11, the kids have a foosball tournament while the adults enjoy singles pétanque, a best gumbo contest, and disco dance party with disco duds contest and Jello shooters. The Thanksgiving potluck happens on November 18 with a hula-hoop contest for the kids and table tennis for the adults. Get a portrait taken with Santa on November 19. Visit www.serendipity-park.com.

COMING EVENTS: December 1 Wine & Cheese Party; **December 2** Kids Movie Matinee, Baggo Tournament, Darts Tournament, Game Night; **December 9** Kids Christmas Party, 8-ball Tournament, Adults 8-Ball Tournament, Christmas Party, Gift Exchange; **December 16** Kids Arts & Crafts, Baggo Tournament, Spaghetti Cookoff, "Who Wants To Be a Millionaire?" Tournament; **December 23** Merry Christmas—No Scheduled Events; **December 30** Kids Dance Contest, Golf Putting Challenge, New Year's Eve Celebration Fishbowl Party.

✦ With warm weather continuing into October, **BARE BUDDIES** members had ample opportunities to live up to the club's motto of "we never hibernate." Members were spotted every weekend at the three landed clubs north of Atlanta, including several who participated in the Fig Leaf 5K at Paradise Valley. The Halloween party was a "howling" success. Members let their imaginations run wild as they put together their "bare as you dare" costumes. The club offers a full schedule of monthly events including pool parties, camping trips, house parties, and group trips to landed clubs. Call 404/264-6255; e-mail barebuddies@hotmail.com; or visit www.barebuddies.org.

✦ Fall has arrived in the North Georgia Mountains at **BELL ACRES RESORT**. Members will enjoy activities year-round. A Thanksgiving potluck and dance are planned for November 11. The social committee will provide turkey and stuffing. A tree trimming party is planned for November 18. Bring an ornament and a snack to share. For more information, call 800/432-1436; write 158 Bell Acres Road, Maysville, GA 30558; e-mail bare@bellacres.com; or visit www.bellacres.com.

ILLINOIS

✦ **BLUE LAKE'S** closing weekend in October was well attended. Everyone had a great time roasting wieners while enjoying great fellowship and food. A winter party is planned for November 11. Turkey will be provided. Those attending should bring a side dish and canned goods for the Erie Food Pantry. The kitchen and wait staff thank everyone for another good year and look forward to seeing everyone next year. For information, visit www.bluelakeresort.org.

INDIANA

✦ Although many of **SUNSHOWER COUNTRY CLUB'S** amenities are closed for the winter, many are still open, such as a heated clubhouse with shower and bathroom facilities and a hot tub. The two rental cabins are also heated. Visitors are welcome to any of the winter activities. A pitch-in dinner is planned for November 18, with board and card games to follow. Nude Year's Eve tickets are on sale now. There are only 70 tickets to be sold, so order them soon. Visit the Web site at www.Sunshower.com; e-mail Sunshower@sunshower.com; or call 765/855-2785.

COMING EVENTS: December 9 Season's Greetings Dance; **December 10** Christmas Pitch-In, Gift Exchange; **December 31** Nude Year's Eve Party and Dance.

✦ **DRAKES RIDGE RUSTIC NUDIST RETREAT** has started to put on the winter "wrap" with the final season event, the Thanksgiving dinner, the weekend before Thanksgiving. Kyana Naturists and Drakes Ridge members will get together for house parties and New Year's Eve at the club grounds to stay connected until warm weather returns. It's time to return to ongoing maintenance and another phase of clubhouse improvements. It's been great to look forward to new improvements each season. An RV renovation and a new "prototype" cabin by two members add facilities to the landscape. Visit www.drakesridge.com for information about next season's opening events.

INDIANA—Jerry Brown puts the final sauce on the pork roast he prepared for the luau at Drakes Ridge.

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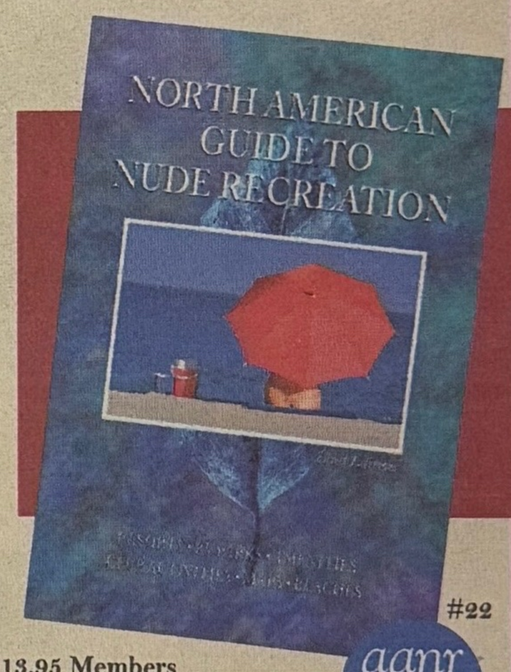

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INDIANA

Continued from Page 35.

✦ **LAKE O'THE WOODS CLUB** is closed for visitation and will reopen May 2007. For questions on visiting, contact the club at 219/241-0739 or write POB 53, Valparaiso, IN 46384. Get a complete list of events on the Web site at www.lowc.org. Celebrate over 70 years in nudism.

COMING EVENTS: December 2 Youth Christmas Party; **December 9** Christmas Party Gift Exchange, Potluck; **December 31** New Year's Eve.

KANSAS

✦ **PRAIRIE HAVEN** is closed for the season but there is life after closing day. Many members visit on the weekends, and there is always a campfire somewhere in camp. The evenings are chilly but that makes the roasted hot dogs and marshmallows taste just that much better. The rabbit population seems to be down this fall, but the coyote numbers are up, and can they sing! They start tuning up about an hour before sundown and carry on all night, at times sending chills up and down one's back. Plans are underway for next season. For information, visit www.prairiehaven.net.

MARYLAND

✦ **MARYLAND HEALTH SOCIETY** (MAHESO) members are enjoying the solitude of the woods and trails. The leaves are a riot of color; they will remain that way until just prior to the leaf raking on November 11 when they take on a new hue. Members may not enjoy them as much as earlier in the month but the necessity to rake them up for the winter is a part of the fall season. Everyone is looking forward to the Thanksgiving potluck, the holiday party in December, and the New Year's Eve celebration. For information, write POB 126, Davidsonville, MD 21035; call 410/798-0269; or visit http://www.maheso-naturally.org/.

***COMING EVENTS: December 9** Christmas Party; **December 31** New Year's Eve Celebration.*

✦ Late fall in the Chesapeake Bay region, with cool days and nights, means the activities at **PINE TREE ASSOCIATES** center less around nudity and more around doing things that promote the family atmosphere of the club. Cooler weather doesn't mean the use of Pine Tree's noted sports courts declines—it's just that wearing a sweatsuit or other attire makes more sense than playing nude (except for those rare Indian summer days when the sun comes out and the togs come off). November's indoor activities include the club's Thanksgiving feast on November 18 followed by a Harem Night fundraiser dance. Visit www.pinetreeclub.org.

COMING EVENTS: December 2 Christmas Dance; **December 9** Children's Christmas Party; **December 31** New Year's Eve Party and Dance.

MASSACHUSETTS

✦ **BERKSHIRE VISTA RESORT**, located at the end of Kittle Road in Hancock, Massachusetts, ended its fall foliage season with a potluck dinner in late September, and the last dance on Columbus Day weekend. Members got together to plan the special events for next season, and it is full of good fun, good music, and good times. Again this winter, the William Kittle House will be hosting winter getaway weekends for groups and travel clubs. To join the fun, call 413/738-5154. Check the ad on Page 2 of *The Bulletin* and the Web site at www.BerkshireVista.com.

MICHIGAN

✦ **TURTLE LAKE RESORT'S** (TLR) "A Different Kind of Volleyball Tournament" was a great success with over 70 participants. The motorcycle show had over 50 participants with various activities for them and many spectators watching. TLR's first pentathlon was fun with many people laughing and enjoying the different sports. With winter on the way, visitors can enjoy the 10,000-sq.-foot clubhouse with the indoor pool and hot tub and/or relax in front of the fireplace. Check the Web page for activity information at www.turtle-lake.com or call toll free 866/321-4710.

COMING EVENTS: December 2 Euchre Tournament, Christmas Auction.

✦ Fall has arrived with the oaks of **FOREST HILLS CLUB** turning brown with bright splashes of color throughout the woods. Visitors are invited to the Thanksgiving potluck on November 11. Forest Hills supplies the turkey; those attending should bring their favorite dish to share. Hot tubbing will follow. Everyone is grateful for the freedom to gather together in the nude to share a meal. For information, write POB 105, Saranac, MI 48881; call 616/642-9526; visit www.foresthillsnudists.com; or e-mail info@foresthillsnudists.com.

COMING EVENTS: December 9 Christmas Potluck, 8 Cap Donation.

MINNESOTA

✦ Big plans are underway for the 2007 season at **OAKWOOD CLUB**. It may be winter, but the board of directors and committee chairpersons have been hard at work setting the 2007 schedule. Look for it soon on the Web site at www.oakwoodclub.com. There have been huge membership increases this year, and more of the same is expected in 2007. Water, electric, and sewer are available to every lot holder. Two new pétanque courts and a new horseshoe pit were built this fall. An outdoor pavillion/gazebo will be completed in the early spring. Many other additions to the grounds will be done in 2007.

KANSAS—A couple of dealers on Las Vegas Night at Prairie Haven.

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MINNESOTA

Continued from Page 37.

✦ Members of the **SNO-BIRDS** are hunkering down for the winter. Several activities are in the planning. Members try to keep in touch with nudists by the monthly newsletters in hopes that they will join in sharing the fun and hospitality the club offers. Maybe it will shorten the long winter months. For information, write POB 32034, Mpls., MN 55432 or e-mail snobird1982@aol.com.

✦ **AVATAN** is quiet, and the hot tub is drained and waiting for the spring. Over 500 guests visited Avatan last summer, and members are preparing for more visitors in 2007. This winter there will be a New Year's dance and a winter hot tub party. Check out the Web page at www.avatan.com for more information.

MISSOURI

✦ **FORTY ACRE CLUB** (FAC) members have said goodbye to summer but the club is open year-round and hosts activities each month. When it's cold, members often gather in the clubhouse or around the fire pit. Members and guests will get together for Thanksgiving dinner on November 18. FAC has a lively Red Hat contingent that gathers once a month, usually on the third weekend. All ladies are welcome. Write 104 Ridge Acres Loop, Box 5A, Lonedell, MO 63060; phone 636/629-0050; fax 806/398-1039; e-mail facmous@yahoo.com; or visit www.fortyacreclub.com.

COMING EVENTS: December 9 Tree Trimming Party; **December 30** Nude Year's Eve Party and Dance.

MONTANA

✦ For information about **MONTANA NATURIST ORGANIZATION**, call 406/961-3211 or visit the Web site at www.montananaturist.org/.

COMING EVENTS: December 2-3 Cub's Den Swim in Monarch, Montana.

NEVADA

✦ **NEVADA SUN RANCHO** (NSR) has remained open even during the renovation of the clubhouse. Everyone enjoyed the grand opening in October. Cabins for the New Year's Eve party will be available on a first come, first served basis. Reservations are being accepted. There will be a bonfire, dinner, music and dancing, and more. NSR will provide party favors. Those attending should bring a beverage and snack and tents and sleeping bags if they want to stay overnight. Saturday night movie nights will start soon in the clubhouse or outside, weather permitting. For information, call 702/723-5463 or toll free 888/786-LVSC.

NEW JERSEY

✦ A successful season has ended, and **ROCK LODGE CLUB** members look forward to next year. By means of a systematic campaign, the club gained extensive publicity that brought many people to visit throughout the summer. The season was marked by mostly fine weather, great parties, and crowded facilities on weekends. The club intends to install a new dock at Sandy Beach. The club's prized building, the Stone House, will be 100 years old in 2007. Plans are afoot for refurbishment. Several events will be held in an extended celebration next season. Visitors should consult www.rocklodge.com and plan to attend some of the events.

✦ Happy Thanksgiving from **SKY FARM**! Last summer was filled with camaraderie and fun that created lasting memories for all members, young, old, and new. This is the time of year when things slow down a bit at the Farm but members continue to enjoy the beauty of the seasonal change with walks on the trails in the brisk air and socializing around the fireplace in the clubhouse. Sky Farm operates as a private cooperative and its membership is made up of primarily couples and their families. Visit the Web site at www.skyfarm.com or call 908/647-2310.

NEW MEXICO

✦ For information about **ROADRUNNER NATURISTS**, call 505/293-8804 or visit the Web site at www.roadrunnernaturists.com/.

COMING EVENTS: December 10 Christmas Party; **December 31** Nude Year's Eve Party.

NEW YORK

✦ **FULL TAN SUN CLUB**, a family-oriented nudist park, has gained many new members and entertained many guests over the past six years. Owners Carol and Bunk Bingham extend a warm welcome to all to stop by for the 2007 season (May 1-September 30) and meet all the great people that make the Full Tan Sun Club what it is today. For information, visit www.fulltansunclubofny.com; e-mail fulltansunclub@starband.net; write POB 360, Warnerville, NY 12187; or call 518/673-2886.

NORTH CAROLINA

✦ What a beautiful time to be in the Carolinas at **COVENTRY CLUB & RESORT—NC**. The weather is in the low 70s during the day and mid-50s at night, making for great sleeping. The solar system in the pool is working overtime trying to keep the pool warm enough for that last water volleyball game. Hopefully, everyone will have a wonderful and joyous Thanksgiving and remember those who are so much in need of generosity. Many things are planned for the club over the winter months, and it is exciting to see all the changes that will be happening. For details, visit www.coventryresort.com.

WEEKLY ACTIVITIES: Saturday: Potluck Wine & Cheese, DJ Dance.

COMING EVENTS: December 16 Christmas Party; **December 30** New Years Eve Weekend.

✦ *It's always a great time with* ***TRIANGLE AREA NATURISTS****, a nonlanded club in* central North Carolina. Members enjoy fun activities including hot tub and swim parties, plus visits to landed clubs. Visitors are invited to join in, and new friends are always welcome. For membership information, visit the Web site at www.trianglenaturists.com or write POB 12011, Research Triangle Park, NC 27709.

COMING EVENTS: Christmas Party.

✦ At **PAMLICO PINES**, members have had a great year/season but it hasn't ended yet. There is plenty planned for the winter months for members and guests in the toasty warm clubhouse. Rental cabins and campsites are available. The new horseshoe pit and volleyball and bocce courts have been completed. The pond is filled with fish for kids of all ages. The first Sunday of the month is potluck Sunday. To stay for camping—weekends or vacation—call for reservations at 252/745-1292 or visit the Web site at www.PamlicoPines.com.

OHIO

✦ Members of **NORTHCOAST NATURISTS**, a nonlanded club in the Cleveland/Akron area, will have a Thanksgiving party at Green Valley on November 4. Bring a dish to share and come early for socializing. Members invite visitors to join them for Bare Bowling November 5 and 19, then swim and play walleyball on November 11 and 25. Swims usually have an activity or theme. On November 18, there will be a wine tasting at a member's home. If any of these events sound interesting, call 216/55NAKED or e-mail club@northcoast-naturists.org. Find out more about the club at www.northcoast-naturists.org.

COMING EVENTS: December 2 Holiday Party; **December 3** Bowling; **December 9** Swim; **December 10** WINR Cookie Decorating; **December 16** Wine Tasting; **December 17** Bowling; **December 23** Swim.

✦ The Poker Run and progressive dinner at **CEDAR TRAILS RETREAT** was a great success. Members got to host at their campsite, and visitors met new friends, lingering as long as they liked before going to the next stop. Food along the way was great, and everyone got to play their hand for the winner of five card stud at the finish. Being at the end of warm weather, the atmosphere at Cedar Trails changes to a time for watching wildlife, gazing at the stars from the hot tub, and enjoying a quiet getaway. For information, phone 937/764-1365; e-mail cedartrailsretreat@yahoo.com; or visit www.bright.net/~ctnr.

OHIO—Chris Geif (far right) had the best hand with Joyce Hertzoff coming in second and Sharon Curl following up with third at Cedar Trail's Poker Run.

✦ Members of **GREEN VALLEY** enjoyed a great summer with many activities and dances plus a chili cook-off and Oktoberfest. Camp members brought back a trophy from White Thorn's Superbowl, and enjoyed a wine and cheese tasting and sock hop. Fall cleanup is November 11, followed by a Thanksgiving dinner. The camp has a great hot tub and pool with an expansive deck area. Many new members joined during the 2006 season, and a new activities director was voted in. The camp hopes to continue the fun in 2007. For information on activities, subscribe to the mailing list at valleynewsonline@yahoo.com.

✦ **PARADISE GARDENS** in Cincinnati remains open year-round to members and visitors. Indoor facilities include an indoor heated pool, a sparkling hot tub, and a toasty sauna. The winter events schedule is packed with weekend fun. Room accommodations are available by reservation. A Thanksgiving potluck dinner and dance is planned for November 11. November 25 is game night. Plan a winter weekend getaway, and discover a new paradise... at Paradise Gardens, located one mile north of I-275 at Exit 31. For more information, write 6100 Blue Rock Road, Cincinnati, OH 45247; phone 513/ 385-4189; or visit the Web site at www.nudelife.com.

WEEKLY ACTIVITIES: Sunday: Big Screen Football. **Friday:** Darts Tournament. **Saturday:** DJ Dances Most Weeks.

OKLAHOMA

✦ **OAKLAKE TRAILS** honors its veterans with a dance on November 11 and the traditional Thanksgiving dinner on November 18. A dance is planned that night to work off all the turkey. The November birthdays are honored on November 28. For more details, call 918/324-5999; visit the Web site at oaklaketrails.com; or write 24601 Milfay Road #1, Depew, OK 74028.

COMING EVENTS: November 28 Birthday Potluck; **December 2** Tree Decorating, Caroling; **December 9** Dance; **December 16** Potluck and Christmas Party With Santa; **December 30** Birthday Potluck; **December 31** Nude Year's Eve.

OREGON

✦ **THE WILLAMETTANS** will have a Thanksgiving potluck dinner on November 18, where members gather to share stories, food, and games. Turkey and the fixings are provided. As the holiday season moves in, it becomes a time to slow down and reflect on memories with family and friends. Put a log on the fire, curl up with a good book, or put a puzzle together in the lodge. Enjoy the indoor hot tub, sauna, and covered pool year-round. Trailers and "bunkies" are available to rent. Call the office at 541/ 933-2809 to reserve a rental unit.

COMING EVENTS: December 9 or 16 Christmas Party; **December 31** Nude Year's Eve Party.

✦ **THE ROGUE SUNCATCHERS** in Medford will have a holiday party with a thieving gift exchange on December 16, and a Nude Year's event on December 31. For information on the club, e-mail theroguesuncatchers@yahoo.com or call 541/899-2750.

✦ Though winter has arrived with rain and blustery weather, members of **MOUNTAINDALE SUN RESORT** are still having fun. Check the calendar to see all of the fun happenings. November brings a Thanksgiving celebration, this year with the SunRovers on November 18. Visit Mountaindale where the fun never stops. For more information, write POB 248, North Plains, OR 97133; call 800/45-HAVEN; visit http://www.mountaindalesunresort.com; or e-mail office@mountaindalesunresort.com.

COMING EVENTS: December 2 Social Night; **December 9** Holiday Celebration; **December 31** New Year's Eve Dinner Party, Murder Mystery.

✦ **HIDDEN SPRINGS** will again host its fall and winter events. The Indoor Nude Recreation Nights will be held at the same athletic club as last season. The dates for these evening events are December 3, February 11, and March 25. The Bare Bowling events will be at a different location and on a different day. The new dates for the evening bowling events are November 11, January 27, and March 10. Discounts are available for AANR and TNS members. For more information about these events and registration, contact hsevents@verizon.net. Call 503/699-5442; e-mail hiddensprings@pobox.com; or visit http://www.hiddenspringsnudist.org/.

COMING EVENTS: December 3 Indoor Nude Recreation Night; **December 31** Hidden Springs Nude Years Eve Party.

✦ Over 60 happy nudists danced under the stars at **BARE SPIRITS'** (BS) beach party in Dallas, Oregon. The theme—Swimsuits 100% Off—was amply celebrated as people brought the swimsuits they would have worn, and members strung them along the fence. Dancing followed an afternoon of wet fun playing water volleyball and drier fun with a Texas Hold 'Em poker tournament. Food, frolic, good fellowship, and perfect weather combined to make it a weekend to remember! The BSers also planned their costumes (as only nudists can) for the many wonderful Halloween parties in the area. For information, call 503/831-0054.

✦ **SQUAW MOUNTAIN RANCH** (SMR) got rave reviews at the August music festival for the wide range of musical talent, fun dunk tank, and belly dancing exhibition. Those planning a trip out West, why not plan a stop at SMR in Estacada, Oregon? There are newly decorated rooms in the lodge and nearly 20 acres of woods to walk in, commune with nature, and make new friends. On November 18, a Thanksgiving dinner is planned with turkey provided and served potluck style. December's Cabin Crawl will feature delicious food, libations, and a dance. For more information, visit www.squawmt.com or call 503/630-6136.

COMING EVENTS: December 30 Cabin Crawl.

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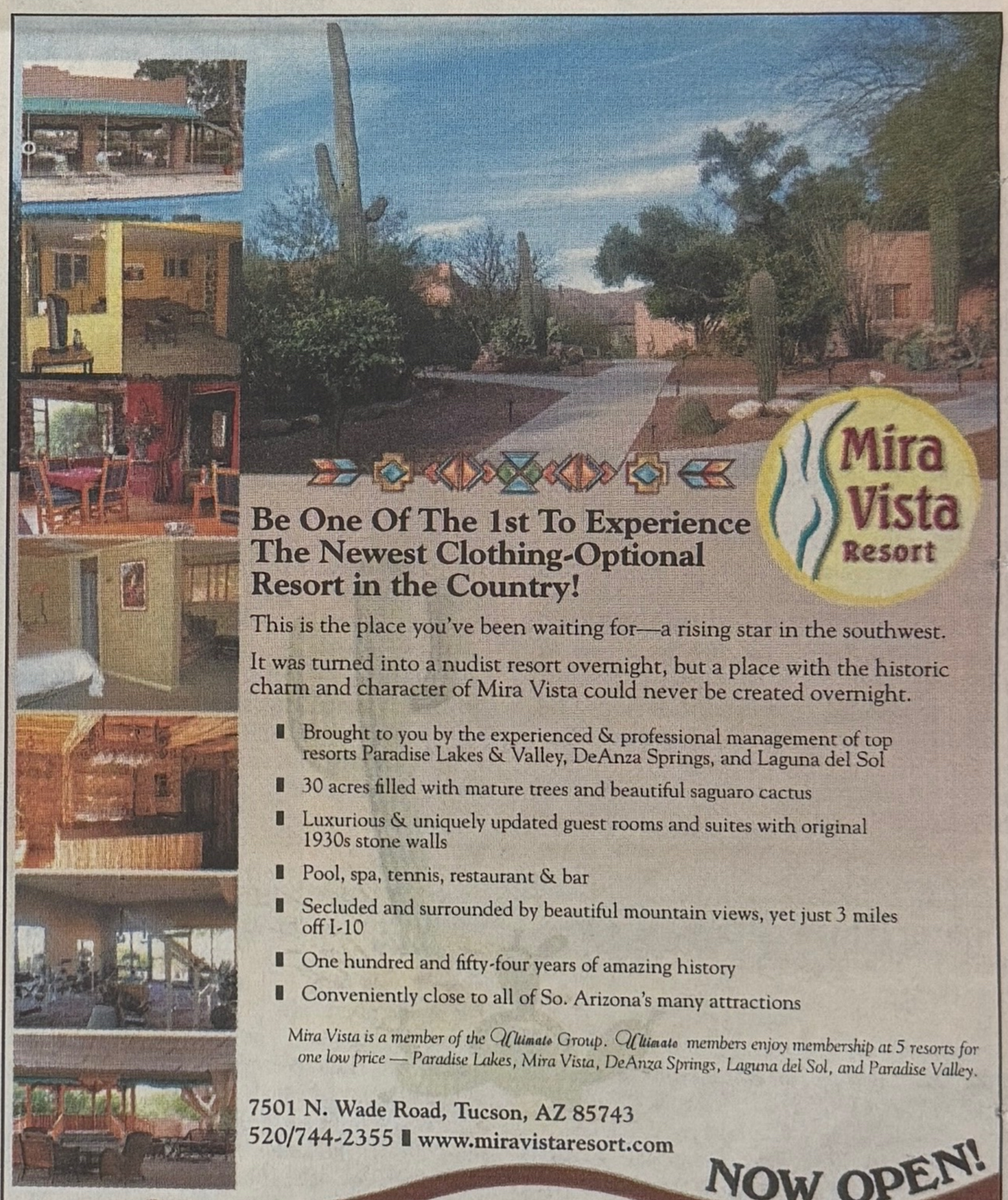

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PENNSYLVANIA

✦ The members and staff of **PSHS** would like to remind all that the cold weather does not have to place the natural lifestyle on hold. As a year-round club, there is still plenty to do. The indoor pool, hot tub, and sauna offer a relaxing way to put the winter blues behind. There are activities planned throughout the winter such as Thanksgiving dinner, potlucks, Bingo, and indoor water volleyball. Check the Web site or contact the office for times and dates of upcoming events at www.pennsylvan.net; phone 717/445-6330; e-mail PSHS@PTDPROLOG.NET; or write 5028 Camp Road, Mohnton, PA 19540.

✦ **SUNNY REST RESORT & CAMPGROUND** will be hosting the 2007 AANR East Convention in July. The theme for the convention will be "A Captivating Carnival." Please make reservations soon as rooms and camping sites are booking up quickly. The convention meetings will be held July 10-11, 2007, and the carnival festivities are planned for July 12-15, 2007. For information or reservations, call 610/377-2911; write 425 Sunny Rest Drive, Palmerton, PA 18071; e-mail sunnyrest@sunnyrest.com; or visit www.sunnyrest.com.

✦ With cool temperatures and snow flurries just around the corner, **PEN-MAR CLUB** has closed. Highlights of the year included Memorial Day weekend, Route 66 potluck, Christmas in July, Nude Year's Eve, Nudie Gras, Low Country Boil, Tailgate Party, and Halloween. Members learned Bunco and Chinese horseshoes and dedicated the new lot area. Thanks to lot holders "Fred and Wilma," the area was named Bedrock Park. Thanks to members for help with improvements. Plans are being made for an exciting 2007 season when the club again opens for visitors in May 2007. Visit www.pen-mar.com for information.

✦ Members of **WHITE THORN LODGE** in western Pennsylvania will continue to enjoy the fall season at camp. The hot tub is still open. *Thanks again to all who came and participated in Superbowl XXXVI. Plans are already underway for Superbowl XXXVII. While the gate is closed for the season until Memorial Day 2007,* visitors may contact the club with inquiries. Write 383 State Line Road, Darlington, PA 16115; e-mail wtl@whitethornlodge.org; or visit www.whitethornlodge.org. For those who would like to take a tour of the facilities during the off season, this can be arranged in advance by writing or e-mailing.

COMING EVENTS: December 16 Christmas Party, Crafts, Dinner, DJ Dance.

SOUTH CAROLINA

✦ After a fantastic summer, **TRAVELITES** friends and members have been enjoying a wonderful autumn with fun events including Oktoberfest and a Founder's Day celebration at a local restaurant. November will bring a Lobster Bash/Oyster Roast on November 4 and a Thanksgiving feast on November 18 featuring a deep-fried turkey. The East Coast Nude Chili Cookoff hosted by Cedar Creek and sponsored by Travelites is planned for January 13. For more information on great times with good people, visit the club's Web sites at http://pages.prodigy.net/travelites and http://www.travelites.info; e-mail travelites@prodigynet; call 803/695-1937; or write POB 90836, Columbia, SC 29290.

COMING EVENTS: December 9 Winter Holiday Party; **December 23** Last Hot Tub Party of the Year.

✦ Thanks for the blessings will be celebrated at the Thanksgiving dinner on November 11 at **CAROLINA FOOTHILLS RESORT** (CFR), 90 Carolina Foothills Dr., Chesnee, SC 29323; phone 864/461-2731. Turkey and ham will be compliments of CFR, one of the top cooperative clubs in the East. Feasters should bring a covered dish to round out the sumptuous gathering. A DJ dance will follow to stir up the joy as the revelers work off the delicious banquet. On November 25, a pool tournament will host teams of two and double elimination, providing the opportunity for anyone to be victorious. Visit www.carolinafoothills.com for more information.

SOUTH CAROLINA—Floating in the creek at Cedar Creek Park.

✦ November is the month the social committee at **CEDAR CREEK PARK** starts to plan activities for 2007. A meeting will be held on November 4. While the activities have slowed for the winter months (no rafting the creek) members still keep busy. On November 11, the final highway cleanup for 2006 will be held as well as the monthly birthday celebration potluck. A Thanksgiving dinner is planned for November 18. Cedar Creek Park will supply turkey and ham. Guests bring the side dishes. For more information, write POB 336 Pelion, SC 29123; phone 803/894-5159; visit www.cedarcreekpark.com.

COMING EVENTS: December 2 Mad Hatter Christmas Party, December Birthday Celebration; **December 31** New Year's Party and Dance, Live Music.

TENNESSEE

✦ The leaves have just about finished falling, leaving the trees bare of their beautiful fall colors. **CHEROKEE LODGE AND RESORT** is closed except to full members until March 1, 2007. Make plans to visit in 2007 to enjoy the cool mountain air on the Cumberland Plateau. For more information, visit www.cherokee-lodge.com.

✦ **ROCK HAVEN LODGE** is closed to visitors for the season and will reopen on April 15, 2007. Everyone hopes to see all their new friends again next year. Members will continue to enjoy the facilities year-round as there are several fun events already scheduled. A Thanksgiving potluck dinner is planned for November 18. For more information, check out the Web site at www.rockhavenlodge.com.

COMING EVENTS: December 9 Christmas Tree Decorating Party; **December 16** Residents Christmas Yard Decoration Contest, Christmas Potluck Dinner, Gift Exchange; **December 31** New Year's Eve Party.

TEXAS

✦ **HEALTHY HIDES OF HOUSTON** (HHH) members are enjoying their fall house parties. November's party, the traditional Thanksgiving party, will be held on November 18. HHH members are preparing for the usual Thanksgiving feast. The October party was the traditional Halloween party. Costumes were wild and crazy as usual, and the food was great. This was a joint party held at Natural Horisun in southwest Houston. For more information, write POB 590640, Houston, TX 77259-0640; e-mail info@healthyhides.org; or visit the Web site at http://www.healthyhides.org for the latest schedule of events.

✦ Members are gearing up for yet another fun-filled season at **SANDPIPERS RESORT**. Some of the winter Texans have already arrived and are anxiously awaiting others' arrival. Members are a group of fun-loving, active folks who continue to find new ways to enjoy life. Those who enjoy physical activity or are content with a friendly game of cards, there is something for everyone. For information and reservations, call 956/383-7589; e-mail info@sandpipersresort.com; or write 9504 Seminary Road, Edinburg, TX 78541.

WEEKLY ACTIVITIES: Sunday: Water Volleyball, Gringo Bingo. **Monday:** Golf, Crafts, Water Aerobics, Mexican Train Dominoes, Mini-Ten. **Tuesday:** Bike Ride, Water Aerobics, Shang Hai, Darts, Dominoes, Euchre. **Wednesday:** Line Dance, Water Volleyball, Canasta, Cribbage, Poker, Mini-Ten. **Thursday:** Water Aerobics, Quilting, Water Volleyball, Mexican Bingo. **Friday:** League Bowling, Water Aerobics, Scrabble, Advanced Line Dance, Mini-Ten. **Saturday:** Water Aerobics, Water Volleyball.

✦ November at **NATURAL HORISUN** will be welcomed with a Harvest Moon Party on November 4. A hayride, bonfire, and s'mores are planned. The traditional Thanksgiving turkey dinner and early Christmas decorating will be held on November 18. For more information, write POB 809, Needville, TX 77461; visit the Web site at www.naturalhorisun.com; or call 979/657-3061.

COMING EVENTS: December 2 Christmas Dinner, Chinese Gift Exchange; **December 16** Site Decoration Judging and Awards; **December 31** New Year's Eve Dance, Midnight Fireworks Display, Midnight Cornbread and Black-Eyed Peas; **January 1** Good Luck Lunch to Welcome 2007.

✦ November is the time to be thankful for having the freedom to be nude, and what better place to do that than **BB'S HIDEAWAY**? The hot tub and fireplace are excellent places to be for the cool times. Enjoy Veteran's Day on November 11 with a big fish fry with all the trimmings. Everyone's invited on November 25 to enjoy the club birthday party with a rib eye steak dinner. Help kick off the 10th year at this large landed AANR-sanctioned club in East Texas. Contact the office at 903/873-3311 or e-mail b.b.s.hideaway@airmail.net.

✦ The staff and members at **ARMADILLO** make visitors feel like family year-round, but there is something special about the holidays. The New Year's Eve dance will welcome 2007 in unique Armadillo style. The resort is located 15 miles northwest of Weatherford, on 50 acres of wooded countryside with shaded trails ideal for jogging, golf cart riding, or a leisurely amble. Facilities include an enclosed hot tub, two swimming pools surrounded by a deck, enclosed showers and vanity area, and a large clubhouse with a sunken dance floor. Rental trailers and 10 fully-equipped RV pull-throughs are available. Visit www.armadilloresort.com or call 817/599-6833 for information.

WEEKLY ACTIVITIES: Saturday: Dance.

✦ **BLUEBONNET** will honor all military veterans on November 11. Members and guests are invited to bring memorabilia such as photos, uniforms, letters, and the like to display in the clubhouse. On November 23, everyone can soar with the turkeys (actually, they're going to cook one). This will be a potluck meal, so bring a side dish. A potluck and dance are planned for November 25. Decembers are special at Bluebonnet. Look out, 2007, as members bring in the new year with dinner, dancing to a live band, and a toast at midnight. E-mail bluebonnet@pobox.com; call 940/627-2313; or visit www.bluebonnetnudistpark.com.

COMING EVENTS: December 2 Potluck, Dance; **December 9** Potluck, Dance; **December 16** *Children and Adults Christmas Party;* **December 23** *Potluck, Dance;* **December 30** *Potluck, Dance;* **December 31** New Year's Eve Party, Live Band.

✦ Members are preparing for the Veteran's Day observance at **VISTA GRANDE RANCH**. Each year on Veteran's Day, before the hectic days of the holiday season, members gather at the flagpole to honor the memory and sacrifice of veterans past and to express gratitude to current members of the military. Members use this opportunity to thank them for the many freedoms. Everyone is especially grateful for the freedom to express the belief in the healthy expression of nudism. To get information about the Ranch, log on to www.vistagranderanch.net; e-mail vistagranderanch@ hotmail.com; or call 817/598-1312.

TEXAS—David Osborne and Louise Price inspect the flag for weather damage before the Veteran's Day program at Vista Grande Ranch.

TEXAS—Tom Lindsey of Wildwood models his Halloween costume, "All Hats, No Cattle."

✦ Everyone at **WILDWOOD NATURIST'S RESORT** is still talking about the Halloween party and the creative costumes. Plans are being made for holiday parties. It's time to check the calendar for Christmas and New Year's Eve to make reservations. Twice-monthly billiards tournaments, game or movie nights, potlucks, and dances are some of the events members and guests enjoy. Good old-fashioned visiting with friends or a soak in the hot tub on a cool evening are also seasonal favorites. The White Elephant Auction is scheduled for November 11. Everyone is invited to participate. Call 940/627-2280 or e-mail info@wildwoodnaturist.com for accommodations and holiday reservations.

COMING EVENTS: December 2 Christmas Potluck, Party, Dance; **December 3** Pool Tournament; **December 9** Potluck Dinner; **December 16** Pool Tournament, Potluck, Movie Night; **December 17** Women's Pool Tournament; **December 23** Potluck Dinner; **December 30** Potluck Dinner; **December 31** 2006 Tournament of Champions, Late Black Tie Potluck Dinner, New Year's Eve Party, Dance; **January 1** New Year's Day Football.

✦ Road trips and laughter are keeping everyone warm at **LONE STAR RESORT**, 35 minutes northwest of Houston. Members and guests turned out in record numbers for Moonlight Madness in October, then traveled to the Texas Renaissance Festival and returned to a feast fit for a king. At the Halloween party, there were ghouls, ghosts, and goblins. More fun is ahead for the weekend of November 11 as members and guests celebrate Thanksgiving. A trip to Liendo Plantation is planned for November 18 for Civil War Weekend. For information, write 3206 County Road 325, Navasota, TX 77868; phone 936/825-0225; e-mail lonestarresort@ev1.net; or visit http://lonestarresort.com.

✦ **NATURES RESORT'S** Fun Association is lining up activities for the winter season. November brings the traditional Thanksgiving Day potluck with turkey and all the fixings. It's a great time for the Natures family to reunite and visit with the new winter Texans. There are sites available for last minute vacationers that don't want to spend another cold winter up north. Motel rooms are booked for some holidays, so call and make reservations for that winter getaway. For information about Natures Resort and its activities, call 956/262-4014; write 10201 Monte Cristo Road, Edcouch, TX 78538; e-mail naturesresort@juno.com; or visit www.naturesresort.net.

✦ **THE SUNBIRDS** are closing out a fantastic year. Members are wrapping up with holiday and New Year's parties. The upcoming winter months will bring several theme parties as well as trips to warm weather clubs and resorts. In addition, twice-monthly luncheons at a local restaurant have become a tradition. The Sunbirds is the large travel club in the Dallas/Ft. Worth region that is active year-round with frequent pool parties all summer long, special group trips to Texas resorts, and monthly theme parties in the winter. For information on joining, check out the Web site at http://sunbirds.org/ or e-mail bulletin@sunbirds.org.

✦ **EMERALD LAKE RESORT** has had a very busy fall. There was a large turnout for Lake Fest 2006, a Welcome Fall potluck and dance in September, and an Octoberfest potluck and Halloween costume party in October. A Thanksgiving dinner is slated for November 11. AANR snowbirds are welcome. RV spaces are available and ready for use. There are two spas and a sauna. Tanning on the sandy beaches into late fall is possible with the mild winters. Activities include pétanque, outside and inside pools, darts, and a big screen television. For more information, visit www.emeraldlakeresort.com; call 281/354-0497; or e-mail elnr@ev1.net.

✦ Need a place to rest and relax or spend some family time? **SAHNOANS AT STAR RANCH**, located about 30 miles east of Austin, is ready for visitors. Whether one wants to rest and relax in a quaint, rustic cabin or take a hike on one of many trails covering 110 acres, it is available. There is an indoor heated pool, hot tub, outdoor pool, rental cabins, rooms to rent, RV hook-ups, clubhouse, breakfast on weekends, volleyball, tennis, pétanque, horseshoes and shuffleboard courts, kids' playground, and kids' activity playhouse. Call toll free 866/705-5978 or 512/273-2257 or visit www.starranch.net for additional information.

WEEKLY ACTIVITIES: Saturday: Potluck. ***COMING EVENTS:*** **December 2** Wine & Cheese Tasting; **December 13** Potluck, Card Bingo; **December 16** Best Christmas Cookie Contest, Gift Exchange, Santa Visit, Christmas Dance; **December 25** Potluck Dinner; **December 31** Progressive Dinner.

VERMONT

✦ Another season has come and gone in the north country. **MAPLE GLEN** is making quite a name for itself amongst nudists in the northeast states and across the border in Quebec and Ontario. Even Southern folk visit in the summer for a respite from the hot, muggy weather. During this period of thanksgiving, members would like to thank everyone who came from near and far to visit them this year and participated in their social activities. Those who missed out this year should plan to visit next summer. Visit mapleglen.net, and see why the club is Vermont's best kept secret.

✦ **ABBOTT'S GLEN**, in southern Vermont, sees many guests who want to experience the brilliant colors of autumn. The lounge with a woodstove gave guests a warm place to gather. A hot tub and the Finnish sauna provided another spot to relax after a hike on 55 country acres or apple picking. Highlights of the month included a Halloween party and beautiful harvest dinners on Saturday evening. Guests dined on New England specialties by candlelight. Beautiful guest accommodations, fluffy white robes, Vermont soap products, and massage therapy create a perfect environment to relax or rekindle the romance. Visit www.abbottsglen.com; call 802/368-2525; or e-mail aglenvt@earthlink.net.

WEEKLY ACTIVITIES: Sunday: Dinner, Dancing. **Fridays in December:** Fondue Night.

COMING EVENTS: December 9 Christmas Party; **December 16** Sleigh Rides, Weather Permitting; **December 30** New Year's Weekend.

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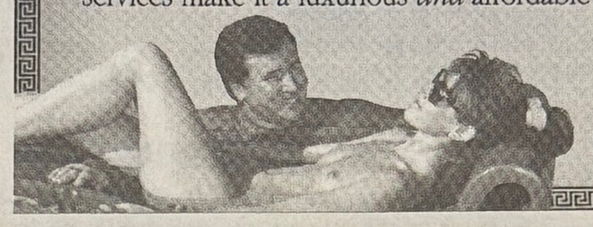

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NOVEMBER 18
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Thieves Bingo

NOVEMBER 26
Leftovers Pot Luck

DECEMBER 2
Euchre Tournament & Christmas Auction

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#421 CP Purple Pocket
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XXL $2 additional
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C Nature Trails T-Shirt

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XXL $2 additional
This stylish khaki tee is screened with an authentic-looking "Nature Trails" logo. 100% preshrunk cotton. Available in M, L, XL, XXL. **#502**

D Nudist Patrol T-Shirt

$14.95 member
$16.95 nonmember
XXL $2 additional
AANR's new royal blue tee with white and gray screen print. "Nudist Patrol" badge featured on the front and "Step Out Of Your Clothes!" imprint featured on the back. 100% preshrunk cotton. Sizes: M, L, XL, XXL. **#443**

E AANR Sun Men's Polo Shirt

$29.95 member
$33.95 nonmember
This khaki 100% cotton pique knit polo is embroidered with a darker khaki sun and AANR. Sizes: L, XL. **#407**

AANR Sun Women's Sleeveless Polo Shirt

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$33.95 nonmember
This khaki 100% cotton pique knit polo is embroidered with a darker khaki sun and AANR. S, M, L. **#408**

F AANR Nudist Pocket Hat

$16.95 member
$18.95 nonmember
Weathered blue cotton material embroidered with red and grey AANR nudist slogan. Hat features a side zip pocket to keep your necessities handy. Size is adjustable. **#452**

G Footprints Tote

$19.95 member
$21.95 nonmember
Footprints in the sand lead you to the newest AANR tote bag. Very roomy style is constructed of natural and navy blue canvas with embroidered logo. **#603**

H AANR Silhouette Relaxation Polo

$24.95 member
$27.95 nonmember
The classic female silhouette on an embroidered AANR. Slightly oversized, great for men or women as a shirt or cover-up. Super-soft 100% cotton jersey knit polo has ribbed capped sleeves and collar with side slits. Sizes S, M, L, XL. **#442**

I AANR Dancing People T-Shirt

$11.95 member
$13.95 nonmember
XXL $2 additional
The dancing people design is embroidered on a pale, grey-blue, 100% heavy-weight cotton T-shirt. So comfortable you'll think you've owned it for years. Great for girls or guys. Sizes: M, L, XL, XXL. **#401**

J AANR Can Coolie

$2.95 member
$3.95 nonmember
Keep your drink from overheating with this handy can coolie. The raised-letter AANR design stands out on royal blue. The material is flexible and easy to store. **#321**

K Caution T-Shirt

$13.95 member
$15.95 nonmember
XXL add $2
"Caution! Clothes May Come Off Without Warning" is displayed in bold black letters on a bright yellow T-shirt. Guys and gals will love it. The 100% cotton tee is preshrunk. Available in S, M, L, XL, XXL. **#705**

L AANR Towel

$19.95 member
$21.95 nonmember
Premium quality sheared velour towel shows the attractive bigger than life AANR logo in blue and black. The 80% cotton, 20% polyester towel measures a generous 36" x 60." **#304**

M AANR Playing Cards

$3.95 member
$5.95 nonmember
AANR playing cards with logo are made from top quality plastic coated material. **#630**

VERMONT

Continued from Page 41.

✦ **COVENTRY CLUB & RESORT** in Vermont is closed for the winter but members wish everyone Happy Holidays! Please check the Web site for the 2007 activity schedule and make plans for a summer vacation in Vermont. For those who want to get out of the snow, visit Coventry in North Carolina. The Web site is www.coventryresort.com, and the winter address is Coventry Club & Resort—NC, 65 Harbour Drive, Tabor City, NC 28463.

VIRGINIA

✦ The **POTOMAC RAMBLING BARES** don't hibernate when the weather is cold. On November 18, a Thanksgiving party is scheduled in Bowie, Maryland. Only the turkey is dressed at this event! On December 16, members ramble to Germantown, Maryland, for the holiday party. Look for a jolly naked elf there! On December 31, members celebrate Nude Year's Eve with a games party. After some challenging games, such as Trivial Pursuit or Booby-Trap, there will be a toast to welcome the new Nude Year. For information, call 703/742-7987; write POB 515, Oakton, VA 22124-0515; visit www.prbares.org for event details and updates; or e-mail prbares@prbares.org.

COMING EVENTS: December 16 Holiday Party in Germantown, Maryland; **December 31** Nude Year's Eve Games Party in Silver Spring, Maryland.

✦ The traditional Thanksgiving dinner of turkey and ham will be served in the social hall at **WHITE TAIL PARK**. It's free, but reservations are requested so each person/family will know which side dish to bring. Those who spend the holiday at home with family members have another chance to share this unique experience at a leftovers potluck the following Saturday, followed by a DJ dance. Reservations are being taken for the New Year's Eve party and accommodations. Information is on the Web site at www.whitetailresort.org along with an events calendar, policies, rates, and directions. E-mail office@whitetailresort.org or call toll free 800/WTR-NUDE.

WEEKLY ACTIVITIES: Sunday: Multi-Denominational Christian Service. **Monday:** M&M Ladies Day Out, Mexican Train Dominoes. **Wednesday and Friday:** Water Volleyball.

COMING EVENTS: December 2 Crafts, Ornament Making, Tree Trimming, Potluck Dinner, Darts League; **December 8** Christmas Karaoke; **December 9** Kids' Christmas Party and Crafts, Santa Visits, Pizza, Christmas Caroling, Christmas DJ Dance; **December 10** PC-NUG Computer Club Meeting; **December 15** Family Christmas Movie; **December 16** Water Volleyball League, Christmas Caroling, Open House, Christmas Karaoke; **December 24** Christmas Eve Service, Christmas Karaoke; **December 25** Christmas Dinner; **December 31** Nude Year's Eve Party with Live Band; **January 1** Breakfast Buffet, Turkey Shoot.

Photo by Les Logan.

VIRGINIA—White Tail Park is covered by free broadband wireless Internet access so visitors like Robin Welch can work or check their e-mail from their campsites.

WISCONSIN—Big Mike entertains the crowd during his first visit to Aurora Gardens.

WASHINGTON

✦ It was a beautiful summer at **KANIKSU RANCH**! Gentle logging improved the health of the 240 acres, helping with a new hot tub and relined pool. Members added flowerbeds and a statue. In July, Kaniksu welcomed guests from everywhere for the 22nd "Original" Bare Buns Fun Run ®. Next year's event is planned for July 27-29. In September, members hosted the AANR Northwest Fall Board Meeting. Delegates enjoyed great food and the Indian summer. The Occasional String Band entertained. The Thanksgiving feast will be held on November 18. Visit www.kaniksufamily.com for details and to verify dates.

MONTHLY ACTIVITIES: Kaniksu Days continue at Sun Meadow during the winter *(check Web site for dates).*

***COMING EVENTS:* December 16** Christmas Party, Dinner, Gift Exchange.

✦ Winter will soon arrive, and everyone at **LAKE BRONSON CLUB** is starting to look forward to next summer. May it be as sunny and warm as this past one! Lake Bronson members stay active all winter long with dances and social events planned for every month. It might get cold outside, but it sure gets toasty warm in the lodge! Those looking for something to do this fall and winter should check out the activities at Lake Bronson on the Web site at www.lakebronson.com. For information, e-mail lakebronsonmail@yahoo.com, or take the slower route and write POB 1135, Sultan, WA 98294.

COMING EVENTS: December 9 Fourth Quarter Birthday and Anniversary Celebration, Christmas Gift Exchange, CD Dance; **December 30** Potluck Dinner and Social Evening; **December 31** New Year's Eve Potluck Dinner and Dance; **January 1** Polar Bare Swim.

✦ **LAKE ASSOCIATES RECREATION CLUB** (LARC) members had a great time celebrating LARC'S 16th birthday during Labor Day weekend. Thanks to hosts Mike and Astrid King, members watched a movie on Friday night and also enjoyed many other activities. LARC now slips into winter mode. The grounds and hot tub are open year-round. Visitors can see salmon spawning at the lower falls this month. Members will attend a bowling party at Melady Lanes in Arlington on November 16, followed by a dinner in town. LARC's Christmas party will be announced in the newsletter and on the Web site at larcnudists.com. Visitors are welcome at all events.

COMING EVENTS: December 31 New Year's Eve Party.

✦ The **SUN LOVERS UNDER GRAY SKIES** (SLUGS) have a full schedule this fall and winter. Each month, the first Saturday is the members-only SLUG swim evening near Seattle. The second Saturday, members join the rest of the naturist community in Seattle at the NAC Seattle Swims. The third Monday, everyone meets at the Russian baths for an evening of soaking up the heat. Also planned are sauna nights; a retreat at Doe Bay in the San Juan Islands; a beach cleanup; and other hikes, parties, and fun. For more information, see www.slimetrail.org or call 206/344-NUDE.

WISCONSIN

✦ AANR members are invited to the **SUN RAY HILLS** Nude Winter Party to be held at a hotel and convention center in Rockford, Illinois, February 16-18. Last year, AANR members from seven states joined in to fill the entire host hotel, with overflow to several surrounding hotels. The party features nude use of the hotel, pool area, and convention center for two full days. It includes two night's lodging, Saturday and Sunday evening parties with live bands and dancing, a casual dinner on Saturday evening, a poolside DJ, and continental breakfasts Saturday and Sunday morning. Advance reservations are required. Call 847/462-8148 or e-mail jimsue@aol.com.

✦ Labor Day weekend at **AURORA GARDENS** in Hixton, Wisconsin, was fun for members and visitors. They sang and danced to Big Mike Karaoke. Read about DJ Big Mike and his wife's first visit to Aurora Gardens at www.bigmikekaraoke. net/partynaked. For more information, call 715/964-8777; e-mail aurora gardens@aol.com; or check out the Web site at www.auroragardens.org.

FRENCH WEST INDIES ST. MARTIN

✦ No pockets, no problem at **CLUB ORIENT**! Club Orient has started upgrading their hotel software system, and visitors do not have to worry about carrying cash. Papagayo's evening happy hour and dinner times have changed. Every evening, Papagayo serves half-price drinks, followed by dinner. Stay tuned for a new music lineup during the new high season at Papagayo Restaurant. The fitness center is now open early. November events include St Martin/St. Maarten's Day celebrated island-style on November 11 with dinner and entertainment with a local flare and Thanksgiving dinner on November 23. Keep current on all Club Orient news or make reservations at http: //www.cluborient.com/.

COMING EVENTS: December 24-25 Christmas, Caribbean Style; **December 31** New Year's Celebration, Fireworks on the Beach, Dinner, Live Music.

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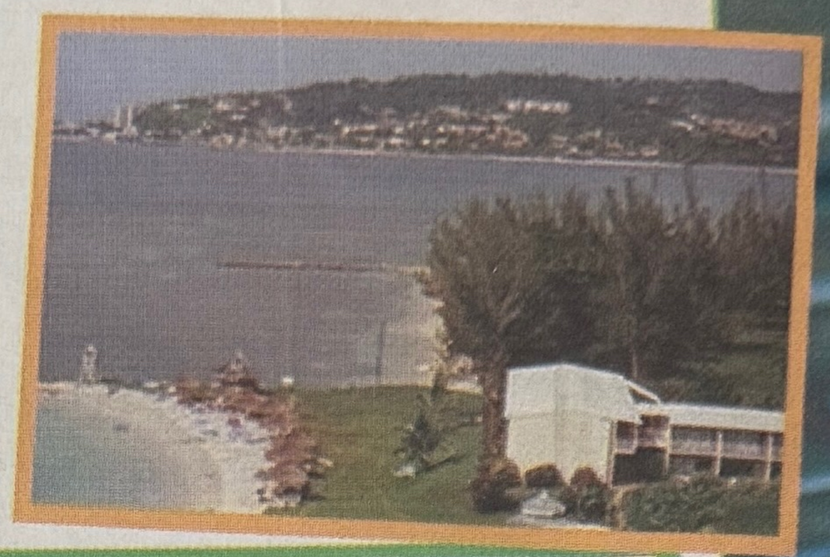

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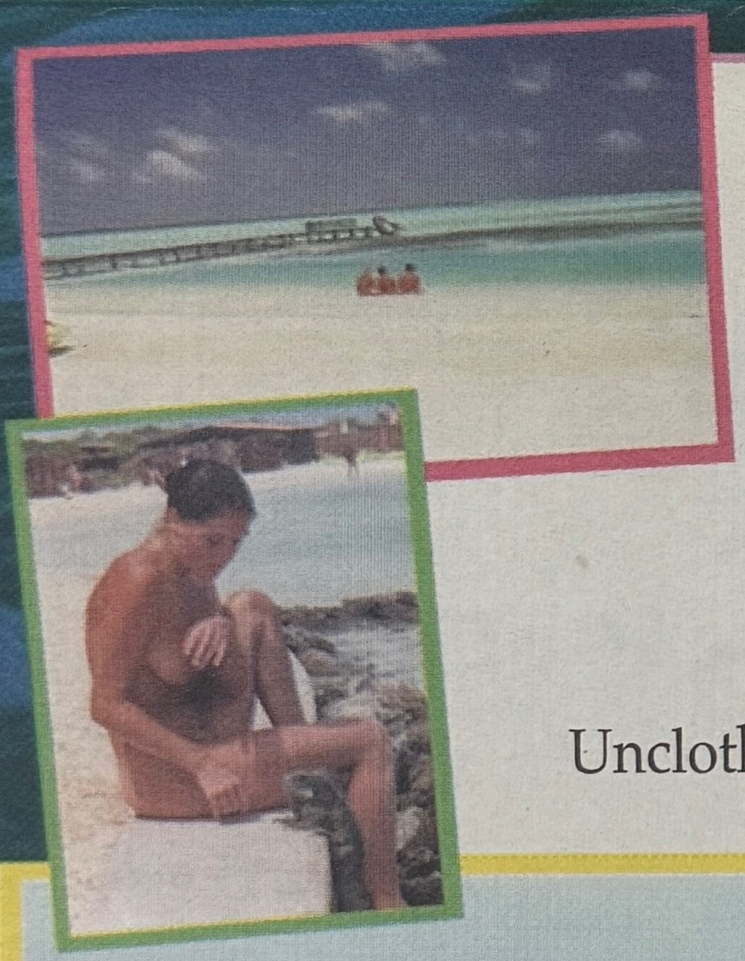

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